

# FREE Covington Weekly

March 14 - 20, 2012

www.media9productions.com

## Local News

The 54th Annual Louisiana Garden Club Federation's Cleanest City Contest judging will be April 4th. The Covington Garden Club has compiled a "Beautification Checklist" for residents and business owners that would like to participate.

### Beautification Checklist:

- Remove litter from your yard or business property and sidewalk
- Mow grass regularly
- Wash, paint and repair the exterior of your home or business
- Clean your windows
- Display pretty flowers or plants
- Weed, mulch and water planted areas
- Be sure your trash is properly bagged and your garbage can secured
- Be sure your yard is free of junk, debris, brush, equipment, appliances, indoor furniture and other personal property
- Keep a trash bag in your vehicle and dispose of litter properly
- Cover/secure loose materials in truck beds
- Report litter violators to the proper authorities

For updates, visit [www.facebook.com/CovingtonWeekly](http://www.facebook.com/CovingtonWeekly)

## Pic of the Week

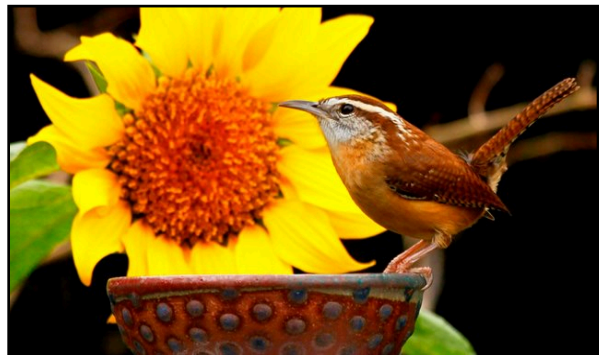


Photo courtesy of Luana k. Perez

[www.eyesofluana.etsy.com](http://www.eyesofluana.etsy.com)

E-mail submissions to [covweekly@media9productions.com](mailto:covweekly@media9productions.com).

Please include the title of your picture and your name.



## Quote of the Week

"Believe none of what you hear,  
and only half of what you see."  
Benjamin Franklin

Thursday



3 / 15

last quarter

## Wildlife Lookout:

### Fox Squirrel



The Fox Squirrel can grow to 28" from head to tail. In the South, it is generally grayish or grizzled with a dark head, white nose and ears. Heavy-bodied with a squarish face, the Fox Squirrel can be found in oak groves and close to longleaf pines in open forest stands. They may also be found on the borders of cypress swamps, as well as urban areas. The Fox Squirrel has two types of shelters: leaf nests and tree dens. They often use natural tree cavities or holes created by birds. Favorite foods include tree buds, insects, tubers, bulbs, roots, bird eggs, and the seeds of pines and spring fruiting trees. They are vocal with an assortment of "chucking" and "clucking" sounds.



## The 3/50 Challenge

Locally owned business is the basis of local economy. For every \$100 dollars that is spent locally, \$68 of that returns to the community. Shop Local by spending \$50 in three local businesses over the course of a month. This week, we'll be visiting:



**Global Dwelling, Mo's Art Supply and Lola.**

### Global Dwelling

Global Dwelling is a sophisticated local furniture store that specializes in elegant hand-made teak wood furniture dedicated to timeless aesthetics and environmental sustainability.

**228 N. Columbia St.**

### Mo's Art Supply & Framing

Mo's Art Supply offers art supplies, incredible gifts, professional art restoration and custom framing. Blockbuster easel sale going on right now! Discounts for students are always available.

**323 N. Columbia St.**

### Lola

Lola is located at the old train depot in an original 1940's caboose. You'll find home-made bread, soups, desserts and lemonade all made fresh daily. Like Lola Restaurant on facebook for daily specials.

**517 N. New Hampshire St.**

## Gardening Tips

### Planting a Hanging Basket

Most wire-framed hanging baskets are sold with a moss lining which is essential for moisture retention. Equal parts peat-based and loam-based compost makes an ideal soil mixture for a hanging basket. Fill the bottom of the basket with 2 inches soil and firm down; cut 2 inch slits along side in accordance with the plants space requirements. Insert trailing plants in slits roots first with plant hanging down. When outside of hanging basket is full plant a dominant plant, such as a cascading fuchsia, in the center. Position a few more plants on top around the center plant, setting at an angle facing outwards. Fill basket firmly with compost to 1/2 inch below the rim and finish with a thin layer of moss over the top. Water basket thoroughly.

## Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market, by Chef Sorelli

### Spring Onion Grilled Chicken Salad

Collect:

- 1 Whole Chicken (G F Farms James Shoop)
- 1 6 oz Jar of Green Onion Oil (Sorelli's At the Market)
- 2-3 heads of Lettuce (Grow Farms)
- 1 Container of Sundried Tomato Feta Torte (Jeanie Simmons)
- 1 Container of Honey Mustard (Dolese Italian Stuffed Artichokes)
- 1 Bag of Garden Crackers (Living Foods)

Marinate the chicken to prepare for grilling. You can cut the chicken in half and debone if you prefer, but it is delicious either way. After the chicken is split in half, lay in a flat deep dish and cover with the green onion oil (reserve a small amount to finish the cooked chicken with). Add salt and pepper. Set in fridge and let marinate until it is time to grill. While the chicken is marinating, we can clean the greens for the salad. Grill the chicken until it has reached an internal temperature of 165 degrees and glaze with remainder of oil. Now we can put together the salad. Put the lettuce in a nice size bowl and crumble in the feta torte. Next add the honey mustard in an amount suitable to your liking and mix together. Plate the salad and crumble the garden crackers on top. Slice the grilled chicken to serve with salad.

Trees, Shrubs, Plants, Fountains, Statuary, Garden Gifts

# INWOOD Gardens

1640 Collins Blvd., Covington, LA 70433  
985.892.0717 • 985.871.9243 (fax)  
[inwoodgardensinc@bellsouth.net](mailto:inwoodgardensinc@bellsouth.net)

Redeem this ad and receive **\$10 OFF** your purchase of \$50 or more

Tim and Jan Lantrip

Stay Calm & Drink Tea

734 E. Rutland St.  
Covington, LA 70433  
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**English TEA ROOM**

[www.english-tearoom.com](http://www.english-tearoom.com)

## Rosemary's Closet, LLC

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Elizabeth Pfeffer Williams  
OWNER

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## the FACTORY

BEAD SUPPLY

828 E. Rutland St.  
Downtown Covington  
985-809-0032

TUESDAY - SATURDAY 11 AM - 6 PM

Roc Paul

525 E. Boston St.  
Covington, LA  
985-377-2212

525  
**FIELDING**  
gallery

## Advertising with Covington Weekly

Call (985) 288-9609  
or Email [covweekly@media9productions.com](mailto:covweekly@media9productions.com)  
for advertising information

Leslie Guy  
CATERING - PRIVATE CHEF LESSONS

COVINGTON FARMER'S MARKET  
WEDNESDAY AT THE  
COVINGTON TRAILHEAD FROM 10-2  
SATURDAY AT COVINGTON CITY HALL 8-12

[SORELLISCHEF@GMAIL.COM](mailto:SORELLISCHEF@GMAIL.COM)  
(985)705-9594

**The Green Room**  
Music Club  
2003

517 E. BOSTON ST. • COVINGTON, LA 70433  
(985) 892-2225

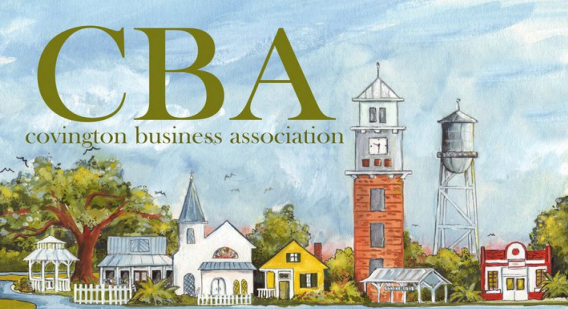
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**Thursday, March 29th to Sunday, April 1st 2012**  
Vintners' Dinners  
Cooking Demonstrations  
Wine Pairing  
Art Market  
Jazz Brunch

A Celebration of Food, Wine and Community  
for information on events or reservations go to  
[www.atasteofcovington.com](http://www.atasteofcovington.com)

**ST. TAMMANY HUMANE SOCIETY**  
20384 Harrison Ave.  
Covington, LA 70433  
(985) 892-PETS

840 N. Columbia Street  
Covington, LA

**FOOD BANK covington**  
Food - Health - Hope

**staa**  
st. tammany art association

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**for advertising information**

**DRINKING... CALL FOR A SAFE AND FREE RIDE HOME**

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**YOUTH SERVICE BUREAU**  
**YSB**  
Youth and Family Resource Centers

Scan this code with your phone to download this and other copies from our website

**Live Music Listings**  
Mar. 7 - 13

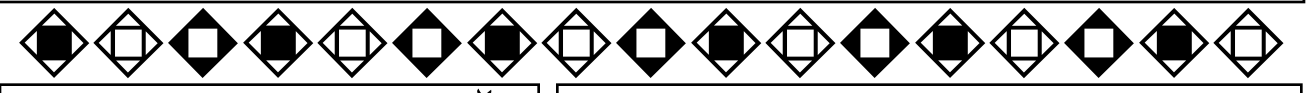
**Green Room: Wed.** - Open Mic Night / **Thurs.** - Ladies night w/ DJ Gene / **Fri.** - Jay Weber 7pm, Uncrowned + Robert Fortune Band 10pm/  
**Sat.** - Motley Crude 10pm / **Sun.** - Karaoke with DJ Bobby Blaze / **Mon.** - Todd Lemoine's Acoustapunk  
**Columbia Street Tap Room: Fri.** - Off the Hook / **Sat.** - Band Camp + St. Patrick's Day Party  
**The English Tea Room: Thur.** - Harpist Jessica Meltz 12:30 - 2:30  
**St. John's Coffeehouse: Fri.** - Open Mic Night 7 pm / **Sat.** - Dharma Dolls  
**407 North: Sat.** - DJ Disco + St. Patrick's Day Specials  
**Marsolan Feed & Seed: Sat.** - Pot Luck String Band 9:30 am - 11:30 am  
**Covington Farmer's Market: Sat.** - Celtic Notes  
**Wednesday Market:** Front Porch Jam

**Galleries**  
(Featured artists at local galleries)

**St. Tammany Art Association**- Jessica Danby  
Gerald Canon / Kathy Rodriguez  
Aaron McNamee  
**Fielding Gallery**- Roc Paul / Elizabeth Brown  
Steve Hasslock / Jena Karr / Alexei Kazantsev  
Tracy Lambert / Heather Vallaire / Keith Villere  
**Henry Hood Gallery**- Michael Ledet / Lynda Katz  
**Tripolo Gallery**- William Binnings / Rebecca Rebouche / Alice McNeely / James Michalopoulos  
Nancy Hirsch-Lasse / Robert Cook  
Craig McMillin / Scott Ewen / Ken Tate  
Scott Upton  
**Three Rivers Gallery**- Gail Glassman / Harriet Blum / Peggy Hesse / John Hodge / Suzanne King  
Donald Maginnis / Valeric Stangl Melancon  
John Preble / Max Ryan / Roy Robinson

**Events**

**St. Patrick's Day High Tea - March 12-19, 9 a.m. to 6 p.m. at The English Tea Room**  
Irish Breakfast Tea, Shamrock Tea blend, Irish Eyes Herbal Tea and many Green Teas.  
**Corned Beef and Cabbage Lunch - March 16th and 17th at The English Tea Room**  
St. Patrick's Day at the English Tea Room all this week! Featuring Irish Breakfast Tea, Shamrock Tea Blend, Irish Eyes Herbal, and grand selection of Green Teas. 734 E. Rutland St.  
**Sunset at the Landing - Free Concert Series - Friday March 16th, 6 to 9 p.m. at Columbia Street Landing**  
Every third Friday March through October. The concerts are free and all are encouraged to bring chairs and refreshments. The event is sponsored by St. Tammany Homestead, the City of Covington and the Covington Farmer's Market. This month's concert features the Classic Jazz Trio with John Rankin, Tommy Sancton & Tom Fischer beginning at 7. Opening for them will be Tom Marron and Dirk Billie starting at 6.  
**Old Feed Store Music Series - Saturday March 17th, 9:30 a.m. to 11:30 a.m. at Marsolan Feed & Seed**  
The Pot Luck String Band, one of the Abita Springs Opry house bands, will be playing this Saturday for Marsolan's Old Feed Store Music Series. The band is a mix of old-time bluegrass and gospel, with a fiddle and mandolin player. - 314 E. Gibson St.  
**Jeff Mickey's "Tools for Thought" Exhibit Opening - Saturday March 17th, 6 to 9 p.m. at Henry Hood**  
Henry Hood will be hosting an opening reception to meet the artist Jeff Mickey. The show is titled "Tools for Thought" with Phases of Matter: Earth, Air, Water, Fire. Ceramic artist Lynda Katz will also have her art displayed. 325 E. Lockwood St.  
**28th Annual Chef Soiree - Sunday March 18, 5 - 9 p.m. at Bogue Falaya Park**  
Come out this Sunday for live music, great food and a raffle for \$10,000! Savory specialties from 85+ restaurants and beverage purveyors and boogie to music by Twilight, The Hurricane Levee Band, The Wagners, Gypsy River and the New Orleans Hornets Buzz Patrol. Follow the Hornets Drumline as they lead the traditional gate opening parade. Look to the skies for dramatic pyrotechnic special effects, streamer and confetti cannons, sky-trackers, Air Stars, Dynamic Inflatables and more! Plus guests can gaze up at the stars to witness the Grand Fireworks Finale! Tickets are not available at the gate - order your tickets now by calling (985) 893-2570 or go to [www.chefsoiree.com](http://www.chefsoiree.com). All proceeds to benefit the Youth Service Bureau.  
Bogue Falaya Park - 213 Park Dr.  
Free listing of public events in Covington. email submissions: [covweekly@media9productions.com](mailto:covweekly@media9productions.com). Deadlines on Fridays.



**Pet Care:**

**The Importance of Fresh Water**

As we move into the Spring and Summer months, the importance of fresh water for your pet is critical. Dogs and cats do not have sweat glands, and their heat exchange is through the process of panting. They should always have access to fresh water that is changed at least twice a day, in a small bowl or dish. Standing water that is not changed often should be eliminated, because that is a breeding ground for mosquitoes. Heartworms are directly associated with mosquitoes and can be a serious threat for dogs in this climate. Providing fresh water for your pet is essential for hydration and basic health, especially in the warmer months. Eliminate any standing water in your pet's vicinity, if possible. Consult your veterinarian if your pet seems to be consuming too much water, or if your pet is not interested in drinking at all. The St. Tammany Humane Society offers a low-cost vet clinic on premises.

**Non-Profit Spotlight:**

**Youth Service Bureau**

The Youth Service Bureau was founded in 1981 at the request of Judge John W. Greene. Today the Youth Service Bureau provides advocacy, counseling, education and intervention for at-risk youth and their families, helping them reach their full potential. The Youth Service Bureau is a private, non-profit United Way partner agency with offices throughout St. Tammany and Washington Parishes, providing juveniles with critical delinquency intervention and prevention, outpatient adolescent substance abuse treatment, truancy reduction, and advocacy for abused and neglected children. Help support the Youth Service Bureau by attending the 28th annual Chef Soiree at the Bogue Falaya Park on Sunday, March 18, from 5-9 p.m. The event will feature music by Twilight, The Hurricane Levee Band, The Wagners, Gypsy River, and the New Orleans Hornets Drumline Buzz Patrol. Follow the New Orleans Hornets Drumline as they lead the traditional gate opening parade. General Admission is \$125 per person.

**Youth Service Bureau**  
**430 N. New Hampshire St. #105**  
[www.ysbworks.com](http://www.ysbworks.com)