

# FREE Covington Weekly

March 7 - 13, 2012

www.media9productions.com

## Local News: Saturday Night Art Walk

Get ready for the upcoming spring festivities by enjoying a leisurely stroll through downtown Covington on Saturday night. Several art galleries will be staying open late with special events. The St. Tammany Art Association is opening its "Engagement" show, starting at 6pm. Fielding Gallery will have live music by Timothy AG. Three Rivers Gallery and Tripolo Gallery will be also be open for the evening.

## John Wharton Collins

Covington was originally founded as the Town of Wharton on July 4, 1813 by John Wharton Collins. He laid the town out in its unique pattern of squares within squares (ox lots), which were accessed by alleyways. Collins named the town's center the Division of St. John. It is this unique design which was largely responsible for placement of the Division of St. John on the National Register of Historic Places in 1981. The town was formally incorporated in 1816 by the state legislature and renamed Covington. John Wharton Collins is buried in Covington Cemetery No. 1, facing City Hall at the corner of N. Columbia and Kirkland Street.

## Quote of the Week

"Do not wish to be anything but what you are, and try to be that perfectly."  
St. Francis De Sales

## Thursday



3 / 8  
full moon

## Pic of the Week



**Covington Courthouse by Jessy Williamson**

E-mail submissions to [covweekly@media9productions.com](mailto:covweekly@media9productions.com). Please include the title of your picture and your name.

## Wildlife Lookout:

### Common Woodpeckers in Southern Louisiana



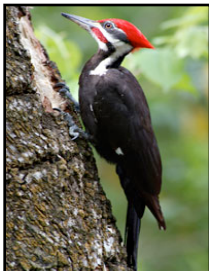
The Red-Bellied Woodpecker is common over much of the South, making it's home in open and swampy woodlands. A small bird of only 10", it is hard to spot and can usually be found on oak trees, as shown here.



The Red-Headed Woodpecker is similar in size to the Red-Bellied and is often mistaken for the other. Note that the red on this bird covers its entire head. These birds often fly-catch and can be spotted swooping low to catch insects.



The Pileated Woodpecker is the largest of the North American woodpeckers at 17". Despite its size this elegant bird is quite shy and is usually not observed in residential areas. Its presence is most easily detected by it's loud, ringing call and its large characteristically rectangular excavations in trees.



## The 3/50 Challenge

Locally owned business is the basis of local economy. For every \$100 dollars that is spent locally, \$68 of that returns to the community. Shop Local by spending \$50 in three local businesses over the course of a month. This week, we'll be visiting:



**Nur's Kitchen, French Mix and Bayou Barber.**

### Nur's Kitchen



Buy fresh, buy local. Nur's Kitchen offers freshly prepared dishes from all natural ingredients. No preservatives or artificial ingredients are used. Free range chicken, all natural meats, and vegetables from local farmer's markets are incorporated into these delectable Mediterranean dishes. Also available at Whole Foods, Rouses, Acquistapace and Langenstein's.

**100 S. Tyler St., 10B - (985) 249-6431**

[www.nurskitchen.com](http://www.nurskitchen.com)

### The French Mix

Home and Children Boutique

The French Mix has an undeniable appeal of class meets unique style. Owners Thom and Jennifer DiCerro opened their shop on Lee Lane in 2009. Their customers loved Jennifer's eye for design and attention to detail, and she soon began to create styles to suit her individual customers. She believes that your home is an artful expression of you, and aims to help you design the home of your dreams.

**228 Lee Lane - (985) 809-3152**

[www.shopthefrenchmix.com](http://www.shopthefrenchmix.com)

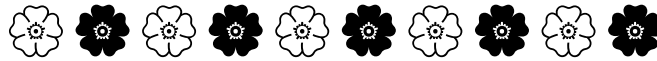
### Bayou Barber



The Bayou Barber is your stop for a genuine barbershop experience. Bayou Barber offers traditional haircuts for boys and men. Make an appointment for a shave using oil-infused shaving cream applied with a Badger Hair Brush. Other services include a shampoo or a beard trim, and all cuts include brow, ear and nose hair trimming. From the Professional Business Cut to the Mohawk, Bayou Barber will keep you in style.

**325 E. Boston St. - (504) 931-5060**

[www.bayoubarber.com](http://www.bayoubarber.com)



## Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market, by Chef Sorelli

### Farmer's Market Veggie Lasagna

Collect:

Turnips (Father and Son Produce)

Carrots (Bartlett Farms)

Favorite Greens (Grow Farms)

Shiitakes (Betty Rue)

2 Containers of Sundried Tomato Pesto (Nur's Kitchen)

1 Bag of Spinach dyed Lasagna Sheets (Sorelli's at the Market)

2 Containers of Feta (Jeanie Simmons)

Heat oven to 350 and put on a 6 quart pot of salted water for the pasta. Peel and cut up vegetables. Cook veggies separately so the lasagna will cook evenly. Heat a skillet and add oil. Salt and pepper the turnips, then saute until golden; follow same procedure for carrots and shiitakes. Cook off the pasta and set on top of a bowl with light ice to cool the sheets. Lightly oil the pasta so it will not stick. Spread sundried tomato pesto in a 9x11 baking dish. Layer the vegetables evenly across the bottom, then crumble feta across evenly. Add lasagna sheets in a single layer across top. Repeat steps, and on final top layer, spread pesto and crumble feta on top. Gently push air out of layers. Bake for about 45 minutes, or until bubbly and melted.



Trees, Shrubs, Plants, Fountains, Statuary, Garden Gifts

# INWOOD Gardens

1640 Collins Blvd., Covington, LA 70433  
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Tim and Jan Lantrip

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Elizabeth Pfeffer Williams  
OWNER

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## the FACTORY

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828 E. Rutland St.  
Downtown Covington  
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TUESDAY - SATURDAY 11 AM - 6 PM

Roc Paul

525 E. Boston St.  
Covington, LA  
985-377-2212

## Jewel's Cigar & Briar Shop

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WEDNESDAY AT THE  
COVINGTON TRAILHEAD FROM 10-2  
SATURDAY AT COVINGTON CITY HALL 8-12

[SORELLISCHEF@GMAIL.COM](mailto:SORELLISCHEF@GMAIL.COM)  
(985)705-9594

517 E. BOSTON ST. • COVINGTON, LA 70433  
(985) 892-2225

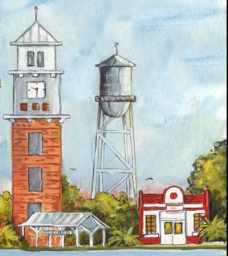
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**CBA**  
covington business association



**Thursday, March 29th to  
Sunday, April 1st 2012**

*Vintners' Dinners  
Cooking Demonstrations  
Wine Pairing  
Art Market  
Jazz Brunch*

*A Celebration of Food, Wine and Community  
for information on events or reservations go to  
[www.atasteofcovington.com](http://www.atasteofcovington.com)*

**ST. TAMMANY  
HUMANE  
SOCIETY**  
20384 Harrison Ave.  
Covington, LA 70433  
(985) 892-PETS

840 N. Columbia Street  
Covington, LA

**FOOD BANK  
covington**  
Food - Health - Hope

**staa**  
st. tammany art association

**Call**

(985) 288-9609

**or Email**

[covweekly@media9productions.com](mailto:covweekly@media9productions.com)

**for advertising information**

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**FREE**

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## Live Music Listings

Mar. 7 - 13



**Green Room: Wed.** - Open Mic Night / **Thurs.** - Ladies night w/ DJ Gene / **Fri.** - Jay Weber 7pm, Saints of Helltown + Shattered Display + Eternal Absence 10pm/

**Sat.** - Killahouse 10pm / **Sun.** - Karaoke with DJ Bobby Blaze / **Mon.** - Todd Lemoine's Acoustapunk

**Columbia Street Tap Room: Fri.** - True Too Life / **Sat.** - Tap Room Toga Party

**The English Tea Room: Thur.** - Harpist Jessica Meltz 12:30 - 2:30

**Marsolan Feed & Seed: Sat.** - New Orleans Fiddler Gina Forsyth 9:30 - 11:30 am

**St. John's Coffeehouse: Fri.** - Carlo Ditta & Friends featuring John Sinclair 7 pm - 8pm / **Sat.** - Cancer Benefit featuring Alicia Cobb

**407 North: Fri.** - Ched Reeves / **Sat.** - DJ Dexter

**Covington Farmer's Market: Sat.** - Homegrown  
**Wednesday Market:** Front Porch Jam



## Galleries

(Featured artists at local galleries)



**St. Tammany Art Association-** Engagement Exhibit Opening March 10th

**Fielding Gallery-** Roc Paul / Elizabeth Brown Steve Hasslock / Jena Karr / Alexei Kazantsev Tracy Lambert / Heather Vallaire / Keith Villere

**Henry Hood Gallery-** Michael Ledet / Lynda Katz

**Tripolo Gallery-** William Binnings / Rebecca Rebouche / Alice McNeely / James Michalopoulos Nancy Hirsch-Lasse / Robert Cook Craig McMillin / Scott Ewen / Ken Tate Scott Upton

**Three Rivers Gallery-** Gail Glassman / Harriet Blum / Peggy Hesse / John Hodge / Suzanne King Donald Maginnis / Valeric Stangl Melancon John Preble / Max Ryan / Roy Robinson

## Events

**Playmakers "Moon Over Buffalo", March 9th-25th Fri. & Sat. at 8pm, Sun. at 2pm (except March 11th)**

Playmakers will be starting the first of its annual play series on March 9th with "Moon Over Buffalo", a brilliant comedy written by Ken Ludwig and directed by Kay Files. Admission is \$15 for Adults, \$10 for Students. Buy tickets online at [www.playmakers.com](http://www.playmakers.com) or reserve by calling (985) 893-1671. Playmakers is a non-profit and all proceeds will go to the continuation of Playmakers. For more information, check our Non-Profit Spotlight below. 19106 Playmakers Rd. Covington, LA

**Old Feed Store Music Series - Saturday March 10th, 9:30 to 11:30 a.m. at Marsolan Feed and Seed Store**  
Marsolan Feed and Seed Store continues their free Old Feed Store Music Series with Gina Forsyth, a New Orleans Fiddler, in their quaint '30's era feed store. - 314 E. Gibson St. Covington, LA

**Sculpting the Portrait & Figure in Clay Workshop - Starts Saturday March 10th 12-4pm at  
St. Tammany Art Association**

Five weekend clay sculpting workshop with live model, instructed by sculptor R. B. Jackson (Objector Snark). Beginners and intermediates welcome (ages 18 and up). Reserve your spot by calling (985) 892-8650 or email [info@sttammanyartassociation.org](mailto:info@sttammanyartassociation.org). Class size is limited! - 320 N. Columbia St. Covington, LA

**Intro to Belly Dance with Jacqueline Rhodes - Saturday March 10th, 2pm to 4pm at Dancescape Studio**  
Jacqueline Rhodes of Pandorium Belly Dance Company instructs students on the basics of Belly Dance in this two hour workshop. Space is limited, reserve your spot today! \$20 per person. Call (985) 892-1859. 1049 B Ronald Reagan Memorial Highway Covington, LA

**Cancer Benefit Featuring Alicia Cobb - Saturday March 10th, 7pm to 8pm at St. John's Coffeehouse**  
Music by Alicia Cobb to benefit the Wingman Cancer Foundation. St. John's will be serving small plate specials in addition to their usual coffees, teas, beers and pastries. - 535 E. Boston St. Covington, LA

**Engagement: A Group Showing Presented by St. Tammany Art Association - Saturday March 10th 6-9 pm**  
"Engagement" is a group exhibition featuring work by Jessica Danby, Gerald Canon, Kathy Rodriguez and Aaron McNamee--four contemporary artists exploring the concept of communication: how we engage with each other in different ways, and new ways that did not exist before. For more information, please contact 985-892-8650 or visit [www.sttammanyartassociation.org](http://www.sttammanyartassociation.org). - 320 N. Columbia St. Covington, LA

Free listing of public events in Covington. email submissions: [covweekly@media9productions.com](mailto:covweekly@media9productions.com). Deadline Fridays.



## Pet Care: Nail Trimming



Keeping your pet's nails trimmed is important if they do not walk on surfaces that will naturally wear them down. In general, dog nails are more important to keep up with than cat nails; cats have retractable claws and are able to hone them. Any cat owner can tell you the benefits of trimming off those needle sharp points, however. Dog nails, if left unchecked, can grow back into the pad, causing discomfort and possible health issues.

It is important not to cut the "quick" when nail trimming. The quick is the fleshy part that grows about halfway down the inside of the nail, usually pinkish in color. If you are unsure about how to trim your pet's nails, ask for a demonstration by your veterinarian or groomer. They can show you the appropriate place to trim without harming your pet. Most clinics and groomers offer a nail trim with bathing services for a small fee.



## Non-Profit Spotlight: Playmakers



The Playmakers Theatre is a non-profit for the arts started in 1955. Playmakers holds community plays each year as well as offering many excellent theater classes for adults and children. The season starts off with "Moon Over Buffalo" on March 9th, a brilliant comedy written by Ken Ludwig and directed by Kay Files. With a cast of zany characters, this is one of Ludwig's best plays. The next play, running May 11th through the 27th, is "Three by Tennessee" (three plays by Tennessee Williams: "The Lady of Larkspur Lotion", "A Perfect Analysis Given by a Parrot", and "The Case of the Crushed Petunias"). Auditions will be held for "Three By Tennessee" on March 11th and 12th at 7pm. Later this year is "Little Shop of Horrors", running July 13th through the 29th. Playmakers is looking for directors for two upcoming shows, "The Nerd" and "My Fair Lady".

Playmakers offer an annual membership in which you receive notice of all plays, auditions and workshops, and you have the right to vote at the annual business meeting. Becoming a patron of Playmakers gets you preferred seating, recognition in the play programs, and an invitation to their annual Patron Party.

**19106 Playmakers Rd. Covington, LA  
(985) 893-1671 • [www.playmakersinc.com](http://www.playmakersinc.com)**