

FREE Covington Weekly

April 11 - 17, 2012

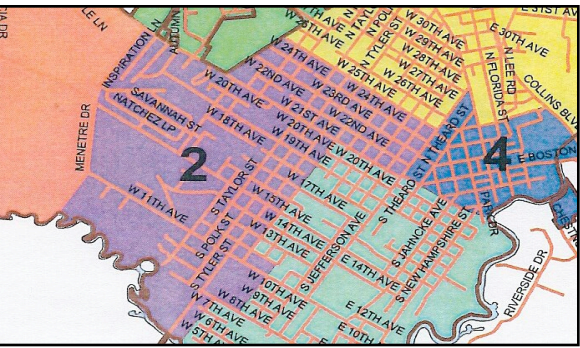
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Covington is District Winner in Louisiana Garden Club Federation's Annual Cleanest City Contest

The City of Covington is now eligible to advance to the State competition, with judging to take place on Wednesday, May 9, at 8 a.m. All are encouraged to keep up the cleaning efforts and remember that every day is Clean City day in Covington, LA.

Neighborhood Watch Meeting

The public is invited to attend a Neighborhood Watch Meeting for Area #2 on Wednesday, April 11th at 6:30 p.m. at the Covington Police Department. - 609 N. Columbia St.



Quote of the Week

"The greatest mistake a person can make is to be afraid of making one."

Elbert Hubbard

Friday

April 13



Last Quarter



L-R: Bee Balm, Borage and Meadowsweet

Edible Flowers

Flowers can turn an ordinary yard into an oasis, but did you know they can spruce up culinary dishes as well? There are a great variety of edible flowers, including most edible herb flowers. Borage flowers, for instance, have a cucumber-like flavor and can be used in salads, cold juices and wines. The beautiful flowers of bee balms not only attract bees, butterflies and hummingbirds, but also taste surprisingly like oregano. The petals of this flower can be sprinkled on anything from garden salads to pizza right out of the oven. Other decorative and ornamental flowers that are also edible include day lilies, meadowsweet, violas, nasturtiums, pinks, roses, tulips (taste similar to raw peas) and violets.



The Giant Swallowtail (Papilio cressphontes)

The swallowtail butterfly is common in various parts of North America, mainly found in the south and east in the United States. With a wingspan of 4-6 inches, it is the largest butterfly in North America. The body and wings are dark brown to black with yellow bands. Each wing tail has a yellow "eye" which extends down. The abdomen has bands of yellow and brown. In Louisiana, they may be seen as late as October. Giant Swallowtails are difficult to capture, as they fly high and fast.

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Shop Covington

Locally owned business is the basis of local economy. This week's picks include Magnolia Acupuncture Clinic, Lolaboo Unique & Custom Jewelry and 407 North.



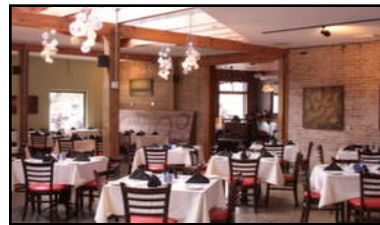
Magnolia Acupuncture Clinic
434 N. Columbia St.
(985) 590-5172
covingtonacupuncture.com

Magnolia Acupuncture Clinic is dedicated to your health and well-being. Their approach is to deliver gentle yet powerful treatments using acupuncture and Chinese herbs to treat the root of your discomfort, not just the symptoms. By harmonizing imbalances in the body, Magnolia Acupuncture can help you along your path to wellness. covingtonacupuncture.com

Lolaboo Unique & Custom Jewelry
434 N. Columbia St.
(985) 373-3831
www.lolaboo.com



Lolaboo's founder and designer has been designing and making jewelry for over 10 years. Her jewelry has a naturalistic theme, and she finds her "inspiration" in the stones themselves. Lolaboo is a custom design boutique, all pieces are hand-made and unique to you.



407 North Restaurant
407 N. Columbia St.
(985) 809-3131
407north.com

Relax in the casual atmosphere of 407 North while enjoying contemporary Southern fare and great drink specials. With seafood, soups, sandwiches, wraps and salads, there's something on the menu for everyone. Reservations or walk-ins, groups, parties and catering available. Live music on the weekends with a Happy Hour Tuesday through Friday from 11 am to 6 pm.

Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market, by Chef Sorelli

Farmer's Market Veggie Lasagna

Collect:

- Turnips (Father and Son Produce)
- Carrots (Bartlett Farms)
- Favorite Greens (Grow Farms)
- Shiitakes (Betty Rue)

- 2 Containers of Sundried Tomato Pesto (Nur's Kitchen)
- 1 Bag of Spinach dyed Lasagna Sheets (Sorelli's at the Market)

- 2 Containers of Feta (Jeanie Simmons)

Heat oven to 350 and heat a 6 quart pot of salted water for the pasta. Peel and cut up vegetables. Cook veggies separately so the lasagna will cook evenly. Heat a skillet and add oil. Salt and pepper the turnips, then saute until golden; follow same procedure for carrots and shiitakes. Cook off the pasta and set on top of a bowl with light ice to cool the sheets. Lightly oil the pasta so it will not stick. Spread sundried tomato pesto in a 9x11 baking dish. Layer the vegetables evenly across the bottom, then crumble feta across evenly. Add lasagna sheets in a single layer across top. Repeat steps, and on final top layer, spread pesto and crumble feta on top. Gently push air out of layers. Bake for about 45 minutes, or until bubbly and melted.



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Rockin' the Rails Every Thursday in April

Rockin' the Rails is a free concert series held annually every Thursday in April and October at the Covington Trailhead, from 5 p.m. to 7:30 p.m. The first Rockin' the Rails concert of the year was last Thursday with "The Dynamic Smooth Family Gospel Singers". The lively and entertaining group performs at events ranging from charitable fundraisers to Jazz Fest, and they present an uplifting chorus of classic gospel music. Rockin' the Rails is hosted by the City of Covington and sponsored in part by Champagne Beverage and Covington Brewhouse.



The Dynamic Smooth Family Gospel Singers

Deacon John to Perform at "Rockin' the Rails" This Week



This Thursday, Deacon John will be performing at Rockin' the Rails. Deacon John Moore is a native New Orleans musician whose career spans 50 years. He plays everything from classic rhythm & blues and rock and roll to jazz and gospel. In 2000, he was inducted into the Louisiana Blues Hall of Fame, and in 2008, he was inducted to the Louisiana Music Hall of Fame. He is featured in the documentary "Going Back to New Orleans: The Deacon John Film". You may find more information about Deacon John on his website, www.deaconjohnsjumpblues.com.

Rockin' the Rails - 419 N. New Hampshire - (985) 892-1873 - GottaLuvCov@covla.com - www.covla.com

City of Covington To Enforce Standing Ordinances Regarding Pets at Public Events

The City of Covington is requesting that attendees of public events adhere to the city's 1999 and 2004 ordinances advising that the presence of pets, animals or reptiles are prohibited. The Covington City Council and Administration have reviewed the ordinances and will post signage to that effect, advising "No Pets Allowed" at public events in the interest of public safety.



Events

Covington Farmer's Market - Wednesday April 11, 10 am - 2 pm @ the Covington Trailhead

Rain or shine, live "front porch jam", fresh local produce and prepared food. - 419 N. New Hampshire

Covington Business Association Monthly Meeting - Wednesday April 11, 5:30 pm @ 407 North

Monthly meeting for CBA members, businesses interested in the CBA and the general public. Discussions about local businesses and community events. For more information about the CBA call 504-439-2543 or go to www.covingtonbusinessassociation.org. - 407 N. Columbia St.

Civil Discourses Discussion Group - Wednesday April 11, 6 pm - 7:30 pm @ St. Tammany Parish Library

The St. Tammany Parish Library presents Civil Discourses Discussion Group: Looking for Win-Win in How We Live Together with facilitator Bob Maurice. Meetings are every second and fourth Wednesday, and each week the group will have a different discussion topic. To register, call (985) 893-6280. - 310 W. 21st Ave.

Bicentennial Committee Meeting - Wednesday April 11, 6 pm @ WPJSH Library

The public is encouraged to attend this committee meeting working toward the city's 200th anniversary celebration, culminating on July 4th, 2013. William Pitcher Junior High School Library, 415 S. Jefferson Ave.

Neighborhood Watch Meeting - Wednesday April 11, 6:30 pm @ Covington Police Department

A Neighborhood Watch Meeting for Area #2 at the CPD - 609 N. Columbia St.

Rockin' The Rails - Thursday April 12, 5 pm - 7:30 pm @ the Covington Trailhead

This week Deacon John Moore will be Rockin' the Rails at the Covington Trailhead! Rockin' the Rails is Covington's free concert series every Thursday in April. - 419 N. New Hampshire

Covington Farmer's Market - Saturday April 14, 8 am - 12 pm @ the 300 block of Columbia St.

Rain or shine, fresh local produce, raw and prepared foods, plants and vegetables, live music by

Old Feed Store Music Series - Saturday April 14, 9:30 am - 11:30 am @ Marsolan Feed & Seed

Live music this Saturday at Marsolan's Old Feed Store Music Series. - 314 E. Gibson St.

Swing in the Pines: Free Outdoor Concert - Saturday April 14, Starting at 5 pm @ Bougie Falaya Park

Free outdoor concert at the Bougie Falaya Park, beginning with GNOYO's Symphony Orchestra at 5 and Louisiana Philharmonic Orchestra at 6. Donations of non-perishable food items will be collected for the Covington Food Bank. For more information call 985-892-1673 or go to www.covla.com. Rain date April 15.

"The Basque Syndrome: An Impertinent Selection of Work" - Saturday April 14, 6 pm - 9 pm @ The St. Tammany Art Association

Opening reception for artist Jose-Maria Cundin, whose exhibition is on display in the STAA's main gallery through May 5. - 320 N. Columbia St.

Free listing of public events in Covington. email submissions: covweekly@media9productions.com. Deadlines on Fridays.



Live Music Listings - April 11 - 17

Wednesday: Front Porch Jam @ the Wednesday Covington Farmers Market (Covington Trailhead) / Harpist Jessica Meltz @ the English Tea Room 12:30-2:30pm / Open Mic Night @ the Green Room **Thursday:** Rocking the Rails Free Concert @ the Covington Trailhead - Deacon John 5-7:30pm / Ladies Night with DJ Gene @ the Green Room / Casey Saba @ Columbia St. Tap Room **Friday:** Bacon + 12 Stones @ the Green Room / The Tricky Dickies @ Columbia St. Tap Room **Saturday:** @ Covington Farmer's Market / Old Feed Store Music Series @ Marsolan Feed & Seed / Remedy Krewe + xDefinition @ the Green Room / Joey & the Jumper Cables @ Columbia St. Tap Room **Sunday:** Karaoke w/ DJ Bobby Blaze @ the Green Room **Tuesday:** Service Industry Night @ the Green Room

Galleries (Featured artists) - **St. Tammany Art Association** - Jessica Danby / Gerald Cano / Kathy Rodriguez / Aaron McNamee **Fielding Gallery** - Roc Paul / Elizabeth Brown Steve Hasslock / Jena Karr / Alexei Kazantsev / Tracy Lambert / Heather Vallaire / Keith Villere / James Olinde **Henry Hood Gallery** - Jeff Mickey / Lynda Katz **Tripolo Gallery** - William Binnings / Nancy Hirsch-Lasse / Robert Cook / Craig McMillin Scott Ewen / Scott Upton / Donna Duffy **Three Rivers Gallery** - Gail Glassman / Harriet Blum / Peggy Hesse / Suzanne King / Donald Maginnis / Valeric Stangl Melancon / John Preble / Max Ryan / Charles Macgowan / Robert Seago

