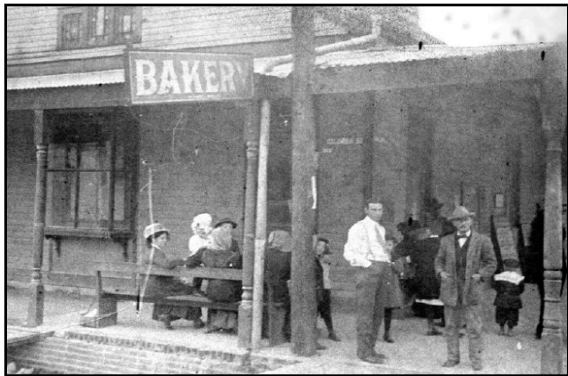


FREE Covington Weekly

April 18 - 24, 2012

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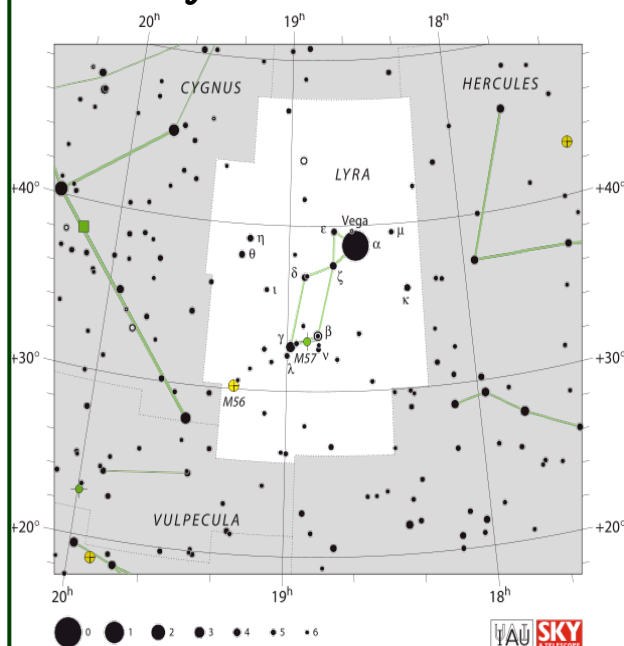
Speaking of Old Photographs....



Columbia Street, early 1900's

The St. Tammany Parish School Board would like to locate photographs of four men who served as superintendents in the early 1900's. Photos of H.A. Verrett, W.G. Evans, A.B. Peters and H.B. Messick are being sought, and anyone with pictures or portraits of these individuals is asked to e-mail public.comment@stpsb.org. You may also call the communications department at (985) 898-3297. A computer scan will be made of the original with no damage to the image. The four men served between the years of 1904 to 1911.

The Lyrid Meteor Shower



The Lyrid meteor shower should be at its best on the nights of April 20 and 21. Since the moon will be new, conditions will be perfect for viewing, and a peak of a dozen or so meteors per hour may be expected. The Lyrids are pieces of debris from the periodic Comet C/1861 G1Thatcher and have been observed for more than 2,600 years. Earth runs into the stream of debris from the comet in mid-April of each year. The Lyrids are named as such because they appear to originate from a point in the constellation Lyra. See stardate.org and nasa.gov for more information.

The Magnolia Tree: Beautiful & Beneficial

The magnolia tree is a popular sight in the South, common on antebellum plantations and front lawns. Historically, the magnolia is known around the world for medicinal purposes. In Asia, it is believed that a tea made from the flower dissipates heat and alleviates pain; it is used to treat headache, stuffy nose and a hot face or head. Mexican herbalists call magnolia "flor de corazan", or 'flower of the heart', a reference to the supposed benefits of drinking a blossom tea to strengthen the heart. The Aztecs ground magnolia tree bark into a fine powder for use in teas to promote heart stimulation, and their name for magnolia means "heart flower". The Aztecs also used this tea for senility and mental stupor. Chinese herbalists use magnolia bark tea to treat a number of ailments, including stomach distress, asthma, cough and colds.



Magnolia Grandifolia

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Shop Covington

Locally owned business is the basis of local economy. This week's picks include Vasquez, Walker House Collectables and The Shipping Post.



The Shipping Post

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The Shipping Post provides overnight shipping, priority mail, ground services and specialty shipping. Other services include faxing, mail box rental, notary, copy service, stationary and business cards. Serving the Northshore for the last 10 years.

Walker House Collectables

221 Lee Lane

(985) 867-4878



www.walkerhousecollectables.com

Walker House Collectables is a fixture of history and treasures, set within a well-preserved Louisiana historic home site. Owner Sherri Crawford has transformed this classic southern cottage into a unique shopping destination filled with coveted antiques, art works and luxuries for the home.



Vasquez Restaurant

515 E. Boston St.

(985) 893-9336



Vazquez Restaurant is a merging of Cuban cuisine and old style southern cooking. Serving everything from fried seafood to Cuban sandwiches to chicken parmesan, Vazquez is your one stop shop for whatever you're craving. Follow Vazquez Poboy on Facebook for regular menu updates.

Quote of the Week

What lies behind us and what lies before us are tiny matters compared to what lies within us." - **Ralph Waldo Emerson**

Saturday

April 21



New Moon

Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market, by Chef Sorelli

Collect:

1 pound of shrimp (dude in van)

1 pound of Arugula (James)

1 Jar of Olive Salad (Nuccio's)

1 bag of Garlic Fettucine (Sorelli's at the Market)

1 Loaf of Favorite Bread (Something Farms)



Peel and clean shrimp and roughly chop the arugula. Bring a pot of water to boil for the pasta, it should be boiling by the time all of the ingredients are cooked. Heat a medium skillet with oil and cook the shrimp first once the skillet is hot. Salt and pepper the shrimp before setting them in the skillet. After the shrimp are turned once, allow them to cook for about two minutes. During this time, boil the pasta. While the pasta cooks, add the olive salad and arugula to the shrimp. Stir the ingredients around to maximize infusion of the flavors evenly. When the pasta is cooked, drain the water and add to the shrimp, olive salad and arugula. Serve with your favorite bread.

The Covington Farmer's Market is every Saturday from 8-12 at the 300 block of Columbia Street, and every Wednesday at the Covington Trailhead from 10 - 2, rain or shine.

FIELDING gallery

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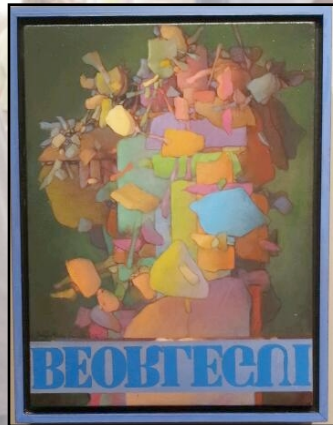
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Jose-Maria Cundin

"The Basque Syndrome: An Impertinent Selection of Works"

Showing at the St. Tammany Art Association Apr. 14 - May 5



*Beorlegui, Basque
Renaissance Painter*



*Individual Suffering from
Stockholm Syndrome*



Julius Alegria Does It Again!



*Postage Stamp Proposal for Euskadi
(Patxi eta Jauncar)*

***** Events *****

Covington Farmer's Market - Wednesday April 18, 10 am - 2 pm @ the Covington Trailhead

Rain or shine, live "front porch jam", fresh local produce and prepared food. - 419 N. New Hampshire

Rockin' The Rails - Thursday April 19, 5 pm - 7:30 pm @ the Covington Trailhead

Come celebrate Louisiana's 200th anniversary with the Louisiana Music Hall of Fame's Bayou Bicentennial Music Caravan! Guest artists for this concert will include Jo-El Sonnier, Chase Tyler, Ricky Windhorst & Christian Serpas, and Paula Rangell of Paula & the Pontiacs. As a special addition to this event, the late Clarence "Gatemouth" Brown will be inducted into the Louisiana Music Hall of Fame. As part of the celebration, attendees will be treated to birthday cake and ice cream! Rockin' the Rails is Covington's free concert series every Thursday in April. - 419 N. New Hampshire

Concert at the Landing - Friday April 20, 5 pm - 7 pm @ Columbia Street Landing

Free concert with artists Nova Nola featuring the Masakowski family and the Balcony Players, Gypsy music from Europe. Bring your lawn chairs and picnic dinners! Brought to you by the City of Covington, the Covington Farmers Market and St. Tammany Homestead. The end of Columbia Street, at the river.

Covington Farmer's Market - Saturday April 21, 8 am - 12 pm @ the 300 block of Columbia St.

Fresh local produce, raw and prepared foods, plants and vegetables, and live music by Ben Manuel & Friends.

Old Feed Store Music Series - Saturday April 21, 9:30 am - 11:30 am @ Marsolan Feed & Seed

The Pot Luck String Band this Saturday at Marsolan's Old Feed Store Music Series. - 314 E. Gibson St.

The St. John's Fools of Misrule Spring Crawfish Boil - Saturday April 21, 3 - 6pm @ Columbia St. Tap Room

Join the Fools of Misrule at their annual crawfish boil on the Tap Room Patio! Crawfish are free for members and \$20 for non-members. For more information go to www.facebook.com/foolsofmisrule. - 434 N. Columbia St.

Spring For Art - Saturday April 21, 6 - 9 pm in Historic Downtown Covington

Including many fun events such as "Musical Masterpieces", an artsy version of musical chairs, an "Over the Top Chefs' Competition" where you're the judge, art contests and more! Featured artists showing and live music in historic downtown Covington! Plenty of fun for kids and adults alike, brought to you by the St. Tammany Art Association and St. Tammany Homestead. For a full listing of artist showings and locations, go to www.sttammanyartassociation.org, call (985) 892-8650 or stop in at 320 N. Columbia St.

Free Style: Trunk Show & Fashion Networking Event - Saturday April 21, 6-9 pm @ Fielding Gallery

Featuring the works of Northshore designers and music by DJ Gene Fabre, food provided by Baba Ghanoush. Get styled by Northshore designers, stylist and photographers. Bring some extra business cards for a Networking Table. - 525 E. Boston St.

Free listing of public events in Covington. email submissions: covweekly@media9productions.com. Deadlines on Fridays.

🎵 Live Music Listings - April 18 - 24 🎵

Wednesday: Front Porch Jam @ the Wednesday Covington Farmers Market (Covington Trailhead) / Harpist Jessica Meltz @ the English Tea Room 12:30-2:30pm / Open Mic Night @ the Green Room **Thursday:** Rocking the Rails Free Concert @ the Covington Trailhead - 5-7:30pm / Ladies Night with DJ Gene @ the Green Room / Mike Epstein & Ryan Gresham Acoustic @ Columbia St. Tap Room **Friday:** Trevelyan + Creators of Original Sin @ the Green Room / Open Mic @ St. John's Coffeehouse / Topcats @ Columbia St. Tap Room **Saturday:** Ben Manuel & Friends @ Covington Farmer's Market / Pot Luck String Band @ Marsolan Feed & Seed

Spring for Art! Saturday, 6-9 pm: The Pheedbacs @ Coffee Rani / Jessica Meltz, Classical Harpist @ The English Tea Room / Roy "Mad Dog" Blum, music and comedy @ Mo's Art Supply / Sheridan Road + Robert Fortune Band @ the Green Room / DJ Gene Fabre @ Fielding Gallery / Patrick Kinsley @ St. John's Coffeehouse / Papa Grows Funk @ Columbia St. Tap Room / Samson Project @ St. Tammany Homestead Crispin Schroeder Band @ Northshore Vineyard Church / The Bear Brothers @ Therapeutic Touch Massage Studio

Sunday: Karaoke w/ DJ Bobby Blaze @ the Green Room **Tuesday:** Service Industry Night @ the Green Room

Galleries (Featured Artists) — **St. Tammany Art Association** 320 N. Columbia St. - Jose-Maria Cundin **Fielding Gallery** 525 E. Boston St. - Roc Paul, Elizabeth Brown, Rachel Shank, Steve Hasslock, Jena Karr, Alexei Kazantsev, Tracy Lambert, Heather Vallaire, Keith Villere, James Olinde **Henry Hood Gallery** 325 E. Lockwood St. - Laura Allums, Jean Flint, Robin Hamaker, Gail Hood, Lucille Hunter, Yvonne James, Lynda Katz, Jeff Mickey, Jean Seidenberg, Dennis Sipiorski, Ruth Sipiorski, Barbara Tardo, Sarah Wiseman **Brunner Gallery** 215 N. Columbia St. - Rick Brunner, Byron May **Heyer Gallery** 419 E. Lockwood St. - Jennifer Heyer-Tardo **Garcia.Dunn** 609 E. Boston St. - Sarah Dunn, Meghan Garcia **Tripolo Gallery** 323 N. Columbia St. - Bill Binnings, Shanna D' Antonio, Nancy Hirsch-Lassen, Robert Cook, Craig McMillin, Juli Juneau, James Michalopoulos, Al Ormsby, Rebecca Rebouche, Scott Ewen, Ken Tate, Gail Ruggiero, Scott Upton, Donna Duffy **Three Rivers Gallery** 333 E. Boston St. - Gail Glassman, Harriet Blum, Peggy Hesse, Suzanne King, Donald Maginnis, Valeric Stangl Melancon, John Preble, Max Ryan, Charles Macgowan, Robert Seago

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