

FREE Covington Weekly

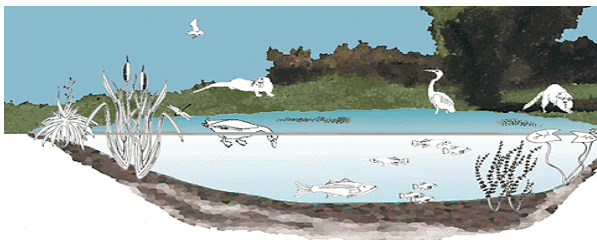
May 23 - May 29, 2012

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May is American Wetlands Month



This May marks the 22nd anniversary of American Wetlands Month, a time when the EPA and its partners in federal, state, tribal, local, non-profit and private sector organizations celebrate the vital importance of wetlands to the Nation's ecological, economic and social health. Benefits provided by wetlands include improved water quality, increased water storage and supply, reduced flood and storm surge risk, critical habitat for fish, plants and wildlife.



Wetlands support a rich food web, from microscopic algae and dragonfly larvae to alligators and black bears. - Mark Sharp

Starting New Plants From Cuttings



Softwood cuttings are soft shoot tips, taken from relatively young and immature plants. The best time of year to take and plant softwood cuttings is in spring and summer - this is a time where fresh new growth is plentiful, and warmth and humidity is suitable for cuttings to root. Each plant responds differently to cutting, so it's best to try multiple plants to get a good feel for their individual dispositions.

Water the mother plant the day before taking a cutting. Select healthy, green and fairly new shoots to clip. Cut an initial 3 - 4 inches just above a leaf joint so no stub is left on the mother plant. Immediately, so the cutting does not dry, prepare by trimming just below a leaf joint, remove the lower leaves up to about 1 inch. You want to be left with a 2 1/2 to 3 inch cutting. Dipping the base of this cutting into a rooting hormone can encourage the development of roots, but is not necessary. Your soil mixture for planting cuttings should be equal parts moist peat and sharp sand to provide moisture retentive, well drained and aerated soil. Softwood cuttings require gentle warmth and high humidity to encourage root growth and prevent wilting and drying. For this reason most cuttings are started in greenhouses. The same effect can be created by inserting five thin, foot long sticks around the pot edge and drawing a transparent bag over them. Seal with an elastic band or string and place in a warm place out of direct sunlight. When fresh sprouts begin to appear on your cutting, remove the bag and give a gentle tug to ensure your plant is well rooted. If there is little to no give, transplant into individual pots and place in light shade and warmth until established.



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Shop Covington

Locally owned business is the basis of local economy. This week's picks include **Sala Thai, Moments in Tyme and Turkoyz.**



Sala Thai

315 N. Vermont St.
(985) 249-6990

Thai cuisine places emphasis on lightly prepared dishes with strong aromatic components. It is known for its balance of the five fundamental taste senses in each dish or the overall meal: hot, sour, sweet, salty and bitter.

www.salathaibysu.com

Moments in Tyme

221 Lee Lane
(985) 789-7072



Furniture from the 1800's, vintage, costume and antique jewelry, Native American artifacts and various collectibles. Capture a bit of the past by preserving a Moment in Tyme!



Turkoyz

223 Lee Lane
(985) 867-5225

Over 6,000 pieces of hand-made jewelry incorporating natural themes, precious stones and gems. Also offering a variety of accessories such as purses, scarves and handbags. Peruse our selection of home decor, pottery, frames and candles.

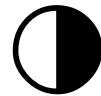


Quote of the Week

"Be kind whenever possible.
It is always possible."

Dalai Lama

Monday
May 28



First Quarter

Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market, by Chef Leslie "Sorelli" Guy



Spring into Fettucine

Collect:

- 1 bunch of green onions (Bartlett)
- 1 basket of patty pan squash (Grow Farms)
- 1 pound of shrimp
- 4 tomatoes (Father and Sons Farms)
- 1 jar of basil pesto (Sorelli's at the Market)
- 1 bag of your favorite fettucine (Sorelli's at the Market)

Put a pot of water on to boil for the pasta. Clean and devein shrimp and set aside. Cut the vegetables, and keep them separated. Heat up a skillet with some oil until it is ready, salt and pepper the shrimp. Cook the shrimp, allowing them to cook on both sides. Remove the shrimp and put to the side so they do not overcook. Once the shrimp are out, salt and pepper the squash and cook them. Next, add the tomatoes and allow them to cook down with the squash. Add the green onions, stir around and allow them to cook for a moment. Add the pasta to the water (it should be boiling by now). Once the pasta hits the water, add the pesto and the shrimp to the vegetables and mix well. Once the pasta is cooked (about 2 mins.), strain and add to the shrimp and veggies.

The Covington Farmer's Market is every Saturday from 8-12 at the 600 block of Columbia Street, and every Wednesday at the Covington Trailhead from 10 - 2, rain or shine.



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Leslie Guy

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May is



National Water Safety Month

In recognition of the popularity of swimming and other water-related recreational activities in the United States, and the resulting need for ongoing public education on safer water practices, the month of May, 2012 is National Water Safety Month! Please visit www.nationalwatersafetymonth.com for more info.

May is National Pet Month!

Celebrate the benefits of pet ownership and support pet adoption this month! This is the time to show your pet just how much you love them, all month long! If you are



looking to adopt a pet, there are many dogs and cats available that need good homes. Contact the St. Tammany Humane Society for information. www.sthumane.org



Roy's "Art"chery Shop

Now featuring carving tools, knives, basswood and his own folk art style of hand carved caricatures and animal sculptures. Artist Jessica Porter Blaum's creative, thought provoking oil paintings and Billy Porter's original Batik images will be on display all through May and June.

319 N. Columbia St. Covington, LA
(985) 893-1060



www.covingtonbusinessassociation.org

320 N. Columbia St.



st. tammany art association
www.sttammanyartassociation.org

***** Events *****

Covington Farmer's Market - Wednesday May 23, 10 am - 2 pm @ the Covington Trailhead

Rain or shine, live "front porch jam", fresh local produce and prepared food. - 419 N. New Hampshire

Final Friday Block Party - Friday May 25, 6:30 pm - 9:30 pm @ Downtown Covington

Free event, open to the public! Classic car show, live music and family entertainment.

Covington Farmer's Market - Saturday May 26, 8 am - 12 pm @ the 600 block of Columbia St.

Fresh local produce, raw and prepared foods, plants and vegetables, live music by Julie and Joe Manuel.

St Tammany Art Association Summer Fingerprints Art Camp Schedule:

To be held simultaneously at the St. Tammany Art House in Covington (320 N. Columbia St.) and at the Mandeville Trailhead (675 Lafitte St.). Fingerprints Art Camp for children ages 6-12 will be held on the following dates: June 4-8, June 11-15, June 18-22 and June 25-29. For more information visit the Art Associations website at www.sttammanyartassociation.org, or contact the STAA's education coordinator Cindy Pulling at (985) 892-8650 or email cindy@sttammanyartassociation.org.

Free listing of public events in Covington. email submissions: covweekly@media9productions.com. Deadlines on Fridays. Please note that city ordinances prohibit pets on public property.



Summer Activities for Kids



Summertime is here yet again (already?) and parents everywhere are scrambling for fun, educational activities that don't break the bank. Here are a few ideas we've put together to keep those youngsters entertained and thinking.



Outside, Fun in the Sun:



There are many parks in the area, both for day visits and camping. The local parks of St. Tammany offer a wide variety of natural scenery such as rivers, swamps and woods. Activities for camping include bug hunts (bring a net, jars and a bug identifying field guide), nature walks (also making good use of field guides) and the all time favorite bonfire (following the rules and regulations of Smokey the Bear, of course). St. Tammany Parish also offers wonderful nature trails, and many of our adventures usually start at the Tammany Trace.

Indoor Fun:

Local libraries have Summer Reading Programs in place for kids of all ages. Most libraries have other events and programs for free throughout the summer. Both Playmakers Inc. and the St. Tammany Art Association are offering summer classes for children. Check online or call for more information.



Kids Oriented Workshops:

Lowe's, Home Depot, Pottery Barn and Bass Pro Shops all have free family workshops throughout the summer.

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Live Music Listings - May 23-29

Wednesday: Front Porch Jam @ the Wednesday Covington Farmers Market (Covington Trailhead) / Harpist Jessica Meltz @ the English Tea Room 12:30-2:30pm / Open Mic Night @ the Green Room **Thursday:** Ladies Night with DJ Gene @ the Green Room / Mike & Ryan Acoustic @ Columbia St. Tap Room **Friday:** Killahouse Party @ the Green Room / Soul Revival @ Columbia St. Tap Room 7pm / Five Finger Discount @ Columbia St. Tap Room 10pm **Saturday:** Julie and Joe Manuel @ Covington Farmer's Market / We3 @ St. John's Coffee House 7pm / Dance Party with Lady Madness @ the Green Room / River City Hit Squad @ Columbia St. Tap Room **Sunday:** Karaoke w/ DJ Bobby Blaze @ the Green Room **Monday:** Pirate Party @ the Green Room **Tuesday:** Metal Night @ the Green Room

Galleries (Featured Artists) — St. Tammany Art Association 320 N. Columbia St. - Jose-Maria Cundin

Henry Hood Gallery 325 E. Lockwood St. - Laura Allums, Jean Flint, Robin Hamaker, Gail Hood, Lucille Hunter, Yvonne James, Lynda Katz, Jeff Mickey, Jean Seidenberg, Dennis Sipiorski, Ruth Sipiorski, Barbara Tardo, Sarah Wiseman **Brunner Gallery** 215 N. Columbia St. - Rick Brunner, Byron May **Heyer Gallery** 419 E. Lockwood St. - Jennifer Heyer-Tardo **Garcia.Dunn** 609 E. Boston St. - Sarah Dunn, Meghan Garcia **Tripolo Gallery** 323 N. Columbia St. - Bill Binnings, Shanna D' Antonio, Nancy Hirsch-Lassen, Robert Cook, Craig McMillin, Juli Juneau, James Michalopoulos, Al Ormsby, Rebecca Rebouche, Scott Ewen, Ken Tate, Gail Ruggiero, Scott Upton, Donna Duffy **Three Rivers Gallery** 333 E. Boston St. - Gail Glassman, Harriet Blum, Peggy Hesse, Suzanne King, Donald Maginnis, Valeric Stangl Melancon, John Preble, Max Ryan, Charles Macgowan, Robert Seago