

FREE Covington Weekly

June 27 - July 3, 2012

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Groves at Mile Branch Block Party

Habitat for Humanity St. Tammany West invites our volunteers, supporters and friends to celebrate the completion of six homes at the Groves at Mile Branch and the beginning of home construction where Women Build 2012 will take place. Festivities will include a St. Tammany West Chamber of Commerce ribbon cutting of Emily Diamond Way and the dedication of six Habitat homes. Enjoy food, music and information on upcoming HFHSTW programs. The event will take place Thursday, June 28th, 2012 from 4 - 6 p.m. at 424 Purslane Dr. For more information about Women Build, visit www.habitatstw.org/wb.



The Raccoon (Procyon lotor)

The raccoon is a common sight in the southeast. The medium sized mammal is the largest of the procyonid family with a body length of 16-28 inches and a body weight of 8-20 pounds. The raccoon is generally nocturnal, but they will venture out in the day time if they are comfortable in the situation. It has a grayish coat, and two of its most distinctive features are its very dextrous front paws and its facial mask, both of which are themes in the mythology of several Native American tribes. Studies have indicated that raccoons are able to remember the solution to tasks up to three years later.



Indigenous representation of the raccoon varies. Some tales center on its foraging skills, such as "How raccoons catch so many crayfish" from the Tuscarora. In other tales, the raccoon plays the role of the trickster. The Dakota Sioux believed the raccoon had natural spirit powers, since its mask resembled facial paintings used to connect to spirit beings.



Quote of the Week

"Nature and wisdom never are at strife."
- Plutarch

Tuesday

July 3



Full Moon

Lentil and Ginger Vegetable Summer Soup

- 2 cups lentils, rinsed
- 3 cups vegetable broth
- 5 medium carrots
- 1 cup cubed zucchini
- 3 leaves of kale
- 1/2 onion
- 1 lemon
- 4 cloves of garlic
- 1/4 cup minced ginger
- sprig of rosemary, lemontyme



Bring the lentils and broth to a boil. Peel and cut the carrots, cut the zucchini into cubes. Add the carrot and zucchini to the broth. Salt and pepper to taste. Cut up the garlic, ginger, onion, kale and herbs. Cook down using water and lemon juice with a tablespoon of apple cider vinegar. Add these to the broth. At this time, you may add more water if necessary. Simmer for another 15 minutes and serve with your favorite bread.



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Northshore Food Co-op First Meeting

The first meeting for the Northshore Food Coop will be held this Thursday the 28th at Columbia Street Natural Foods Market, starting at 6 pm. For more information please check the Events.

Covington Time Bank

The time bank is a concept that allows individuals to barter their time with regard to the services they offer. No money is exchanged, and no monetary value is placed on the items or services offered. Media 9 Productions is creating a new forum for anyone interested in participating in the Time Bank/barter and swap idea. Please visit : www.facebook.com/covingtontimebank

COLUMBIA STREET BLOCK PARTY

City of Covington
Last Friday of the Month
MARCH - OCTOBER
6:30 pm - 9:30 pm



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Roy's "Art"chery Shop

Now featuring carving tools, knives, basswood and his own folk art style of hand carved caricatures and animal sculptures. Artist Jessica Porter Blaum's creative, thought provoking oil paintings and Billy Porter's original Batik images will be on display all through May and June.

319 N. Columbia St. - (985) 893-1060

OLD FASHIONED FAMILY FOURTH

MUSIC AND FIREWORKS

★ **BOGUE FALAYA PARK** ★
6:30 PM - 9:00 PM
SATURDAY, JUNE 30, 2012

THE FAMILY FOURTH FUN RUN & WALK

1/2-MILE RUN / 2-MILE WALK

Begins at 6:00 PM

Race day registration and number pickup begins at 5:00 pm
 For more information about the race, call 985-845-1948

*PROCEEDS TO FUND INSTALLATION OF FLAG POLE AND AMERICAN FLAG AT BOGUE FALAYA PARK.

Bring your chairs, picnic baskets, and blankets - come enjoy patriotic music and a fireworks celebration! Food and drinks will also be available for sale.

For more information, please call 985.892.1873. Sponsored by the Times Picayune and the City of Covington.

CBA

covington business association



www.covingtonbusinessassociation.org

320 N. Columbia St.



st. tammany art association
 www.sttammanyartassociation.org

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Be Safe and Responsible This Holiday Weekend!

As we get ready for Independence Day, please remember to drink responsibly, and always use fireworks safely and appropriately.

Covington Farmer's Market - Wednesday June 27, 10 am - 2 pm @ the Covington Trailhead

Rain or shine, live "front porch jam", fresh local produce and prepared food. - 419 N. New Hampshire St.

Grooves at Mile Branch Block Party - Thursday June 28, 4 - 6 pm @ Miles Branch

Habitat for Humanity St. Tammany West invites our volunteers, supporters and friends to celebrate the completion of six homes at the Grooves at Miles Branch and the beginning of home construction where Women Build 2012 will take place. For more information, visit www.habitatstw.org. - 424 Purslane Dr.

Northshore Food Coop, First Meeting - Thursday June 28, 6:30 pm @ Columbia Street Natural Foods

The NFC seeks to establish a permanent location for the distribution of local produce, arts and crafts on a daily basis, as well as provide an outlet for educational programs and community interaction. Agenda items include discussion of a possible location, how the co-op will be structured, and procedures for selling items in a food cooperative. The meeting will begin at 6:30, with a 6:00 reception. A pot-luck will be provided, and other food and drink items will be available for purchase. Please check the Northshore Food Co-op Facebook page for updates, and bring your ideas! www.facebook.com/NorthshoreFoodCoop - 415 N. Columbia St.

Final Friday Block Party - Friday April June 29, 6:30 pm - 9:30 pm @ Downtown Covington

Free event, open to the public! Classic car show, live music and family entertainment.

Covington Farmer's Market - Saturday June 30, 8 am - 12 pm @ the 600 block of Columbia St.

Fresh local produce, raw and prepared foods, plants and vegetables, live music by Brian Bonura.

Old Fashioned Family Fourth - Saturday June 30, 6:30 pm - 9 pm @ Bogue Falaya Park

Come out to the park for the City of Covington's annual Old Fashioned Family Fourth celebration this Saturday! Attendees will enjoy patriotic music, followed by a breathtaking firework display at dusk. LA Partyart will be providing free face paint for children, and the Kiwanis Club will be selling additional concessions. Attendees are welcome to bring their own picnic, and this event is free and open to the public. Runners Choice has partnered with the City of Covington for the Family Fourth Fun Run & Walk coordinated with the Old Fashioned Family Fourth, the proceeds from which will help purchase a new flag and pole for the park. There will be a half-mile run and a two mile walk to choose from, both beginning at 6 pm in Bogue Falaya Park. Registration begins at 5 pm. For more information call (985) 845-1948. - 213 Park Drive

Middle School Madness For Ages 8-11 - Ongoing - @ the STPL Covington Branch

Crafts and activities for children ages 8-11. Register your child for the Library's ongoing series of summer events by going to the Library website, www.sttammany.lib.la.us

Own the Night Teen Events - Ongoing - @ the STPL Covington Branch

The Covington Branch of the St. Tammany Parish Library holds an open registration one week before each event by calling (985) 893-6280. Registration is limited to 12 teens ages 12-18, please. - 310 W. 21st Avenue

Covington Live Music Listings for June 27 - July 3

Wednesday: Front Porch Jam @ the Wednesday Covington Farmers Market (Covington Trailhead) / Harpist Jessica Meltz @ the English Tea Room 12:30-2:30pm / Open Mic Night @ the Green Room **Thursday:** Ladies Night with DJ Gene @ the Green Room / H. G. Breland @ Columbia St. Tap Room 8pm **Friday:** Jay Weber every Friday, 7pm - 9pm @ the Green Room / Crescent City Groove Train + Killahouse @ the Green Room / Bottoms Up + Bag of Donuts @ Columbia St. Tap Room 7 pm + 10pm **Saturday:** Brian Bonura @ Covington Farmer's Market / Beth Patterson @ St. John's Coffeehouse / Dance Party with Lady Madness @ the Green Room / Three Amigos DJ Night @ Columbia St. Tap Room 10pm **Sunday:** Karaoke w/ DJ Bobby Blaze @ the Green Room / Open Mic Poetry (Every Sunday!) @ St. John's Coffeehouse 2 pm **Monday:** Mystery Movie Night @ the Green Room

Galleries (Featured Artists) St. Tammany Art Association 320 N. Columbia St. - Summer Fingerprints Art

Camp **Henry Hood Gallery** 325 E. Lockwood St. - Laura Allums, Jean Flint, Robin Hamaker, Gail Hood, Lucille Hunter, Yvonne James, Lynda Katz, Jeff Mickey, Jean Seidenberg, Dennis Sipiorski, Ruth Sipiorski, Barbara Tardo, Sarah Wiseman **Brunner Gallery** 215 N. Columbia St. - Rick Brunner, Byron May **Heyer Gallery** 419 E. Lockwood St. - Jennifer Heyer-Tardo **Garcia.Dunn** 609 E. Boston St. - Sarah Dunn, Meghan Garcia **Tripolo Gallery** 323 N. Columbia St. - Bill Binnings, Shanna D' Antonio, Nancy Hirsch-Lassen, Robert Cook, Craig McMillin, Juli Juneau, James Michalopoulos, Al Ormsby, Rebecca Rebouche, Scott Ewen, Ken Tate, Gail Ruggiero, Scott Upton, Donna Duffy **Three Rivers Gallery** 333 E. Boston St. - Gail Glassman, Harriet Blum, Peggy Hesse, Suzanne King, Donald Maginnis, Valeric Stangl Melancon, John Preble, Max Ryan, Charles Macgowan, Robert Seago **Roy's "Art"chery** 319 N. Columbia St. - Roy Blaum, Jessica Porter Blaum, Billy Porter