

Justitia Omnibus Tammanend

Historical Significance of "St. Tammany"

Upon examining the logo of the City of Covington, you will find the phrase "Justitia Omnibus" on the left side within the banner, Latin for "Justice To All"; this phrase is also the motto of the District of Columbia. Beneath the seated figure, you will find the name "Tamanend". This is a reference to Chief Tamanend, or "St. Tammany", a chief in the Lenni-Lenape nation in the Delaware Valley at the time Philadelphia was established. Tamanend is best known as a peaceful facilitator in the relationship between the Native American tribes and the English settlers who established Pennsylvania.

Tamanend is surrounded by many folk legends, and the people of Philadelphia began to call him "St. Tammany" and the "Patron Saint of America". A Tammany Society was started, and an annual Tammany festival was held, on May 1st (May Day). In 1810, President James Madison sent William C.C. Claiborne to establish the boundaries of the Florida Parishes. Claiborne created St. Tammany Parish and named it after Chief Tamanend. Louisiana has nine parishes named for Roman Catholic Saints, but Tammany is the only one whose eponym is not a canonized saint officially recognized by the church.

S I R,

Ap. 20. 1773

All Nations have for Seven Centuries past, adopted some great Personage, remarkable for his Virtues and Love for Civil and Religious Liberty, as their Tutular Saint; and annually assembled on a fixed Day, to commemorate him. The Natives of this flourishing Province, determined to follow so laudable an Example, for some Years past, have adopted a Great Warrior, Sachem, and Chief, named ST. TAMMANY, a faithful Friend to our Forefathers, to be the Tutular Saint of this Province; and have hitherto, on the First of MAY, done the accustomed Honours to the Memory of so great and celebrated a Personage. And for the same Purpose, you are requested to meet the CHILDREN AND ASSOCIATED SONS OF ST. TAMMANY on Saturday next, at the House of Mr. James Byrns, to dine together, and form such useful charitable Plans, for the Relief of all in Distress, as shall then be agreed on.

To John Dickinson Esq.

Covington Bicentennial

1813 Culture • Character • Community 2013

Let's Get This Party Started . . .

CELEBRATE COVINGTON 2013

at the Covington Trailhead

THURSDAY, AUGUST 30 • 5 PM - 8 PM

A host of surprises in store at this FREE Bicentennial kickoff event including

Kermit Ruffins

and the BBQ Swingers

Battle of the Bands

COVINGTON HIGH • ST. PAUL'S SCHOOL

BBQ, beer and beverages available for purchase; proceeds to benefit the Covington Bicentennial Committee.

419 N. New Hampshire • Historic Downtown Covington • www.covla.com

Louisiana State Insect

The Honey Bee

Apis mellifera

The Honey bee was designated the official state insect in 1977, primarily because bee pollination is critical to plant and animal survival, not to mention the added bonus of beeswax and honey. There are 16 other states that recognize the honeybee as an official state symbol because of its important role in agriculture. Apis mellifera did not exist in the New World prior to the arrival of the Europeans, but other native honey bee species were kept and traded by indigenous peoples. Bee motifs have surfaced in Mayan, Ancient Near East and Aegean cultures, where they have the designation of bridging the natural world with the metaphysical.

In ancient Egypt, the bee was a symbol of kingship. The Merovingians used the honey bee to signify immortality and resurrection, and this practice was revived by Napoleon. In heraldry, the bee symbolizes diligence and tireless effort, and the corporate psychology is often referred to as the "hive mind". In "War and Peace", Tolstoy compares modern society to a community of bees.

We are lucky to have access to plenty of local honey, which can be found at the Saturday Farmer's Market and Marsolan's Feed and Seed. Most local health food stores carry bee pollen as well, used to help strengthen the immune system and combat allergies. Children under the age of 1 should not consume raw honey, consult your health care provider.

Quote of the Week

Friday August 24

First Quarter

"...live in peace as long as the waters run in the rivers and creeks and as long as the stars and moon endure."

Chief Tamanend

Submit Your Old Photos

Bicentennial Postcard Contest Underway

Submit your old photos of 'Historic Covington' to the Covington Bicentennial Postcard Contest! Winning photos will be used to create a series of Bicentennial commemorative postcards for sale at local retailers. All photos will be returned to their owners after the winners are selected. For additional information about this event, contact Sarah Chambless at schambless@covla.com or (985) 892-1873.

Bidding Is Now Open!

Gulf Coast Bank's Auctions In August

www.AuctionsInAugust.com contains photos, donor and participant information, current bids on items, and online bidding for designated items. Please check the website for more information on the auction, or call (985) 646-6530.

Some of the outstanding local businesses you'll find in Gulf Coast Bank's 'Auctions in August':

2nd Annual "Ultimate Tailgate Party"

Exchange Club of West St. Tammany

Enjoy a live and silent auction, the Saints game, a BBQ contest and "Four Unplugged". Saturday, August 25 at the Tchefuncta Country Club in Covington. The mission of the Exchange Club is to prevent child abuse, and this event will benefit the Danielle Inn. Tickets are \$50 each, and includes drinks and all you can eat BBQ. For more information call (985) 8981481, or visit www.sttammanyexchange.org

Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market, by Chef Sorelli

Cilantro Infused Ham Steak

Collect:

1 ham steak - Justin Pitts

1 jar cilantro pesto - Sorelli's at the Market

1 bunch amethyst radishes - Slice of Heaven Farm

1 basket sweet peppers - Grow.Farm

1 container of slaw - Ambrosia Living Food

You will need:

A large baking dish and a meat injector

Heat oven to 350 degrees. Place the ham steak in the dish and inject with most of the cilantro pesto in multiple places. Brush the outside of the steak with the remaining pesto, salt and pepper. Clean the tops and bottoms of the radishes and put in whole with the steak. Cut the tops off the peppers then half; remove the seeds and add halves to the baking dish. Cover and place in oven. Allow the ham steak to reach an internal temperature of 165 degrees. Serve with the slaw as a great side.

The Covington Farmer's Market is every Saturday from 8-12 at the 600 block of Columbia Street, and every Wednesday at the Covington Trailhead from 10 - 2, rain or shine. This week Chef Sorelli of Sorelli's at the Market will be doing the food demo, offering on-the-spot prepared pizzas and pastas. Come out and enjoy some of the best Covington has to offer!

The Victory Garden

Building Strong Communities Together

During and after World War I and World War II, communities were strongly encouraged to maintain "Victory Gardens" as an effort to ease food demand and create independent communities.

Sow the seeds of Victory!

plant & raise your own vegetables

WRITE TO THE NATIONAL WAR GARDEN COMMISSION WASHINGTON, D.C. for free books on gardening, canning & drying.

"Every Garden a Munition Plant"

Charles Lathrop Pack, President

Today, efforts are once again being made to promote the home garden. Here are five tips we have compiled for starting your own garden:

1. The most important thing you should know about your garden is the composition of the soil. Soil testers can be found at most Feed & Seeds, including Marsolan's. You'll be testing for pH, nitrogen, phosphate and potassium levels. These levels may have to be adjusted to suit the crop.
2. The location of your plot should also be considered in relation to requirements for sun, soil preference and irrigation needs, if any.
3. Saving seeds is a simple way to continue favored varieties, preserve heirlooms and cut costs for your garden. You can start your own seed bank and even create your own varieties!
4. Identifying pests, disease and deficiencies is sometimes very difficult and usually comes with time, experience, careful observation and chatting up other local farmers.
5. While having surplus produce can be exciting, eating or sharing all of it before its built-in timer goes off can sometimes be a challenge. In these times it is good to know different methods for preserving foods, such as canning, freezing or dehydrating. Sometimes proper storage of things such as root vegetables can prolong shelf life.

Please Remember

In the interest of public safety, city ordinance prohibits pets at all public events.



FREE Covington Weekly

August 22 - 28, 2012
Media 9 Productions LLC © 2012

Local Events

Covington Farmer's Market – Wednesday August 22, 10 am – 2 pm @ the Covington Trailhead Rain or shine, live "front porch jam", fresh local produce and prepared food. - 419 N. New Hampshire St.
Covington Farmer's Market – Saturday August 25, 8 am – 12 pm @ the 600 block of Columbia St. Fresh local produce, raw and prepared foods, plants and vegetables, live music by Joe Barbara. Sorelli's at the Market vendor Chef Leslie Guy will be preparing and serving her pizzas and pastas. - 600 block of Columbia St.
"Ultimate Tailgate Party" – Saturday August 25 @ Tchefuncta Country Club Air conditioned tents, saints game on the big screen, Saints and LSU highlight videos, music by Four Unplugged, adult and other beverages, and BBQ team cooking contest. The event will also include a live and silent auction, plus an online auction that is currently running at www.biddingforgood.com/ULP. Ticket prices are \$50.00 each (includes all the drinks and BBQ you can handle). Proceeds to benefit The Exchange Club, whose mission is the prevention of child abuse with the Danielle Inn as the primary beneficiary.

Call **(985) 898-1481**, or visit www.sttammanyexchange.org.

CYSA Open Registration for Fall 2012

Registration is now open for the Recreational Soccer 2012 Fall Season. Boys and girls ages 5 - 14 may register with CYSA online at www.covingtonsoccer.com or e-mail info@covingtonsoccer.com.

DIVA holds Auction at STAA, August 18 – 31

The Divine Protectors of Endangered Pleasures (DIVA) is a woman's group working in beading circles throughout the year to create one of a kind contemporary corsets. This years exhibit will also include a silent auction to benefit the St. Tammany Art Association and Breast Cancer Awareness, the group's philanthropic endeavor. Open bidding began August 18th and will end Friday, August 31st during Covington's Friday Block Party. - 320 N. Columbia St.

Covington Live Music Listings for August 22 – 28

Wednesday: Front Porch Jam @ the Wednesday Covington Farmers Market (Covington Trailhead) / Harpist Jessica Meltz @ the English Tea Room 12:30-2:30pm / Open Mic Night @ the Green Room
Thursday: Ladies Night with DJ Gene @ the Green Room / Casey Saba @ Columbia St. Tap Room 8pm **Friday:** The Dharma Dolls @ St. John's Coffeehouse 7:30pm / Todd Lemoine Acoustapunk Show @ the Green Room 10pm / Red Line @ Columbia Street Tap Room 10pm **Saturday:** Joe Barbara @ Covington Farmer's Market 9:30am / Joe Barbara @ St. John's Coffeehouse 7:30pm / Jayroc @ the Green Room 10pm / DJ Night w/ Three Amigos @ Columbia St. Tap Room 10pm **Sunday:** Karaoke w/ DJ Bobby Blaze @ the Green Room / Open Mic Poetry @ St. John's Coffeehouse 2pm

Galleries (Featured Artists)

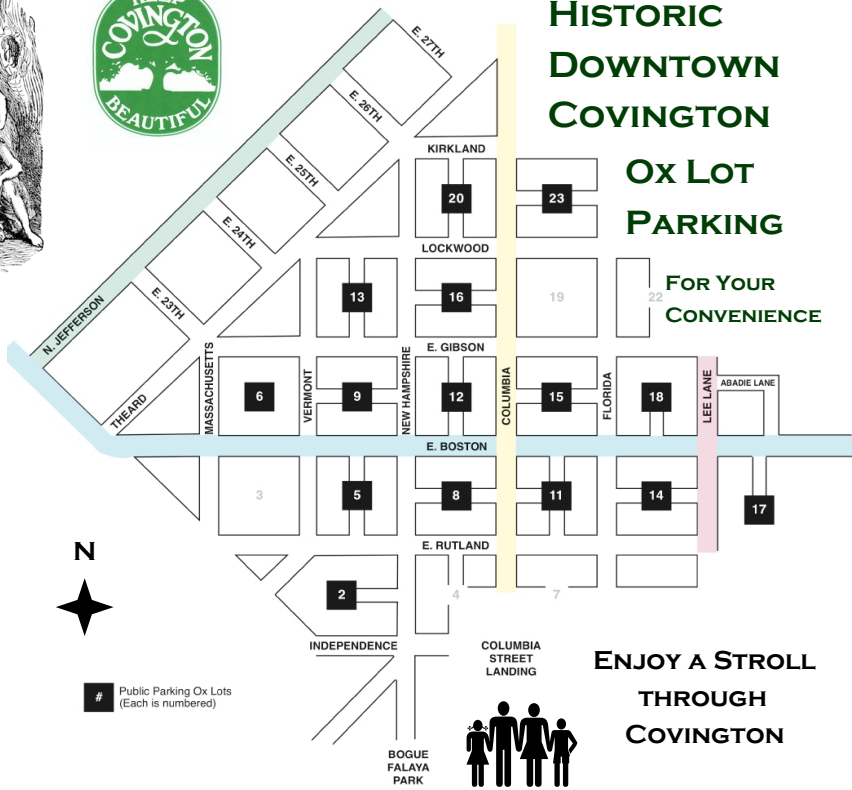
St. Tammany Art Association 320 N. Columbia St. - DIVA Exhibit and Auction **Covington Trailhead Museum** 419 N. New Hampshire - David and Clariza Kern **Henry Hood Gallery** 325 E. Lockwood St. - Andrew Boyd, Wes Koon **Brunner Gallery** 215 N. Columbia St. - Rick Brunner, Byron May **Heyer Gallery** 419 E. Lockwood St. - Jennifer Heyer-Tardo **Garcia.Dunn** 609 E. Boston St. - Sarah Dunn, Meghan Garcia **Tripolo Gallery** 323 N. Columbia St. - Bill Binnings, Shanna D'Antonio, Nancy Hirsch-Lassen, Robert Cook, Craig McMillin, Juli Juneau, James Michalopoulos, Al Ormsby, Rebecca Rebouche, Scott Ewen, Ken Tate, Gail Ruggiero, Scott Upton, Donna Duffy **Three Rivers Gallery** 333 E. Boston St. - Gail Glassman, Harriet Blum, Peggy Hesse, Suzanne King, Donald Maginnis, Valeric Stangl Melancon, John Preble, Max Ryan, Charles Macgowan, Robert Seago **Roy's "Art"chery** 319 N. Columbia St. - Roy Blaum, Jessica Porter Blaum, Billy Porter



Depiction of a meeting with Chief Tamanend and leaders of the Pennsylvania colony under a large Elm tree at Shakamaxon in the early 1680's. It was this meeting in which Tamanend reportedly established a peaceful and beneficial co-existence with the English settlers.

Tamanend (Tammany) soon became a national symbol because of Philadelphia's political significance during the founding of the United States of America.

Two identical resolutions were introduced to the U.S. Congress to establish "St. Tammany Day" on May 1 as a national day of recognition in 2003. The bills were referred for review to the Subcommittee on Civil Service Government Reform, but as of December 2006, the subcommittee has not taken any action on the bill.



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**ENJOY A STROLL
THROUGH
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"EVERYWHERE IS WITHIN WALKING DISTANCE IF YOU HAVE THE TIME."
- STEVEN WRIGHT

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