

Covington Business Resource Workshop

Initiated by Larry Rolling, the chairman of the City Council's Economic Development Committee , the stated purpose of the event is to improve business retention by providing resource information to help businesses survive and prosper. Larry Rolling is also owner of the local business, LA Logos & Promos. This event is free and open to the public, and no registration is required.

Save the Date

THE FIRST COVINGTON BUSINESS RESOURCE WORKSHOP

FREE AND OPEN TO THE PUBLIC

Tuesday, January 15, 2013

8:30 am - 12 noon

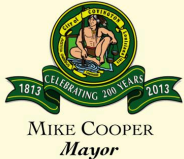
Bogue Falaya Hall

(In Greater Covington Center)

HOSTED BY: THE COVINGTON CITY COUNCIL
ECONOMIC DEVELOPMENT COMMITTEE
AND THE CITY OF COVINGTON

New Year, New Vision . . . New Business

Participants to include: Mayor Mike Cooper
Parish President Pat Brister • St. Tammany Economic
Development • SCORE • SBA • SLU Economic and
Business Development • Covington Business Association



Covington's newest Krewe, the St. John's Fools of Misrule, was created after noting the absence of a Twelfth Night festival in the Northshore area. Their first parade was in 2012, and they have since doubled their membership with about 150 costumed marchers. This is due in part to their inclusion of women in the march, known as "Jewels of Misrule". The march will be held January 12th, the Saturday after Twelfth Night, in the true tradition of Fools. The celebrations begin with a Feast of Fools at the Columbia Street Tap Room from 4 - 6 pm. At 6 they begin the march, heading over to the Trailhead from 6:30 - 7, and then stopping by the Boston Pub, Buster's Place and the Green Room from 7 - 8 pm. From there they make their way to Winos and Tacos from 8 - 8:30 and Columbia Street Rock N Blues for 8:30 - 9. These times are approximate, of course. Merrymaking will include cowbells, masks, costumes and flambeaux. All masked merrymakers are encouraged to participate as Covington ushers in the Carnival season.

CBA General Meeting

Wed., Jan. 9 At The English Tea Room



The Covington Business Association will hold the January general meeting at the English Tea Room. The CBA is in place to promote Covington businesses in the Covington Historic District. The meeting is open to the public, and all business owners are encouraged to attend.

Farmers Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmers Market

Winter Vegetable Soup

Ingredients:

- 1 small (1 to 1 1/2 pounds) butternut squash, peeled and cubed
- 2 Irish potatoes, cubed
- 3 medium parsnips, cubed
- 2 medium turnips or 1/2 rutabaga, cubed
- 4 leeks, chopped
- 3 carrots, cubed
- 1 small celery stalk, cubed
- 1 head of bok choy or swiss chard, shredded
- 1 small fennel bulb, trimmed, cored and cubed
- 5 1/4 cups of chicken or vegetable broth
- 2 cups water
- 2 tablespoons fresh lemon juice
- 2 garlic cloves, minced
- red-pepper flakes
- salt and freshly ground pepper
- fresh mint and dill
- extra-virgin olive oil

Cooking Instructions:

This simple yet hearty soup is sure to be an instant favorite!

In a large soup pot, saute leeks, celery fennel, carrots, garlic and red pepper flakes in about 2 tablespoons of oil over medium heat until leeks become translucent. Add the stock and water, and bring to a boil. Add squash, potatoes, parsnips, and turnips and return to a boil. Reduce heat and simmer about 15 minutes, or until vegetables are tender. Stir in the greens, the Swiss chard or bok choy, lemon juice, herbs and spices.



www.covingtonweekly.com

Sign Up For The E-Newsletter!

Covington Weekly would like to announce the weekly e-newsletter. Go paperless! All the content of the printed copy, plus more. Just visit www.covingtonweekly.com and sign up, it's that simple. We have changed some features of the printed newsletter. The live music and art gallery showings can be found in the online calendar at covingtonweekly.com. All live music and art events are listed and archived on a weekly basis. In its place on the printed newsletter, you'll find musicians and artists that show and perform here in Covington. Support Local!

The Lord of Misrule Twelfth Night Traditions



Twelfth Night festivities were very popular in mediaeval and Tudor England, where it would mark the end of the winter festival started on Halloween, or All Hallows Eve. The common theme of the celebrations was similar

to "opposite day", where the normal order of things are reversed. On this day, the king and his nobles would become peasants, and the peons would rule the town. At sundown on January 5th (sundown was the end of the day in those times), the King Cake was eaten. This cake would contain one uncooked bean, and the person who got the bean was labeled "The Lord of Misrule", and was declared ruler of the feast until the end of the festival, at midnight. The tradition dates back to festivals such as the Celtic celebrations of Samhain and the Ancient Roman Saturnalia. The Lord of Misrule symbolizes the world turning upside down.



Quote of the Week

"Courage is not the absence of fear, but rather the judgment that something else is more important than fear."

- Ambrose Redmoon

Friday

January 11



New Moon

Vegetables To Plant In January

Are you ready to get back out in the garden? Maybe ready to plant your first garden? There is a wealth of information to help gardeners, both skilled and new. You can find out what plants would grow best in your yard, learn what kind of soil they like, or how much fertilizer and water they need. Learning the specific characteristic of your plants is key to a successful garden, and when to plant them is a good place to start. Here is a list of vegetables to start in January. We have included fall planting times as well, for plants that apply.

Winter Garden Tips



Vegetable:	Planting Time for Louisiana		
	Spring:	Fall:	
Beets	----- 1/15 - 2/28	----- 8/15 - 10/1	
Broccoli (seeds)	----- 1/1 - 1/31	----- 7/15 - 9/1	
Cabbage	----- 10/1 - 1/30	----- 7/1 - 9/15	
Carrots	----- 1/15 - 2/15	----- 9/1 - 11/1	
Cauliflower	----- 1/15 - 2/15	----- 7/1 - 9/1	
Chard, Swiss	----- 1/15 - 5/1	----- 8/15 - 10/30	
Chinese Cabbage	----- 1/15 - 5/1	----- 7/15 - 10/1	
Eggplants (seeds)	----- 1/15 - 6/1	----- ---	
Kohlrabi	----- 1/1 - 3/30	----- ---	
Lettuce	----- 1/1 - 1/30	----- 8/15 - 9/30	
Mustard Greens	----- 8/1 - 3/15	----- 8/1 - 3/15	
Onions, Leeks (sets)	----- 12/15 - 1/30	----- ---	
Peas, English	----- 12/15 - 1/31	----- ---	
Peppers, hot (seeds)	----- 1/15 - 5/1	----- ---	
Peppers, bell (seeds)	----- 1/15 - 2/28	----- 6/5 - 7/5	
Potato, Irish	----- 1/20 - 2/28	----- 8/15 - 9/10	
Radishes	----- 1/15 - 3/31	----- 9/1 - 11/1	
Tomatoes (seeds)	----- 1/1 - 3/15	----- ---	

Find more at LSUAgCenter.com. Their website has a wealth of valuable information for gardeners of any level. Our local library also has resources to learn about home gardening. The vegetables with the side note "seeds" are when another time is recommended for transplants. Southernmost Louisiana can use the earliest dates given in this list.

The Other Flower Of January

Carnation



Another well known birth flower for the month of January is the Diantuhus, carophylus, the formal name for the carnation. Dianthus is derived from Greek, meaning "flower of heaven" or "flower of Jove".

D. carophylus has been cultivated extensively for the last 2,000 years. While its exact native range is unknown, it is the wild ancestor of the garden carnation. The colors expressed in the carnation offer rich symbolism, and it is best known for true love (red), luck (white) and motherly love (pink).



Garnet: January Birthstone



A Spessartine is a neosilicate, manganese aluminum garnet species named after the Spessart, a low mountain range in northwest Bavaria. This particular specimen is from Putian City, Putian Prefecture, Fujian Province, China.

National Hot Tea Month

January is National Hot Tea Month. The English Tea Room features one of the largest selections of loose teas in the area.





FREE Covington Weekly

Jan. 9 - 15, 2013

Covington Farmer's Market - Wednesday January 9, 10am - 2pm @ the Covington Trailhead Rain or shine, live "front porch jam", fresh local produce and prepared food. - 419 N. New Hampshire St.

Covington Business Association General Meeting - Wednesday January 9, 6 - 7 with a 5:30 reception @ The English Tea Room Join other local business owners to network and discuss downtown Covington events and promotions. Complementary food and drinks. - 734 E. Rutland St.

Covington Bicentennial Committee Meeting - Thursday January 10, 6 - 7 pm @ William Pitcher Jr. High Library The public is invited to participate in the event planning for our city's bicentennial year celebrations. Contact Pam Keller, pkeller@covla.com or 985-898-4715. - 415 South Jefferson Ave.

Covington Farmer's Market - Saturday January 12, 8 am - 12 pm @ the 600 block of Columbia St. Fresh local produce, raw and prepared foods, plants and vegetables, live music by David Spicuzza and Friends beginning at 9:30. - 600 block of Columbia St.

Board of Adjustments & Planning and Zoning Meetings - Monday January 14, 5:30 - 6:30 pm, 6:30 - 8 pm @ City Council Chambers Public meetings concerning the City of Covington. The Board of Adjustments Meeting is first, followed by Planning & Zoning. Contact person Dominique Elzy, pdez@covla.com. - 222 Kirkland St.

Covington Business Resource Workshop - Tuesday January 15, 8:30 - 12 pm @ Bogue Falaya Hall in the Greater Covington Center This is a free event to benefit Covington Businesses. Including several prominent organizations and officials, this is a great opportunity for new and existing business! - 317 N. Jefferson Ave.

Covington City Council Meeting - Tuesday January 15, 6 pm @ City Council Chambers Open to the public. Contact person Bonnie Champagne, council@covla.com or 985-898-4722. - 222 Kirkland St.

For music and gallery listings January 9-15, visit: www.CovingtonWeekly.com

fine teas from around the world...
gifts • parties
brunches, lunches
& high tea all day!

9 am - 6 pm
Monday - Saturday
 (985) 898-3988
www.englishtearoom.com

English TEA ROOM
 734 E. Rutland St.
 Covington, LA

Rosemary's Closet, LLC
VINTAGE Clothing for MEN AND WOMEN
Records • 45s • LPs

410 N. New Hampshire
 ON THE COVINGTON TRACE (Gibson St. Curve)
 Open Tuesdays & Thursdays
 10 AM to 4 PM
 And by Appointment at **985-264-5085**

Elizabeth Pfeffer Williams
 OWNER

Like US ON

New Years Knife Sharpening Special!

5 knives, \$20

OUCH! Watch it, that's sharp!

319 N. Columbia St.
 Covington, LA
 (985) 893-1060

Roy's Knife & Archery Shop
 hunting • fishing • traditional archery

Northshore Stork Signs

New Arrival
 Yard Signs!

Louise Lovich
 985-276-0620
 louise@northshorestorksigns.com
www.NorthshoreStorkSigns.com

NOLADYNAMIC.COM
 A LIMITED LIABILITY COMPANY
 A Boutique Interactive Technology Firm Specializing In:

Content Management System Hosting CMS Client Training
 Web Design Web Hosting & DNS Services
 Web Development Search Engine Optimization

HTML, FLASH, CSS, JAVASCRIPT, PHP & WORDPRESS THEME DESIGN & DEVELOPMENT

Contact Us: 504-669-2961

THAI KITCHEN
Authentic Thai Cuisine

LUNCH / DINNER/ To Go
1005 COLLINS BLVD.
PHONE: (985) 809-7886
FAX: (985) 809-7820

Printed with recycled content. PLEASE RECYCLE. Want to save paper?
 Download this and other issues for free at www.covingtonweekly.com

Covington Weekly Distribution Locations:

Coffee Rani, St. John's Coffeehouse, PJ's hwy 190, PJ's hwy 25, Jewel's Cigar and Briar Shop, New Orleans Food and Spirits, The English Tea Room, Matina Bella, Lola's Restaurant, Roy's Knife and Archery, St. Tammany Homestead, Gulf Coast Bank, Acquistapace's Covington Supermarket, Vazquez Restaurant, Columbia Street Natural Foods, Columbia Street Tap Room and Grill, Sunshine Gardens Health Food, Motif/Stephanie Story Interiors, Mo's Art Supply and Framing, Marsolan's Feed and Seed, Bayou Barber, Beck N Call Cafe, Mac's on Boston, Camellia House Bed and Breakfast, Blue Willow Bed and Breakfast, Cupcake Concept, Campbell's Coffee and Tea, St. Tammany Art Association, St. Tammany Parish Library - Covington Branch, Covington Visitor's Center, Thai Kitchen, Good Dog Naturally, Gilsbar, Inc., Mellow Mushroom Covington, Books-a-Million hwy 190, Garden Inn, Homewood Inn and Suites, Hampton Inn, Comfort Inn and Suites, Nonna's Italian Bakery, St. Tammany Humane Society, History Antiques and Interiors, Candy and Tobacco Discounts, O'Keefe Feed & Seed, Herbert Cleaners...

... and more added frequently!



Julie Odell is a New Orleans area singer/songwriter who enjoys baking and creating intimate, captivating music. Full of pop and whimsy, Julie's folk roots shine through on tracks mainly accompanied by her acoustic guitar playing. Listen at www.soundcloud.com/julieodell. Julie will be performing at the Green Room with the Chinese Drywall Band on Saturday, January 26.

Live Music At The English Tea Room
 Enjoy live music at the english tea room on tuesdays and wednesdays! Jessica Meltz plays harp on Wednesdays from 12:30 to 2:30, and Timothy A.G. plays guitar during brunch on Tuesdays, 10:30 to 12:30.



KEEP COVINGTON BEAUTIFUL

ENJOY A STROLL THROUGH COVINGTON

PLEASE REMEMBER TO PICK UP AFTER YOURSELF

HISTORIC DOWNTOWN COVINGTON
OX LOT PARKING FOR YOUR CONVENIENCE

www.media9productions.com

CBA
 covington business association

www.covingtonbusinessassociation.org

320 N. Columbia St.

staa
 st. tammany art association
www.sttammanyartassociation.org

KRISTI BRANCH
 ART & DESIGN

<http://kristibranch.com> • kristilbranch@yahoo.com • 985-233-9424
<http://www.facebook.com/KristiBranchArtAndDesign>

THE SHIZ

THE GREEN ROOM
 FRIDAY, 1/11
 8-11PM

FRIDAY 1/11/13

DISAPPEARING

THE SHIZ @ 8PM

YOSHIS GREEN ROOM

521 BOSTON ST COVINGTON 892-2225 GREENROOMCOVLA.COM

Advertising with Covington Weekly
 Scan this code with your phone

Call (985) 288-9609

or Email covweekly@media9productions.com

for advertising information