

FREE Covington Weekly

March 6 - 12, 2013

www.covingtonweekly.com



Support Local!
Covington Weekly
 is on

CBA Monthly Meeting

Wednesday March 6 At The Seiler Bar, 6 PM

Monthly general meeting of the Covington Business Association. Open to the public, it is a forum for business owners and those interested in the continued success of downtown Covington.

Second Saturday Art Stroll

An Evening of Art: March 9th, 6 - 9 pm

On the second Saturday of every month, coordinated art openings throughout Covington's Cultural Arts District provide an excellent backdrop for an evening walk around town.

St. Tammany Art Association

A Place For Art; The Art Of Place - Covington 200

STAA presents an exhibit commemorating the Bicentennial Celebration for the City of Covington. Eleven artists have been selected to participate based on quality of work and their interpretation of Covington. Each weekend during the exhibition, an event showcasing Covington's history and culture will take place. Opening night is dedicated to artists with a special bicentennial flavor. Anticipation is high, and the event includes special guests and fanfare. During the month of March, look for a Literary flash event, a Sunday afternoon historical story-telling (including unknown facts about the founder of the STAA), and topping it all off, an evening honoring our indigenous founders with a performance by Grayhawk Perkins and his band.

Three Rivers Gallery

Cloud Nine: A New Series by Harriet Blum



Cloud Nine is inspired by the artist's creative response to the ever changing and vast cloudscapes. This exciting new series from well-known local artist Harriet Blum explores a surprising and fresh perspective. The images draw in the viewer, allowing them to appreciate the visual feast provided by nature unhindered by landmarks. Enjoy a chance to see through the artist's eyes as she shows us there are opportunities everywhere for inspiration, and sometimes you just have to look up!

Other Businesses Open for Strolling

Other businesses to visit during the art stroll include Tripoli Gallery, Winos and Tacos, Columbia Street Rock N Blues, The Columbia Street Tap Room and Seiler Bar, The Green Room, Mac's On Boston, Covington Massage & Wellness and Brooks' Bike Shop.

The Northlake Performing Arts Society Presents
Our Journey
 A concert to raise awareness of the National Alliance on Mental Illness

Saturday, March 9, 2013, 7:30 P.M.
 Sunday, March 10, 2013, 3:00 P.M.

At the Greater Covington Center/Fuhrmann Auditorium
 317 N. Jefferson Avenue, Covington, LA

Tickets - \$15.00

Purchase tickets at Lowe's Jewelers, Braswell Drugs, Dianne's Tea House, and Hebert's Cleaners, or by calling (985)792-1392. Tickets may also be purchased at the door.

NPAS
 Louisiana State of the Arts
 For more information contact tickets@npas.info
 st. tammany parish
 commission on cultural affairs

Artwork by Kyle Nugent
 Edited by Emma Hurst

"Our Journey" To Benefit NAMI St. Tammany

"Our Journey" is an embodiment concert that includes the personal testimonies of those suffering from mental illness, as well as the experiences of their friends and families. The music's subject matter covers struggle, failure, faith, survival and friendship, and it incorporates Stephen Paulus' work, "The Road Home". The Northlake Performing Arts Society presents this special concert to raise awareness for the National Alliance on Mental Illness (NAMI) on March 9th and 10th at the Fuhrmann Auditorium. Artwork by members of NAMI will be displayed throughout the lobby. During the evening, a member of NAMI will share experiences of recovery from mental illness. To find out more about NAMI St. Tammany and this benefit event, please check: www.namistammany.org

March is National Professional Social Work Month!

Quote of the Week

"A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort."
 - Herm Albright

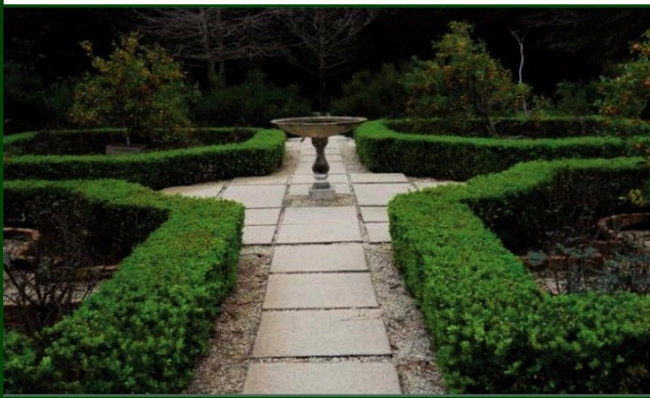
Monday

March 11



New Moon

Garden Tour and Historic Oak Trees A Keep Covington Beautiful Bicentennial Event



In honor of the City of Covington's Bicentennial, Keep Covington Beautiful will host a Garden Tour on March 23, 2013, from 9:00 a.m. to 1:00 p.m. Tickets are \$15 per person and may be purchased on the day of the event at the tour's starting point, the Covington Trailhead (located 419 North New Hampshire Street in downtown Covington). Participants are invited to use the City tram, which will make continuous stops at each of the featured gardens on the tour so that everyone can travel at their own pace. Attendees may also proceed in their own vehicles if they choose. Tour maps will be provided. The tour will guide participants through Covington's historic streets, lined with iconic Live Oak trees, to seven beautiful gardens of various styles: the very formal, the contemporary, the cottage style, the informal, and more natural. This diversity showcases the many options that South Louisiana's mild climate and rich plant palette afford Louisiana gardeners. Enjoy the privilege of visiting these grounds, and take home ideas for your own garden. KCB is seeking experienced volunteers for each garden on the tour. If you are interested in volunteering, please contact KCB Director Priscilla Floca at 985-867-3652 or kcb@covla.com. Keep Covington Beautiful is a 501 c 3 non-profit organization dedicated to the beautification of the City of Covington. KCB's projects focus on aesthetic value, including bi-annual planting of the downtown street-side planters, environmental education, litter prevention and recycling activities. To become a member or to volunteer, contact KCB at 985-867-3652 or email kcb@covla.com. Forms and additional information are available on the KCB website, www.keeptovingtonbeautiful.org. Follow Keep Covington Beautiful on Facebook for regular updates on events.

Remember to Keep Covington Beautiful!

Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market

Beet These Potato Pancakes

Ingredients:

- 1 large beetroot, cut into wedges
- about a cup of shredded Swiss Chard
- 1 tablespoon of toasted pine nuts
- 2-3 tablespoons of local honey
- 3 tablespoons of red wine vinegar
- pinch of lemon thyme
- pinch of nutmeg
- 1 tablespoon of butter
- creme fraiche (soured cream)
- 1 1/2 lbs of russet potatoes
- 8 tablespoons of self-rising flour
- 1 tablespoon of baking powder
- 1 1/2 cups of milk
- 4 large yard eggs
- 2 tablespoons of butter (for frying)



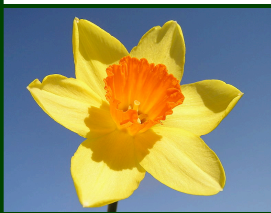
Cooking Instructions:

Cook the potatoes in their skins in a pot of lightly salted boiling water until tender. Drain and let cool. When workable, peel and pass through a mandoline or large cheese grater. Place in a bowl and add the flour and baking powder, with a little salt and pepper. Stir in the milk slowly, mixing well. Wisk in the eggs to make a batter. Heat some butter in a large frying pan over medium-high heat. Take two heaping spoonfuls of batter and add to the pan. Fry one pancake at a time for large, thin pancakes. Cook for about one minute, or until the mixture begins to bubble, and flip. Set aside on a covered plate to stay warm as you cook off the remainder of the batter. Use a little bit of butter on the frying pan between each pancake. Cook the beets in a little butter on medium high heat for about five minutes, flip and cook the other side, continue until soft. Drizzle the honey over the beets and stir to coat, then add the herbs, vinegar and nutmeg. Cook for a couple more minutes before adding in the Swiss chard and crushed pine nuts. Toss until greens are wilted. On each pancake, place a spoonful of the filling and a dollop of the cream. Fold over and serve with a small cup of cream and fresh fruit.

The Month Of March

"In Like A Lion, Out Like A Lamb"

The beginning of the meteorological spring is March 1st in the Northern Hemisphere, and the Spring Equinox is on March 20th, called such because the sun shines directly on the equator, dividing night and day equally. The name "March" is from ancient Rome, from Mars/Ares, the god of war. Astronomically speaking, the constellation Leo (the Lion) is on the horizon at the beginning of March, and by the end of March, Ares (the Ram/lamb) is seen on the horizon. "In like a lion and out like a lamb" undoubtedly also refers to the wide fluctuation of weather in this month.



The Daffodil, or Narcissus

The daffodil is the flower of March. Also known as the Narcissus, the plant is hardy, mostly spring-flowering and found in the Amaryllis family. The flower is frequently linked to the Greek myth of Narcissus, who became so

obsessed with his own image in a pool of water that he fell in and drowned. The flower grew near the spot that he died. This derivation is questionable, and it is possible that the person's name may have actually come from the flower. The birthstones for March are the Aquamarine and the Bloodstone (heliotrope). Aquamarine is a blue/turquoise variety of the mineral beryl. Its name is from the Latin aqua marina, or "water of the sea". The mineral heliotrope, a form of chalcedony, is generally green with red inclusions of iron oxide or red jasper, hence the name "bloodstone". The name heliotrope is derived from various ancient notions about the way which the mineral reflects light. Occasionally, the inclusions in chalcedony are yellow, in which case the mineral is called "plasma". Both minerals symbolize courage.



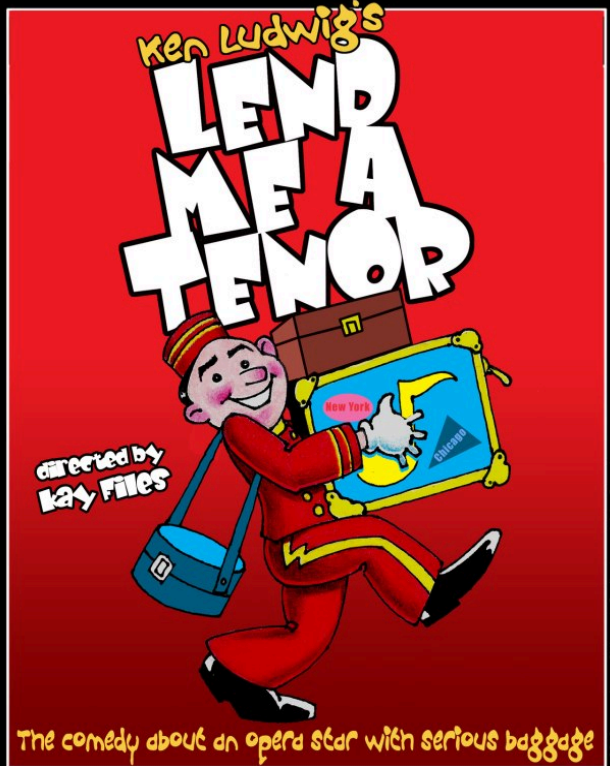
The Aquamarine and Bloodstone are two Birthstones of March

Playmakers Theatre Presents: Ken Ludwig's "Lend Me A Tenor"

Ken Ludwig's "Lend Me a Tenor" is a fast-paced farce of mixed identities leading to general chaos. A story of young love, and a very drunk tenor who's wife is a very jealous woman. This play was first produced for both Broadway and the West End, and it received nine Tony Awards. It has been translated into sixteen different languages and produced in twenty-five countries. This production will be directed by Playmakers' own Kay Files. The show runs March 8th - 24th, Fridays and Saturdays at 8 pm and Sunday matinees at 2 pm (except for March 10th). "Lend Me a Tenor" will not perform Friday March 22, as Playmakers will host a very special event to celebrate the life of the late Russell Krosggard. Check the Playmakers website for more information. www.playmakersinc.com

Playmakers Theatre Celebrates 57 Years!

PLAYMAKERS THEATER PRESENTS



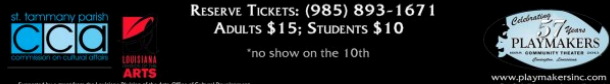
March 8-24, 2013

FRIDAY & SATURDAY AT 8PM • SUNDAY MATINEES AT 2PM

RESERVE TICKETS: (985) 893-1671

ADULTS \$15; STUDENTS \$10

*no show on the 10th



Poster layout by Philomusia Studios, Artwork by John Garambat

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FREE Covington Weekly

Covington, LA March 6 - 12, 2013

Covington Farmer's Market - Wednesday March 6, 10am - 2pm @ the Covington Trailhead Rain or shine, live "front porch jam", fresh local produce and prepared food. - 419 N. New Hampshire St.

Covington Business Association General Monthly Meeting - Wednesday March 6, 6 pm with 5:30 reception @ Seiler Bar Join other local business owners to network and discuss Covington events and promotions. On the agenda: "A Taste Of Covington 2013" - 424 N. Columbia St.

Wine Wednesdays @ Winos & Tacos Kitchen opens for dinner at 5. Scott from International Wine and Spirits will pour free samplings from 6 - 8 pm. Enjoy the sounds of Greg Adams on the keyboard. - 321 N. Columbia Street
"Lend Me A Tenor" Presented by Playmakers Community Theater - Opens March 8th, 8 pm @ Playmakers Inc. Ken Ludwig's "Lend Me A Tenor", a fast-paced farce of mixed identities is a story of young love and jealousy. Runs March 8 - 24, Fridays and Saturdays at 8 pm and Sunday matinees at 2 pm (except for March 10 & 22). - 19106 Playmakers Rd.

Covington Farmer's Market - Saturday March 9, 8 am - 12 pm @ the 600 block of Columbia St. Fresh local produce, raw and prepared foods, plants and vegetables. Live music by The Lucky Dogs beginning at 9:30, and food demo by Erick Loos, executive chef of La Provence in Lacombe. Loos will be sampling his Wild Elk Pinwheel Ravioli with Covey Rise Tomato Five Minute Sauce. - 600 block of Columbia St.

Covington Brewhouse Brewery Tours - Saturday March 9, 10 am - 2 pm @ Covington Brewhouse Free tours. covingtonbrewhouse.com for info.

Bicentennial Exhibit Opens - Saturday March 9, 6 - 9 pm @ STAA An art exhibit commemorating the Bicentennial Celebration of the founding the city of Covington. Show runs through April 9th. - 320 N. Columbia St.

Cloud Nine: A New Series by Harriet Blum - Saturday March 9th, 6 - 9 pm @ Three Rivers Gallery This exciting new series from well known local artist Harriet Blum explores a surprising and unexpected perspective of natural beauty in the ever-changing cloudscapes. - 333 E. Boston St.

"Our Journey" - Saturday March 9, 7:30 pm and Sunday March 10, 3 pm @ Greater Covington Center, Fuhrmann Auditorium A concert presented by the Northlake Performing Arts Center to raise awareness of the National Alliance on Mental Illness. Music, artworks and performances by persons suffering from mental illness to share their story of personal struggle and recovery. Please see flyer on front for additional info. - 317 N. Jefferson Ave.

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Covington Business Association
 Next Meeting
Mar. 6th 6:00 pm
 at: **Seiler Bar**
CBA
www.covingtonbusinessassociation.org

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