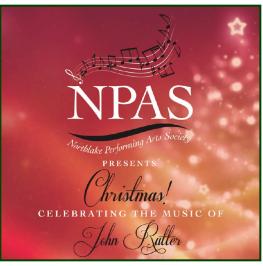
# FREE **ovington Weekly** Dec. 18, 2013 - Jan. 1, 2014

# Merry Christmas And A Happy New Year!

Covington Weekly would like to wish all of Covington a Merry Christmas and a Happy New Year! We are celebrating this year with a special holiday two-week issue! We will resume our weekly schedule on January 2nd, 2014. Remember to shop local by visiting our fantastic locally-owned business advertisers!

#### **Celebrating The Art Of The Christmas Carol** NPAS Christmas With The Music Of John Rutter



The holiday concert this year features carols arranged by John Rutter. Born in London, Rutter was educated at Highgate School in England. Rutter received his training at Clare College, Cambridge. In 1981, Rutter founded his own choir, the Cambridge Singers, which he conducts and with which he has made many recordings of sacred choral repertoire (including his own works), particularly under his own label. Collegium Records. He resides at Duxford in Cambridgeshire and frequently conducts many choirs and orchestras around the world. Our concert will include Rutter's inspiring arrangements of your favorite carols, including "Joy to the World", "Deck the Hall", and "Silent Night", in addition to Christmas carols you may be less familiar with such as "Dormi Jesu", "Love Came Down at Christmas", and the "Candlelight Carol".

The show will take place at the Greater Covington Center in the Fuhrmann Auditorium, 317 N. Jefferson Street, Covington on December 20, 2013 at 7:30 pm.



Join the Covington Business Association, City of Covington and the businesses throughout Historic Downtown Covington for Christmas in the Country, happening now through December 24! Shops are beautifully decorated and glowing with the warmth of the holidays, and you'll find special shopping events, strolling musicians, carolers, refreshments and door prizes.

**Covington Rotary Club's Feeding The Needy 2013** 

It is that time of year again when the Covington Rotary Club turns to the generous and faithful supporters of the Feeding the Needy program to ask for your time and assistance. Each year the club need on Christmas.



# www.covingtonweekly.com

#### Shop Local This Holiday Season

History Antiques & Interiors Is Offering Special Items For The Holidays History Antiques & Interiors is now carrying a lovely new line of candles by Blue Ridge Parkway! Carolina Mountains and Coastal scents make great holiday gifts and add a fragrant touch to your home! Stop by today, located at 317 N. Columbia Street.

#### Therapeutic Touch Massage - Give The Gift Of Wellness This Holiday Season



therapeutic Touch Massage out a contract of the first of Therapeutic Touch Massage Studio is offering a special holiday This is available in a gift card and can be ordered online at her website, www.therapeutictouchmassagestudio.com. Located

MASSAGE STUDIO, LLC in Covington Massage & Wellness Centre, 503 N Columbia St. Vintage Christmas Albums At Rosemary's Closet

Rosemary's Closet is featuring holiday classics on LP's & 45's such as Nat King Cole's "The Christmas Songs," "A Cabbage Patch Christmas" or "Christmas With Patti Page". Rosemary's Closet has a fantastic selection of vintage clothing & accessories for women & men. Stop by and check off a few things from your list!

Holiday Gift Baskets From Holistic Life Approach



Karen Boudreaux, owner of Holistic Life Approach, is offering a Holiday Gift Basket featuring a massage gift certificate and a Mother Earth Shoulder Triggerpoint Pillow. Call or stop by 107 N. Theard Street, (right across from Aquistapace's). 985-276-8119

#### **Give The Gift Of Health This Holiday Season Our Place Studio Offers Holiday Packages**

Our Place Studio, located in downtown Covington, is offering some special holiday packages this year! For Her, wrap up this package of a 30 minute private pilates session, 30 minute massage and a Torf Healing Mud Organic Body Wrap, all for \$160 (originally \$185). For Him, try a 30 minute private pilates session. 30 minute massage and an Organic Foot Scrub & Reflexology Treatment, originally \$115, for \$100! Or give the gift

**Quote of the Week** 

"I will honor Christmas in my heart, and try

to keep it all the year." - Charles Dickens

that keeps on giving with the Massage Gift Pack - three 60-minute massage sessions for \$150 (regular \$195). If that still doesn't tickle your fancy, Our Place is also offering A La Carte Healthy Holiday Gifts, such as a One Month Intro Membership With Unlimited Small Group Training for \$65 (regular \$75), a 90-Minute Nutritional Consultation With Personalized Plan for \$125 (regular \$150) or a Torf Healing Mud Organic Body Wrap (90-minute treatment) for \$95 (regular \$115). Find out more about these great holiday specials by calling Our Place Studio at 985-875-1182 or stopping by at 338 N. Vermont Street. Learn more about Our Place by visiting www.opcovington.com



Happy Holidays!



Member Artists have been busy at work creating delightful holiday ornaments to adorn your tree or give as a gift. These one of a kind decorations will make wonderful keepsakes. All ornaments are handmade, original work by member artists. Ornaments are on sale now! Support our local artists and shop at STAA www.sttammanyartassociation.org this holiday season.

## Golden Light Candles: Handmade Beeswax Candles By Mignon

Golden Light Candles are meticulously crafted with the best locally sourced beeswax available on the Northshore. I choose cotton wicking, dipping it by hand,





#### Roy's Knife & Archery: A Grind, But Never Dull



Roy's is open 6 days a week, plus Sundays through Christmas Knife sharpening, hunting and fishing supplies, outdoor and camping gear, plus Roy's original hand carved figures!

### The English Tea Room's Breakfast With Santa

Enjoy a delicious breakfast with Santa, craft time for the children, and a wonderful holiday time to share with your loved ones. Monday, December 23rd at 9:30 am. Ph: 985-898-3988.

#### Tea Lovers Gift Baskets At The English Tea Room



The perfect gift for the tea lover in your life! The English Tea Room has put together several beautiful gift baskets with various tea accessories such as mini tea sample jars for teas of your choosing. Stop by today to view more of their Christmas retail items! 734 E. Rutland Street

www.enalishtearoom.com

# Scrubby Puppy Offers Full Service Grooming



The Scrubby Puppy offers full beloved pet

grooming services for both dogs and cats that are a unique experience for you and your

The goal at Scrubby Puppy is to make your pet's experience as stress free as possible. Pets are not mass crated, and no crate dryers are used. Animals are not kept waiting for long periods of time in a stressful environment. The result is a fantastic, detailed, professional grooming and a happy pet! Call now to book for the holidays! Holiday grooms include a festive bandana for your pet!

The Scrubby Puppy is located inside Good Dog Naturally at 1027 Village Walk (just off Lee Lane) in Historic Downtown Covington.



call for your appointment 985-871-5222

#### **Farmer's Market Recipes** Fresh recipes inspired by ingredients found at the **Covington Farmer's Market**

**Roasted Radish** 

#### **Ingredients:**

- 1 bundle of radishes, halved 1 large carrot, cubed
- 2 yellow potato, cubed radish greens, shredded 1 tablespoon of extra virgin olive oil
  - fresh thyme
  - a few sprigs of fresh rosemary fresh cracked black peppercorr
  - kosher salt fresh lemon juice

**Cooking Instructions:** 



Roasting radishes really brings out the sweetness of this vegetable. In an oven-proof skillet, saute the vegetables, herbs (save some rosemary for garnish), salt and pepper in oil at a high heat for a few minutes, until they begin to brown a little. Transfer this to the oven, preheated to 500 degrees. Bake for about 15 minutes, until they are crispy on the outside and tender on the inside.

Now return the skillet back to the burners. Add a little butter to soften them back up, and stir in the radish greens over a low heat. Squeeze the juice from one lemon over the roasted veggies and serve immediately, with a sprig of rosemary as a garnish. This can be served over rice, as a meal or as a side.

I'he Club graciously asks for your help preparing the packages and delivering them. Once again St. Paul School has donated the use of their cafeteria where volunteers will work on December 23rd and 24th starting at 9 a.m. On Christmas morning volunteers should arrive at the cafeteria no later than  $7{:}45$  a.m. to deliver packages to the needy families. If you would like to register to work at the call center please sign in at www.covrotary.org. It is not necessary to register to work at the cafeteria. For more information contact John Baldwin at jbaldwin@baldwinmotors.com

#### Caroline Darby Memorial Toys For Tots Fund 2013

The Annual Caroline Darby Memorial Toys For Tots Fund for 2013 is underway with the Covington Police Officer's Recreation Association. They are asking for the community to assist with the donation of new toys or monetary donations. Help them in helping the underprivileged children in our area have a Merry Christmas. Any donation is greatly appreciated. The Covington Police Officer's Recreation Association wishes you and your family a very Merry Christmas.





a few inches at a time, into a vat of heated beeswax. After cooling, they are threaded through wick retainers, measured and cut, dipped to grip the mold.



Each candle requires as many as seven stages! It is beautiful to watch the amber liquid slowly wax into a creamy rich tan or brown, or in the case of the olive oil mixed "butter" candles, light cream. Only food grade ingredients are used, often organic, and the herbs, spices, citrus rinds for the flavoured varieties, are simmered slowly, the wax kept as low a temperature as possible to keep the native raw honey properties, with minimal pre-filtering . . . Like the honeycomb itself, Golden Lights are of "edible quality", but RESIST!

Beeswax should always be attended while it performs - cleaning the air and restoring negative ion charges. There is a definite aura, a golden halo, unlike any  $% \left( {{{\mathbf{x}}_{i}}} \right)$ other. The 100% beeswax is dense and will burn 2-5 times longer than other candles if the wicks are kept at 1/4 to 1/2 inch trims. The first burn should remain for two hours. Gently tip the wick into the wax pool to extinguish it. One teaspoon takes a bee's entire life to make. The maids of the Sun produce fullspectrum light with a unique aroma.

Available for the Season, at Sunshine Gardens Health Foods and a limited quantity at Springs of Life. Seasonal flavours include Grande Marnier (Satsuma/lemon rind and cardamom); Cinnamon; Christmas Spice; Rosemary/Orange-Sage, and my favourite, Myrrh. Advance Orders accepted.

Mignon (985) 809-4002 or metalewagger@yahoo.com



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st tammanyartassociation.org



Covington Business Association Next General Meeting is January 8 6:00 pm at: ENGLISH TEA ROOM

734 E. RUTLAND STREET www.covingtonbusinessassociation.org

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For the full music calendar, visit: www.covingtonweekly.com

# **Covington Weekly Distribution Locations:**

Acquistapace's Covington Supermarket, Bayou Barber, Beck-N-Call Cafe, Behrens & Associates Real Estate / Elizabeth Pale Piner CPA, Blue Willow Bed & Breakfast, Braswell Drugs, Brooks' Bike Shop, Camellia House Bed & Breakfast, Campbell's Coffee & Tea, Candy & Tobacco Discounts, Chimes Covington, China City, Coffee Rani, Columbia Street Natural Foods Market, Columbia Street Rock-N-Blues Cafe, Columbia Street Tap Room, Country Inn & Suites, Covington Massage & Wellness Centre, Covington Trailhead Museum & Visitors Center, Downtown Deli, The English Tea Room, Garden Inn, Gilsbar Inc., Good Dog Naturally, Gulf Coast Bank & Trust, Hampton Inn, Hebert's Cleaners, History Antiques & Interiors, Holistic Life Approach, Homewood Inn & Suites, Jewel's Cigar & Briar, La Quinta Inn Hwy, 21, Lola's Restaurant, Mac's on Boston, Marsolan's Feed & Seed, Matina Bella, Mellow Mushroom Covington, Mo's Art Supply, Motif / Stephanie Story Interiors, New Orleans Food & Spirits, Nonna Randazzo's Italian Bakery, O'Keefe Feed & Seed, Opalescense Day Spa, Our Place Studio, PJ's Hwy 190, PJ's Hwy 21, PJ's Hwy 25, PJ's in St. Tammany Parish Hospital, Roy's Knife & Archery Shop, St. John's Coffeehouse, St. Tammany Art Association, St. Tammany Homestead, St. Tammany Humane Society, St. Tammany Parish Library, Studio 311 Salon, Sunshine Garden Health Food Store, Schwing's Restaurant, Toad Hollow, Winos and Tacos, Vazquez Restaurant, Yoga School Content. Please recycle. Download this and other issues at www.covingtonweekly.com Be Kind o One Another and sign up for our weekly e-newsletter!



