



Covington Heritage Foundation Kickoff Event

Covington Heritage Foundation
Preserving our Legacy...

JOIN NOW
Membership Kickoff Celebration!

"Behind Closed Doors"
Thursday, December 5 • 6pm

featuring
Parish Archivist Robin Leckbee Perkins' presentation
"Settlers, Scalawags and Survivors: Movers and Shakers in Early Covington"

Center of Performing Arts
201 N. Columbia St. corner Rutland
Reception at 6pm, lecture at 7pm

Hors d'oeuvres, wine, and music of the era by Steppin' Up

Special Founding Membership rate, one time only
\$20 for family or individual

The New Covington Heritage Foundation will host an Inaugural Membership Drive and Kickoff Celebration open to the public on Thursday, December 5th, 6:00 p.m., at the Center of Performing Arts, 201 N. Columbia Street. For a Special Inaugural Founding Membership Rate of \$20.00 (per family or individual), new members will enjoy complimentary hors d'oeuvres, wine, and live jazzy music of the era by Steppin' Up. The event will feature the presentation "Settlers, Scalawags and Survivors: Movers and Shakers in Early Covington" by Robin Leckbee Perkins, Parish Archivist, at 7:00 p.m.



Shop Local... Make downtown Covington your one stop shop this holiday season!

Join the Covington Business Association, City of Covington and businesses throughout Historic Downtown Covington for Christmas in the Country, starting the day after Thanksgiving and continuing all the way through Christmas Eve! Look for special shopping events, strolling musicians, carolers, refreshments and door prizes. Shops are beautifully decorated and glowing with the warmth of the holidays.

For more information, visit www.covla.com.

Go Holiday Shopping At The Covington Art Market!

Holiday
COVINGTON
art
MARKET
presented by **st.tammanyartassociation**

Presented by the St. Tammany Art Association in partnership with the City of Covington, the December Covington Art Market takes place this Saturday at the Covington Trailhead in downtown Covington. The Art Association is expecting a full house for this market, with over thirty participating artists. The market has been extended an extra hour for December, now from 9 am to 2 pm. Local and regional artists with new work will be on hand, including original, local fine-art paintings, photography, hand-made purses, jewelry, ceramics, wood-working, novelties, metal work, plus live music, great food, art demos and so much more!

Saturday, December 7, 2013
9:00 am - 2:00 pm • Covington Trailhead
419 N. New Hampshire Street **FOOD • ART DEMOS • LIVE MUSIC**



Give The Gift Of Health This Holiday Season

Our Place Studio Offers Holiday Packages

Our Place Studio, located in downtown Covington, is offering some special holiday packages this year! **For Her**, wrap up this package of a 30 minute private pilates session, 30 minute massage and a Torf Healing Mud Organic Body Wrap, all for \$160 (originally \$185). **For Him**, try a 30 minute private pilates session, 30 minute massage and an Organic Foot Scrub & Reflexology Treatment, originally \$115, for \$100! Or give the gift that keeps on giving with the **Massage Gift Pack** - three 60-minute massage sessions for \$150 (regular \$195). If that still doesn't tickle your fancy, Our Place is also offering **A La Carte Healthy Holiday Gifts**, such as a One Month Intro Membership With Unlimited Small Group Training for \$65 (regular \$75), a 90-Minute Nutritional Consultation With Personalized Plan for \$125 (regular \$150) or a Torf Healing Mud Organic Body Wrap (90-minute treatment) for \$95 (regular \$115). Find out more about these great holiday specials by calling Our Place Studio at **985-875-1182** or stopping by at **338 N. Vermont Street**. Learn more about Our Place by visiting www.opcovington.com



Christmas Tea Parties At The English Tea Room

The English Tea Room invites you and your family to celebrate Christmas with them - English style! Featuring the 10th Annual Teddy Bear High Tea and the 3rd Annual Nutcracker High Tea. The Nutcracker Tea includes Christmas High Tea with ballerinas and a visit from Santa, and the Teddy Bear Tea includes the Christmas High Tea with craft time and a visit from Santa! Reservations are \$30/person, and children under 2 are free. Available dates and times for the Nutcracker High Teas are Sunday, Dec. 8th at 11 am & 2 pm; Sunday, Dec. 22nd at 11 am & 2 pm. Availability for the Teddy Bear Tea is Sunday, Dec. 15th at 11 am & 2 pm. Prepaid reservations are required. To reserve your table for either event, call (985) 898-3988.

Nutcracker & Teddy Bear Teas
Christmas High Tea Events
(985) 898-3988
info@englishtearoom.com

Christmas High Tea Is Available All December!



Holiday Open House At History Antiques & Interiors

History Antiques and Interiors invites you to an Open House every Friday and Saturday in December. Enjoy light refreshments in a holiday atmosphere while browsing unique handcrafted items and the many historical treasures including furniture, art and more.

317 N. Columbia St.
985-892-0010
HistoryAntiquesAndInteriors.com



47th Annual "A Joyful Noise Unto The Lord" Christmas Performance By Dancescape Studio



Dancescape Studio is proud to present the 47th annual performance of "A Joyful Noise Unto The Lord." Directed by Jessica and Rebecca Boudreau, "A Joyful Noise Unto The Lord" continues the choreography of the late Rosemary Fuhrmann Hanian. Mrs. Hanian was a woman who touched many people's lives, both in and around our community. Decades of Dance Players and students of the former Creative Dance Center and now, Dancescape Studio, have participated in this show. A group of over fifty children, teenagers and adults will perform to celebrate the Christmas season through carol dances such as "Greensleaves" with soloist Madison Metevier and "Scarlet Ribbons" performed by Avery Jenkins. The second half recreates the nativity through dance set to the music of Bach. This year, Kristen Johnson will be dancing the part of the Virgin Mary, and Hailey Aertker will dance the part of Angel Gabriel. There will be one performance only. The show will be held on Saturday, December 7, 2013 at 7:00 pm in the Fuhrmann Auditorium at the Greater Covington Center. Admission is \$5.00 at the door. Dancescape will once again be accepting donations to benefit a worthy cause. This year, a portion of the proceeds from this performance will benefit children with Down Syndrome. To find out more information, please visit www.dancescapestudios.com or call 985-892-1859.

Handmade Beeswax Candles: A Gift Of Light

Why Beeswax? Beeswax is infused with the pure flower essence of thousands of flowers. It emits full spectrum light as it burns, giving you the power of the sun at your finger tips. Unfiltered beeswax candles actively clean and purify the air, restore negative ion charges and are enriched with the goodness of bee propolis and honey. The light is golden, intense, and if the wicks are trimmed during use the wax burns longer than any other candlewax. Think of it as enclosed sunlight waiting to sparkle your night and warm your studio or living space with Flower Essence gathered under the sun by servants of the Queens of the Sun.

Sunshine Garden Health Food Store
124 N. Jefferson Avenue



Quote of the Week

"Worry pretends to be necessary but serves no useful purpose." - Eckhart Tolle

Monday
December 9
First Quarter

CPD Delivers Meals To Those In Need On Thanksgiving

Welcome to your new Covington Police Department. When Chief Tim Lentz was sworn in as Chief of Police this past October, he promised to be responsive to the community concerns. On Thanksgiving day, the Covington Police Department took a big step in addressing some of those concerns when officers fanned out through the city of Covington delivering meals to those in need on the holiday.



Lt. Joey Mayberry delivers a meal to a Covington resident.

The Covington Police Department partnered with the YMCA and Rev. Mallery Callahan with the Greater Starlight Baptist Church to distribute the meals. Before noon, officers had delivered over 300 meals to citizens of Covington. Chief Lentz said "I have never been more proud to be the Chief of Police in Covington. We had officers that were working and we had officers that came in on their off time to work on this special project. This is the image of the Police Department that we want our community to see. This is an exciting time here in Covington, but we have only started. Look for us at Christmas and New Year's Day as we continue working hand in hand with our community partners." Chief Lentz would also like to give a special thanks to Officer David Woodruff, who on his own time helped organize this wonderful event. He is a model of what a Covington Policeman should be.



Officers Michael Falgout, William Craig and David Woodruff prepare meals for delivery on Thanksgiving morning.



Tim Lentz, M.C.J. Chief of Police

Caroline Darby Memorial Toys For Tots Fund 2013

The Annual Caroline Darby Memorial Toys For Tots Fund for 2013 is underway with the Covington Police Officer's Recreation Association. We are asking for the community to assist us with the donation of new toys or monetary donations. Please help us in helping the underprivileged children in our area have a Merry Christmas. Any donation that you can assist us with is greatly appreciated. Wishing you and your family a Merry Christmas. Please make checks payable to "CPORA Toys For Tots" and mail donations to: Covington Police Department, P.O. Box 1059, Covington, LA 70434. Phone: 985-898-2641



Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market

Minestrone Soup

- Ingredients:**
- 1 cup of mixed dried beans
 - 1 medium yellow or sweet onion, chopped
 - 2 cups chopped carrots
 - 2 celery stalks, chopped
 - 1 cup raw green beans, cleaned
 - 1 clove of garlic, minced
 - 2 cups chopped tomatoes
 - 2 cups of vegetable stock
 - olive oil
 - 1 cup of ditalini pasta or shell pasta
 - 1 cup chopped zucchini
 - 1 cup chopped fresh Swiss chard
 - 2 tablespoons of tomato paste
 - fresh basil, oregano, and thyme, chopped

Cooking Instructions:
Saute the onions and carrots with oil in a large soup pot over medium heat for about five minutes. Add the garlic and continue to simmer for another minute. Season with a little salt and pepper.

Add the stock and beans, and bring to a boil. Reduce heat to a simmer, and add the celery. Cook on low heat for about two hours.

Add the green beans, tomatoes, zucchini, fresh chard and herbs. Cook for about another 30 minutes.



Add some Cayenne for a kick!

Add pasta and tomato paste. Increase the heat slightly but do not boil - the pasta will take a little longer to cook, about thirty minutes. You may want to add a little water at this point. Serve when the pasta is cooked with a little fresh grated parmesan, a fresh sprig of basil for garnish, and your favorite type of bread.

This Week At The Covington Farmers Market

Music by Reed Alleman will begin at 9 am. The Cooking Demo will feature market vendors Chompers BBQ, who will serve samples of pulled pork with their amazing sauces and rubs. The Saturday Farmer's Market is located at the 600 Block of Columbia Street.



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Covington Weekly

Covington, LA December 4 - 10, 2013

Christmas In The Country - Now Thru December 24 @ Historic Downtown Covington
Holiday shoppers can discover everything from couture fashions to original fine art, home furnishings, and antique treasures in dozens of boutiques and galleries. Live entertainment Saturdays on Lee Lane - **Historic Downtown Covington - www.covla.com**

Covington Farmer's Market - Wednesdays, 10 am - 2 pm @ the Covington Trailhead
Stop by for lunch! Rain or shine, live "front porch jam", fresh local produce and delicious prepared foods. - **419 N. New Hampshire St.**

Covington Heritage Foundation Membership Kickoff Celebration - Thursday, December 5, 6 pm @ the Center Of Performing Arts One time only Special Founding Membership rate of \$20 for family or individual. Featuring Parish Archivist Robin Leckbee Perkins' presentation "Settlers, Scalawags and Survivors: Movers and Shakers in Early Covington". Enjoy hors d'oeuvres, wine and music of the era by Steppin' Up. - **201 N. Columbia St. corner Rutland**

Holiday Open House - Fridays & Saturdays in December @ History Antiques & Interiors Enjoy light refreshments in a holiday atmosphere while browsing handcrafted items and historical treasures. - **317 N. Columbia St.**

Covington Farmer's Market - Saturdays, 8 am - 12 pm @ the 600 block of Columbia St.
See the front for this week at the market. - **600 block of Columbia St.**

Covington Art Market - Saturday, 9 am - 2 pm @ the Covington Trailhead Featuring local and regional art, live music by The Saint Paul's Band at 9 am, Timothy Gates at 10 am, a capella Christmas songs, plus art demos and food provided by Beck n Call Cafe. - **419 North New Hampshire St.**

Covington Brewhouse Brewery Tours - Every Saturday, 10 am - 2 pm @ Covington Brewhouse Free tours of the brewhouse - covingtonbrewhouse.com for info.

"A Joyful Noise Unto The Lord" - Saturday, December 7, 7 pm @ The Fuhrmann Auditorium The 47th annual performance presented by Dancescape Studio is a one time only show directed by Jessica and Rebecca Boudreau. \$5.00 at the door. - **317 Jefferson St. (Greater Covington Center)**

Music with the Maestro - Tuesdays, 6 pm @ The Lake 94.7 Local music program featuring Robert Sturcken of Center Of Performing Arts - **94.7 FM on the radio dial**

Follow the Traveling Trajectory Heart - Now Showing, 10 am - 4 pm @ St. Tammany Parish Emergency Center Thomas Mann's "Trajectory Heart" is now at the site of the St. Tammany Parish Emergency Center through Dec. 13. - **510 E. Boston St.**

TOYS FOR TOTS drop-off location **ST. TAMMANY HOMESTEAD**
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Live Music Around Town

Columbia St. Rock 'N Blues Cafe 407 N. Columbia St. Wed. - @ 8:30pm
Thurs. - Comedy Night w/ Corey Mack @ 9pm Fri. - Chee Weez @ 10pm Sat. - @ 9pm Sun. - Saints Sunday + Beer Pong Tournament

Friday **COLUMBIA STREET ROCK-N-BLUES Cafe** **Every Thursday Night** **Curry Mack** **Rock N Blues Cafe** **Saints Sunday** **BEER PONG TOURNAMENT**

English Tea Room 734 E. Rutland St. -
Fri. - Classical Harpist Jessica Meltz 12pm - 2pm
Tues. - Acoustic High Tea featuring singer/songwriter Timothy Gates 11 am - 1 pm
www.englishtearoom.com

Green Room 521 E. Boston St. Wed. - @ 9pm Thurs. - @ 9pm Fri. - @ 9pm
Sat. - @ 9pm Sun. - Karaoke w/ DJ Bobby Blaze Mon. - Metal Monday Tues. - Movie Night + Drink Specials All Week!

every Sunday!!! **DJ BOBBY BLAZE Karaoke** **GREEN ROOM WEDNESDAYS LIVE MUSIC OPEN MIC**

Wino's and Tacos 321 N. Columbia St. - Wed. - Fri - @ 9 pm Sat. - Gospel Brunch with Crispin Schroeder 11 am - 2 pm - no reservations, get there early!

Christmas Gospel Brunch with **Crispin Schroeder**

For the full music calendar, visit: www.covingtonweekly.com

Covington Weekly Distribution Locations:

Acquistapace's Covington Supermarket, Bayou Barber, Beck-N-Call Cafe, Behrens & Associates Real Estate / Elizabeth Pale Piner CPA, Blue Willow Bed & Breakfast, Brooks' Bike Shop, Camellia House Bed & Breakfast, Campbell's Coffee & Tea, Candy & Tobacco Discounts, Chimes Covington, China City, Coffee Rani, Columbia Street Natural Foods Market, Columbia Street Rock-N-Blues Cafe, Columbia Street Tap Room, Country Inn & Suites, Covington Massage & Wellness Centre, Covington Trailhead Museum & Visitors Center, Downtown Deli, The English Tea Room, Garden Inn, Gilsbar Inc., Good Dog Naturally, Gulf Coast Bank & Trust, Hampton Inn, Hebert's Cleaners, History Antiques & Interiors, Holistic Life Approach, Homewood Inn & Suites, Jewel's Cigar & Briar, La Quinta Inn Hwy. 21, Lola's Restaurant, Mac's on Boston, Marsolan's Feed & Seed, Matina Bella, Mellow Mushroom Covington, Mo's Art Supply, Motif / Stephanie Story Interiors, New Orleans Food & Spirits, Nonna Randazzo's Italian Bakery, O'Keefe Feed & Seed, Opalescence Day Spa, Our Place Studio, PJ's Hwy 190, PJ's Hwy 21, PJ's Hwy 25, PJ's in St. Tammany Parish Hospital, Roy's Knife & Archery Shop, St. John's Coffeehouse, St. Tammany Art Association, St. Tammany Homestead, St. Tammany Humane Society, St. Tammany Parish Library, Studio 311 Salon, Sunshine Garden Health Food Store, Toad Hollow, Winos and Tacos, Vazquez Restaurant, Yoga School

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OWNER

Christmas at COPA

Sunday, December 15 from 5 - 7:30 p.m.

Come and enjoy the sounds of the season with musical performances by the students of Center Of Performing Arts and Northlake Christian School.

Admission: \$5 or a toy donation for Toys for Tots

For more information contact COPA at 985-727-4638

Wrap It Up!

with Gift Specials from Our Place Studio

For Her \$160
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For Him \$100
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Covington Business Association

Next General Meeting is
December 4
6:00 pm at:
WINO'S & TACOS
321 N. COLUMBIA
www.covingtonbusinessassociation.org

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