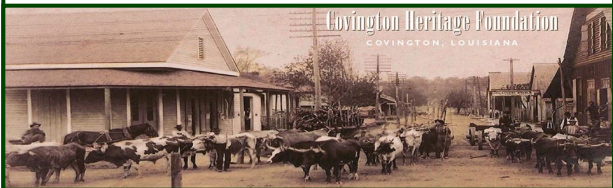


# *FREE* Covington Weekly

January 2 - 7, 2014

## Happy New Year!

### Covington Heritage Foundation In Place For 2014



Since 1982, the City of Covington's Division of St John has been recognized as an historic district by the United States Department of Interior Heritage Conservation and Recreation Service and is designated as such on the National Register of Historic Places. Recently celebrating Covington's 200th Birthday, members of the city's Bicentennial Committee charged with the responsibility to commemorate Covington's historical distinctiveness for the community and acknowledging an all encompassing city-wide history, felt compelled to continue their impetus of conserving and archiving that history indefinitely.

"Working on the Bicentennial has set the momentum for CHF, bringing with it the realization that we must continue to preserve all historical aspects and neighborhoods that weave the exquisite fabric of Covington for future generations to appreciate. We've put together an energetic Board, all eager to serve," Sharon Nunez, Covington Heritage Foundation Board President. Sharon has a Master of Preservation Studies degree from Tulane University's School of Architecture and has been instrumental in taking the lead to establish the Covington Heritage Foundation.

### KCB Announces Annual River Sweep



Mark your calendars for KCB's annual Bogue Falaya River Sweep to be held on April 5, 2014. Volunteers will collect litter from the Bogue Falaya River ending with a picnic at Bogue Falaya Park. Following the clean-up will be a fun new event, the Covington Clean & Green River Run canoe and kayak races. The races will benefit KCB's major project, the Blue Swamp Creek Nature Trail located at the Covington Recreation Complex. More information will be available soon.

### KCB Celebrates Louisiana Arbor Day



Keep Covington Beautiful will celebrate Louisiana Arbor Day with the annual tree give-away at the Covington Farmers Market on Saturday, January 18, 2014, from 8:00 a.m. until noon, or until the tree seedlings are all given away. A variety of native bare-root seedlings will be available: Crabapple, Mayhaw, Mixed Plum, Redbay, American Elm, Bald Cypress, Live Oak, Cherrybark, Cow & White Oaks. Volunteers are needed to help wrap the seedlings & hand them out. If you are interested in helping, please email [kcb@covia.com](mailto:kcb@covia.com). The idea for Arbor Day originated in Nebraska in the 1800's. As pioneers moved there, trees were needed as windbreaks, for fuel and building materials, as well as for shade. On January 4, 1872, J. Sterling Morton, journalist & newspaper editor, proposed a tree-planting holiday to be called "Arbor Day" at a meeting of the state Board of Agriculture. The date was set for April 10, 1872. Prizes were offered to counties and individuals for properly planting the largest number of trees on that day. It was estimated that more than one million trees were planted in Nebraska on the first Arbor Day. Quite a standard to carry on!

Today national Arbor Day is observed on the last Friday in April. However, many states observe the day to coincide with the best tree-planting weather. Louisiana Arbor Day falls on the third Friday in January.

Morton was proud of the success of Arbor Day and noted, "Other holidays repose upon the past. Arbor Day proposes for the future." The Arbor Day Proclamation by the Mayor of Covington reminds us of the many reasons to plant trees and to protect our woodlands. Trees reduce topsoil erosion from wind and water. They cut heating and cooling costs while moderating temperature. They clean the air & produce oxygen while providing a habitat for wildlife. Trees are a renewable resource for many wood products. Trees increase property values, enhance the economic vitality of business areas and beautify the community. Join Keep Covington Beautiful in the celebration of the natural beauty that surrounds us, which we too often take for granted. To learn more about our projects, become a member or volunteer, visit [www.keepcovingtonbeautiful.org](http://www.keepcovingtonbeautiful.org) or contact KCB at **985-867-3652** or [kcb@covia.com](mailto:kcb@covia.com). Follow Keep Covington Beautiful on Facebook.

### Keep Covington Beautiful

[www.covingtonweekly.com](http://www.covingtonweekly.com)

### "Icons: Personal Visions" Exhibition At STAA

Byzantium To The American South + New Members' Show



Now through January 25, 2014, art lovers can see an exciting show at the St. Tammany Art Association called Icons: Personal Visions. The show features ten Southeastern Louisiana artists who take a broader, secular approach to traditional icon imagery and processes, literally expressed by some and ambiguously approached by others.

On January 11 from 3:00 p.m. to 5:00 p.m., the public is invited to delve more deeply into this show with an exploration of the topic Byzantium to the American South and the migration of icons and iconography from the religious to the secular in contemporary art.

The program begins with an overview of the history of the icon presented by Francie Rich, MFA, artist/educator, who currently teaches art history and appreciation at St. Scholastica Academy and St. Joseph Abbey Seminary College. Rich and husband, Louisiana artist/educator John Hodge, MFA, conduct international tours focusing on visual arts. Then, at 4:00 p.m., New Orleans Museum of Art Curator of Contemporary Art, Miranda Lash, leads an informal discussion with artists in the exhibition on their art and ideas relating to "icons" in contemporary art making. The afternoon conversations will be followed at 6:00 p.m. by an opening reception "new selections for the new year" in the Members Gallery, with works on display January 11 through February 22, 2014.

Icons: Personal Visions features the work of Jacqueline Bishop, Douglas Bourgeois, Alan Gerson, Jessica Goldfinch, Christopher Guarisco, John Hodge, Thomas Mann, Francie Rich, Leslie Staub and Monica Zeringue. The show is presented by the St. Tammany Art Association and sponsored by Walter Mader and Catherine Deano, former STAA president, longtime supporter and co-founder of the Painting with a Twist family of studios.

All events are free and open the public and take place at the STAA Art House, 320 N. Columbia Street, Covington. For more information, contact STAA at [info@sttammanyartassociation.org](mailto:info@sttammanyartassociation.org) or call (985)892-8650. Visit STAA's website at [www.sttammanyartassociation.org](http://www.sttammanyartassociation.org) to learn more about upcoming shows, art classes, and the organization's 'Masqued Ball', to be held during the February 22 Krewe of Olympia parade in Covington.

### Quote of the Week

"If there is ever to be any peace it will come through being, not having."  
- Henry Miller

Tuesday  
January 7



First Quarter

### CPD Chief Lentz Reports Referee Case Closed

Chief Tim Lentz reports that the investigation and disciplinary action surrounding the events that took place with the arrest of two referees has concluded from a Police Department standpoint.

On October 11th, Lt. Steven Short arrested two referees at a high school football game. The event has been widely reported in the media. After being sworn into office on October 15th, Chief Lentz promptly began his investigation into the actions of Lt. Short in accordance to Civil Service Guidelines. As a result of the investigation Chief Lentz determined that Lt. Short violated four different departmental policies the night of October 11th. Those policy violations are:

1.2.3.01 Officers of the Covington Police Department, when attempting to resolve various types of problems which they respond, are encouraged to seek alternatives to physical arrest when no hazards to the community, victim or suspect will result.

1.2.3.02 As outlined in Standard 1.2.2 officers of this department are allowed the use of discretion within the guidelines of Department standards, statutory case law, and to some extent prevailing community standards. -- The night of the incident, Lt. Short failed to exercise reasonableness, and failed to consider the surrounding circumstances.

26.1.1.02 Professional Conduct and Responsibilities (3) Unbecoming Conduct: At no time shall employees conduct them selves in such a manner as to bring discredit upon the department or impair the effective operations of the department. -- The arrest of the referees made national headlines and exposed the Police Department to potential liability.

26.1.1.02 Professional Conduct and Responsibilities (5) Knowledge of Law and Rules: Employees are to be familiar with and maintain a working knowledge of laws and ordinances in force in the city and state, orders, procedures, and standards of the department. -- The night of the arrest, Lt. Short did not know what the proper charge was to charge the referees with.

Policy states that disciplinary action taken shall be determined by the seriousness of the violation or the extent of injury to the victim. It shall be commensurate with the circumstances surrounding the incident and inconsideration of the officer's service record and prior sustained complaints. With this in mind, Lt. Stephen Short is suspended without pay for 10 working days. He is additionally demoted to the rank of Sergeant, and before he is returned to work, must pass a fitness for duty evaluation.

Mayor Mike Cooper and Chief Lentz issued a joint statement regarding this matter: "When an officer uses poor judgment, it can affect not only those involved in the incident, but also our agency's relationship with the community as a whole. We value greatly the partnership between the citizens of Covington and our police department, and we want our residents to know that we are taking the steps necessary to regain their full confidence."



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### CPD Announces New Uniforms For 2014

Chief Tim Lentz reports that, in keeping with his promise of a new image for the Covington Police Department, part of that change has taken a physical meaning. On January 1, 2014, Covington Police Officers will be transitioning to a new uniform, reminiscent of one of the original uniforms worn by officers.



**Sgt. Steve Reiff in the new uniform**

In 1992, the Covington Police Department changed to the current gray uniform shirt, accompanied by a newly designed patch on the sleeve. Prior to this change, as many residents of Covington will recall, officers wore a light blue uniform shirt.

Time for change has come and Chief Lentz is bringing back the blue! The new uniform will be the original light blue shirt and the pants will stay the same navy blue color. The new uniform shirt will continue to bear the current patch, created by former Officer Randy Caminita, now a Lieutenant with the St. Tammany Parish Sheriff's Office. The only change to the patch will be the coloring of the outline and the word "COVINGTON", which will change from gray to gold. An American Flag will be proudly displayed on the front of the uniform. Chief Lentz states, "I made a promise to the people of Covington that we would create a new image for the Covington Police Department. This uniform, to me, is more friendly, approachable, and professional than the gray shirts we currently wear. Transitioning to this new uniform is just one part of the process of rebuilding the image of the police department and transforming their Police Department into one that they can be proud of."

### Scrubby Puppy Offers Full Service Grooming



The result is a fantastic, detailed, professional grooming and a happy pet! The Scrubby Puppy is located inside Good Dog Naturally at 1027 Village Walk (just off Lee Lane) in Historic Downtown Covington.

**985-871-5222**

call for your appointment



### Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the  
Covington Farmer's Market

#### Hoppin' John

Hoppin' John is a traditional Southern United States New Year's day dish that is thought to bring good luck in the new year.

#### Ingredients:

2 cup dried black - eyed peas  
1 pound of slab bacon or ham hocks  
1 large onion, chopped  
1 tomato, chopped  
1 bell pepper, chopped  
crushed red pepper flakes  
salt & pepper  
4 cups of water or chicken broth  
2 cups of uncooked long grain rice

#### Spices/seasonings:

green peppers, vinegar, and spices  
have also been added to this dish.

#### Cooking Instructions:

Before preparing the peas, sort and remove any pebbles or other debris. Soak, rinse, and drain peas. Place in a large soup pot and cover with cold water, cook over medium-high heat until it reaches a good boil. Remove from heat, cover and let sit for 1 to 2 hours. Drain and rinse peas again.

Using the same large soup pot, add soaked peas, bacon or ham hock, onion, spices, and water or chicken broth, and cook over medium-high heat. Bring to a boil, and then reduce heat to medium-low and cook for 1 1/2 to 2 hours, until peas are tender. Do not boil too long or the peas will burst.

Remove meat and cut into bite sized pieces, return to pot. Add uncooked rice and cover, cook for 25-30 minutes or until rice is tender and liquid is absorbed. This dish is usually served with cornbread.



### Golden Light Candles: Handmade Beeswax Candles

Golden Light Candles are meticulously crafted with the best locally sourced beeswax available on the Northshore. The 100% beeswax is dense and will burn 2-5 times longer than other candles if the wicks are kept at 1/4 to 1/2 inch trims. The first burn should remain for two hours. Available for the Season, at Sunshine Gardens Health Foods and a limited quantity at Springs of Life. Advance Orders accepted.

**Golden Light Candles (985) 809-4002**



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