



## Mardi Gras In Covington!

### Mystic Krewe Of Olympia Parade Saturday February 22

Get your Mardi Gras attire ready, because it's carnival time in Covington! The Mystic Krewe of Olympia start their annual parade in Downtown Covington at 6 pm Saturday, February 22nd. To learn more about the Krewe of Olympia, check their website:



Olympia Ball 1966

www.kreweofolympia.net

Check the back for parade route!

### St. Tammany Art Association's Masqued Ball



Masqued Ball  
Saturday, February 22, 2014

985-892-8650 or info@sttammanyartassociation.org

### Festive Gala To Celebrate The Arts During The Olympia Parade

In the spirit of Mardi Gras, STAA is pleased to announce their second Masqued Ball. Local artists will create one-of-a-kind masks and Mardi Gras themed artwork to be auctioned at this gala event. A variety of artwork will be presented including works that can be worn during Carnival or be put on display at your home or business.

This year's gala will take place during Covington's Olympia Parade that rolls right in front of the Arthouse. Purchase tickets for VIP Balcony Passes to enjoy the parade from one of the very few balcony views in downtown Covington. Costumes and masked attire are encouraged! Live music will be provided by Carlo Ditta & Friends. All proceeds will go towards STAA's efforts to support the arts and arts education in our community.

Come on out for this festive event, which will take place Saturday, February 22nd, 5 - 9 pm at the STAA, 320 N. Columbia Street. Tickets start at \$25 per person and are on sale at the Arthouse.

### Brooks' Bike & Brew Tour St. Tammany!

Tour Local Breweries By Bike With Brooks' Bike Shop



BIKE & BREW TOUR  
Brooks' Saturday Feb. 22  
Starting 10:30 am  
St. Tammany Trace

Bike Shop LLC 416 E. Gibson Street 985-237-3658

The bike and brew tour is back! For those who have not attended, the tour consists of a leisurely 24 mile bike ride on the St. Tammany Trace, sampling some of our fine local brews. The group will meet at Brooks' Bike Shop on Saturday February 22nd at 10:30 am. Come on out, and invite your friends! Must be 21 to take the brewery tours. Stops include Covington Brewery, The Abita Brewery, Main Grain Brewery Supply, Chafunka Brewing Company and the Old Rail Brewery. Feel free to call Pat Brooks at the shop with any questions: (985) 237-3658

### Rosemary's Closet - For All Of Your Vintage Needs

Rosemary's Closet is Covington's spot to find the most unique and interesting vintage clothing and accessories. Owner Elizabeth Pfeffer Williams is a retired school principal whose family has a long history in Covington. The shop is named after Elizabeth's mother, Rosemary Pfeffer. Whenever her mother found her "rooting" through her closet, she would always ask "What play are you in now?" Elizabeth, true to form, is a supporter of local Playmakers Theater, often providing costumes and performing in plays. Her shop contains an eclectic mix of women's and men's vintage apparel, as well as hats, gloves, purses, shoes and scarves, always unique items that "catch her eye". Rosemary's Closet is open Tuesday's & Thursday's from 10 am - 4 pm, or by appointment by calling (985) 264 - 5085. Elizabeth lives in Covington and will be happy to meet with you at the shop to find that perfect outfit for any event!



Mardi Gras! 410 N. New Hampshire Street (on the Trace)

### French Decor At History Antiques & Interiors



History Antiques & Interiors is celebrating our French history with these beautiful period items. Pictured above and to the right is an early 19th century French country cupboard with hand-carved detail. Displayed atop the cupboard are a pair of 19th century French Serres Porcelain. In the early 19th century, it was fashionable for large English Manor Houses to copy French Porcelain for a larger market. Below is a game table with various Mardi Gras gift items, such as sterling silver plates, spoon rests, heart dishes, tea strainers, ashtrays and picture frames.

HistoryAntiquesAndInteriors.com



317 N. Columbia Street Tuesday - Saturday 10 am - 5 pm

### Downton Abbey Night At The English Tea Room Friday



The English Tea Room is hosting another Downton Abbey Night on February 21st! Come dressed as you are, as your favorite character or in costume to be a part of celebrating all that is English. The Tea Room will be serving an elegant English dinner and tea. Wait staff will be dressed in proper serving attire provided by Rosemary's Closet. Cast members from Playmakers Theater's (985) 898-3988 upcoming play "I Hate Hamlet" will perform a skit from the play. Prepaid reservations are required and the cost is \$30.00 per person. Call today, reservations are filling up fast!



### Modern Classic Interior Design At The French Mix



Featured now at The French Mix, these Custom Arm Chairs are made to order, offering many options to match your unique environment. The chairs are hand-made, with custom choices of nail heads and wood. There are a variety of finishing options in fabric and leather to suit any taste. Pictured with the chairs, a pair of mirror-top iron cane nesting tables. The tables are available in a gold/silver finish.



The French Mix is located in Downtown Covington on Historic Lee Lane. To learn more visit their website www.shopthefrenchmix.com or Facebook page "The French Mix". Search "The French Mix Covington, LA" to view a virtual tour of the shop from Google Business.

www.ShopTheFrenchMix.com

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### Quote of the Week

"When one tugs at a single thing in nature, he finds it attached to the rest of the world." - John Muir

Saturday

February 22



Last Quarter

### Save The Date - A Taste Of Covington 2014



The Covington Business Association is pleased to announce its third Annual A Taste Of Covington! ATOC 2014 continues the tradition of the CBA's four day event celebrating Covington. The festivities include favorites such as the Vintner's Dinners and the Grand Tasting, plus new exciting additions!

#### Thursday, April 10: Vintner's Dinners

Be seduced with a 4-course dinner with wines paired specifically for each course. Pick from one of these top Covington restaurants: Annadele's Plantation, Dakota, Gallagher's Grill, Del Porto, Lola, The English Tea Room, Mac's on Boston, Pardos American Bistro and Seiler Bar.

Only \$80 all-inclusive (seating will be limited so make your reservations early with the restaurant of your choice.)

#### Friday April 11th: A Grand Tasting

Under the tent and in the wine warehouse at Acquistapace's Covington Supermarket. Live music, food & fun! \$30 a ticket.

#### Saturday April 12th, 2 - 4 pm: "Festa del Vino"

Presented by the Southern Hotel at The Historic Mackie House. Tickets \$50 per person; includes an ATOC logo wine glass and features a high end wine tasting with appetizers supplied by Ox Lot 9 of the Southern Hotel.

No tickets at the door! Limited number of tickets for this event; first come, first serve and are only available for purchase online!

#### Saturday April 12th, 6 - 9 pm: Spring For Art

The CBA has teamed up with the St. Tammany Art Association to combine A Taste Of Covington with the STAA's Spring For Art on Saturday, April 12th. Stroll the streets of Historic Downtown Covington and enjoy the art, local businesses, music and wine. This is a free event.

#### Sunday April 13th: Champagne Jazz Brunch

Hosted by Seiler Bar, there will be two seating for the brunch, featuring jazz, champagne, food and fun!

For more information about A Taste Of Covington, or to make reservations to any of these great events, check

www.atasteofcovington.com.

To learn more about the Covington Business Association, please visit

www.covingtonbusinessassociation.org.



### Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market

#### Pan Seared Tuna Over Kale & Tomato Salad

#### Ingredients:

2 five ounce fresh tuna steaks

1/2 pound of kale

4 Roma or plum tomato

1 large red onion

5 - 8 toes of garlic

fresh juice on one lemon & half a lime

grated zest of half a lemon

4 tablespoons of oil

4 tablespoons of butter

1/2 cup of balsamic vinegar

dried rosemary, thyme, marjoram, & a touch of sage, crushed



Marinade: Start by heating 4 tablespoons of oil with 2 tablespoons minced garlic, the herbs and lemon zest on medium low heat in a medium sauce pan. Heat until lemon zest begins to bubble, then turn off heat. Add the butter and stir until melted. Add the balsamic vinegar, a pinch of salt and some fresh ground pepper, set aside to cool. Once cooled, pour over tuna steak in a glass dish. Marinate in the fridge overnight for best flavor, minimum 1 hour.

De-vein and chop kale, tomato, red onion and rest of garlic very small, almost minced. Place in a bowl, add a large pinch of salt and a small pinch of cayenne, and squeeze the juice from a lemon and half a lime over (through a strainer to catch the seeds, pulp is ok). Mix thoroughly, cover and refrigerate until the rest of the food is ready.

Heat a teaspoon or two of oil in a medium no stick (preferably stainless or iron) skillet on medium high heat. Once the oil begins shimmering, place the tuna steak in the skillet and press down evenly with a wide spatula. Sear for 1 1/2 minutes for medium steaks, 2 for well. Flip and repeat. For a fully seared look, you may roll the steak on its side using a pair of tongs. You may want to cook each steak separately. While the steaks are cooking, heat the remaining marinade in another skillet on medium low heat.

Plate the kale and tomato salad and place the hot seared tuna on top, drizzled with hot marinade, topped with fresh grated parmesan and a slice of lemon twisted.



This Week At The Farmer's Market:  
Bad Penny Pleasuremakers @ 9 am  
Chef Austin Smith of Pastazz (demo)



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# Covington Weekly

Covington, LA February 19 - 25, 2014

**Covington Farmer's Market - Wednesdays, 10 am - 2 pm @ the Covington Trailhead**  
Stop by for lunch! Rain or shine, live "front porch jam", fresh local produce and delicious prepared foods. - **419 N. New Hampshire St.**

**Covington Farmer's Market - Saturdays, 8 am - 12 pm @ the 600 block of Columbia St.**  
Music by Bad Penny Pleasurmakers beginning at 9 am. Chef Austin Smith of Pastazz will have samples from his menu. - **600 block of Columbia St.**

**Covington Brewhouse Brewery Tours - Every Saturday, 10 am - 2 pm @ Covington Brewhouse**  
Free tours of the brewhouse - [covingtonbrewhouse.com](http://covingtonbrewhouse.com) for info.

**Music with the Maestro - Tuesdays, 6 pm @ The Lake 94.7**  
Local music program featuring Robert Sturcken of Center Of Performing Arts - **94.7 FM on the radio dial**

**Walker Percy Book Club - 1st and 3rd Thursdays of the Month, 2 pm - til @ the English Tea Room**  
Join the English Tea Room on the 1st and 3rd Thursday of every month for the Walker Percy Book Club Meeting. - **734 E. Rutland St.**

**HISTORY**  
ANTIQUES & INTERIORS

Tuesday - Saturday  
10 am - 5 pm  
**(985) 892-0010**

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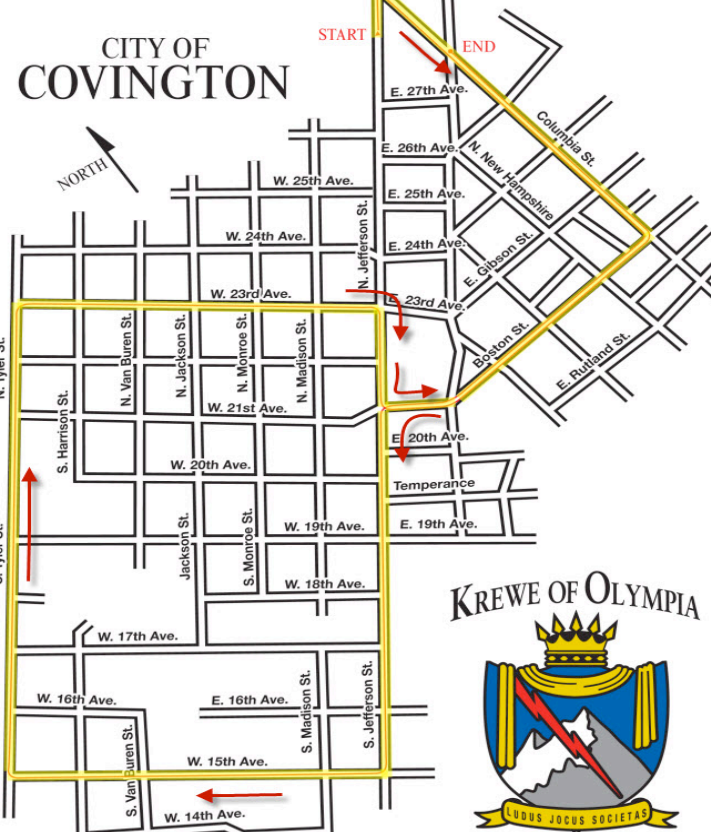
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[www.sttammanyartassociation.com](http://www.sttammanyartassociation.com)



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**Columbia St. Rock 'N Blues Cafe** 407 N. Columbia St. Wed. Karaoke - @ 8pm  
Thurs.- Comedy Night w/ Corey Mack @ 9pm Fri.- Grayhawk Perkins & Mezcal Jazz Unit @ 10pm Sat. - Rock It Productions @ 11pm Sun. - Beer Pong

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**English Tea Room** 734 E. Rutland St. -  
Fri. - Classical Harpist Jessica Meltz 12pm - 2pm  
Tues. - Acoustic High Tea featuring singer/songwriter Timothy Gates 11 am - 1 pm  
[www.english-tearoom.com](http://www.english-tearoom.com)




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**Covington Business Association**

Next General Meeting is  
March 5, 5:30 pm at:  
The Mellow Mushroom  
1645 Hwy. 190

**CBA**  
[www.covingtonbusinessassociation.org](http://www.covingtonbusinessassociation.org)



**Green Room** 521 E. Boston St. (Dec. 18-24) Wed. - Open Mic w/Todd Lemoine @ 7pm Thurs. - Melo-D Presents w/ DJ Dizzi @ 9pm Fri. - Singer / Songwriter Showcase @ 9pm Sat. - Mardi Gras Mambo hosted by DJ Dizzi @ 9pm Sun. - Karaoke w/ DJ Bobby Blaze Mon. - Shot & Beer Specials Tues. - Ladies 80's Night

**MARDI GRAS MAMBO 2014**  
FEBRUARY 22ND 5PM-2AM  
THE NIGHT OF OLYMPIA IN DOWNTOWN COVINGTON

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For the full music calendar, visit: [www.covingtonweekly.com](http://www.covingtonweekly.com)



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