

Fuhrmann Performing Arts continues its season with a ferocious revival of Tennessee Williams' most passionate play, "Cat on a Hot Tin Roof", starting February 7th. His personal favorite, the Pulitzer Prize winner explores greed, decay, desire and repression on Mississippi Delta plantation home of the Pollitt family. Everyone has gathered for the birthday of their patriarch, and every one of them knows - except Big Daddy and Big Mama - that this is the last birthday the cancerstricken Big Daddy will see. Everyone maneuvers to inherit the estate, and Big Daddy's fortune.

With its hairpin turns from profound sorrow to chilling rage to wild comedy. Cat on a Hot Tin Roof is Tennessee Williams at his finest. For tickets call 985-276-0465 or visit www.fpa-theater.com.

#### **Stitched: Christine Sauer & Laura Gipson**

Opening Reception At St. Tammany Art Association Saturday

The St. Tammany Art Association is proud to present an exhibition of work by artists Christine Sauer and Laura Gipson. The common thread between these two contemporary artists is that they incorporate the technique of stitching in their work. Both are very different in their approach and use of materials. An intuitive and improvisational approach to working with materials and image characterizes Christine Sauer's diverse body of work. Her imaginative art is inspired by nature, science, the cosmos and an enjoyment of the process of making. For many years she created and exhibited her paintings, collages and sculptural installations in New Orleans and around the country. More recently Christine has incorporated her fascination with stitching and textiles into her studio practice. Laura Gipson draws upon common human experiences as her source material. The work attempts to make visible the inner invisible experience. Utilizing imagery of familiar objects that serve to function as stand-ins for the body and/or the mind, her work is built in an additive process, either through construction or layering. Gipson's work is constructed in layers, with the waxed outer surface presenting a scarred surface that implies that this object has a history: that it has lived a life. In much of the work, She uses everyday materials that do much to keep these objects in the realm of common experience. These "stand-ins" function as an individual in the midst of life. What we know about these individuals is either written on their skin or we can see it through their facade.

The opening reception of "Stitched" will be held on Saturday, February 8th from 6-9 pm at the STAA. All are welcome, this is a free event.

#### The Romance of New Orleans, Mardi Gras & Phillip Sage Opening Reception At Three Rivers Gallery Saturday

This captivating collection of etchings celebrates the birth of a romance between an artist and his muse. These visual reflections by a virtuoso of the etched line evoke the qualities of light and atmosphere, to bring about the playful dramas seen throughout the city. Each one, a moment snatched out of time and etched to perfection in dramatic detail. Phillip's mastery of light and dark used to portray his captivating subject matter truly celebrate his love affair with New Orleans and Mardi Gras representing more than forty years in the making.

Phillip Sage works exclusively with copper plates using an antique English press. His limited edition prints are printed on the finest paper with the effort done entirely by hand in the tradition of master intaglio print-makers. His etchings, when viewed by native and tourist alike invoke a feeling of romantic nostalgia.

Three Rivers Gallery will host an opening for Phillip Sage this Saturday, February 8th, from 6 - 9 pm. All are welcome, this is a free event.

#### **Walker Percy Book Club Meeting February 6th**

Join the English Tea Room on the 1st and 3rd Thursday of every month for the Walker Percy Book Club Meeting. The group is currently reading "The Moviegoer". To learn more, call (985) 898-3988.

#### **Book Your Reservations For Valentine's Day Tea**



From February 10th-15th The English Tea Room is celebrating Valentine's Day! Serving a Valentine's High Tea with many delicious . favorites from their traditional high tea as well as some lovely additions for the holiday. Enjoy a pot of Valentine's tea to complete the experience. The cost is \$25.00 per person. Make your reservations by calling (985) 898-3988.

**Support Local!** 

**Covington Weekly** 

#### Now Booking For Second Downton Abbey Night

The Downton Abbey Night on February 7th is sold out, so The English Tea Room is hosting another Downton Abbey Night on February 21st!



Come dressed as you are, as your favorite character or in costume to be a part of celebrating all that is English. The Tea Room will be serving an elegant English dinner and tea. Prepaid reservations are required and the cost is \$30.00 per person. For more information call (985) 898-3988. Hurry, reservations are filling up fast!

#### **Voice St. Tammany Back For Third Season**

Voice St. Tammany, a local vocal competition hosted by Center Of Performing Arts (COPA) and WYLK Lake 94.7FM, will kick off its third season Monday, February 17th at 7 p.m.

The competition is divided into three events. At each event vocalists will participate in two rounds of blind auditions. The first round will be for a panel of judges and the second will be for a live audience. In the end, radio listeners on Lake 94.7 will be able to vote for their favorite out of a final three and the winner will be awarded studio time and will be featured on the air. The dates are February 17, March 10 and April 14.

All three events will be open to the public and will be held at COPA, 201 N. Columbia St. in Downtown Covington. There will be a \$3 admission and refreshments will be provided. Those interested in auditioning can register online at www.voicesttammany.com. For more information contact Sammi Greco at (985)727-4638.

#### Are YOU the next VOICE of St. Tammany?



#### **Veteran Officer Promoted To Oversee Investigations**

Chief Tim Lentz proudly announces that, effective Wednesday, January 29th, Sergeant Douglas Arrowood has been promoted to the rank of Lieutenant. Lt. Arrowood, a 19-year veteran of the Covington Police Department, has been assigned as supervisor of the Criminal Investigations Division.



Criminal Investigations, and most recently, a supervisor in the Patrol Division. Lt. Arrowood lives in Covington with his wife and enjoys woodworking on his time off.

Chief Lentz states, "I am proud to announce the promotion of Doug Arrowood to Lieutenant over the Criminal Investigations Division. He has the knowledge and experience that we need to ensure that every criminal complaint is investigated in the most thorough and timely manner possible." For more information, contact Chief Tim Lentz: ph- 985.768.1205 or e-mail-tlentz@covla.com.

#### **Good Dog Naturally Introduces New Pet Products**

Good Dog Naturally carries quality natural dry and canned pet food, as well as frozen and freeze dried raw pet foods. Owner Angela Segona personally and thoroughly researches quality of ingredients from every pet food manufacturer to pick the she will carry in her store.



product is hand chosen by the quality and GoodDogNaturally.net

sources of its ingredients, leaning towards American sourced meats as a first ingredient. Good Dog Naturally is a strong proponent of  $\ensuremath{\mathsf{raw}}$  pet food, and can provide expert guidance on transitioning to a raw diet and achieving a balanced diet for your pet.

For over 8 years, Good Dog Naturally has focused on providing service and advice to those seeking to provide their pets with the best in nutrition and supplements. They constantly seek new products and recommendations for their customers to feed and treat their pets with natural and holistic products and services.

Good Dog Naturally is excited to be introducing new, hand selected pet products throughout the next three months. They are researching new food companies, including dry and raw foods and treats. Good Dog Naturally offers personalized service to assist you in answering your questions on the best foods to consider feeding your dog or cat. If you have any specific concerns about what is best for your four legged family members, stop in and talk to one of their knowledgeable staff members. In addition to high quality natural pet foods, they also carry a nice selection of pet supplies such as collars, leashes, and toys for your cat or dog.

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#### Quote of the Week

"Justice will not be served until those who are unaffected are as outraged as those who are."

- Benjamin Franklin

#### Thursday February 6

First Quarter

#### Angela Ledet With Lap Of Love: Veterinary Hospice Care Dedicated To Loving, Peaceful Experiences For Your Pet



Ledet

Dr. Angela Ledet is a lifetime resident of Southern Louisiana. She attended Saint Scholastica Academy here in Covington for high school. Dr. Angela received her Bachelor's Degree in Animal Science from Louisiana State University and she graduated in 2011 from the LSU School of Veterinary Medicine.

After graduating from veterinary school, Dr. Angela began work in a small animal private practice. It was there that she felt the need to change the way pet owners and Dr. Angela veterinarians handle pet loss. Day after day she witnessed the sadness that occurred DrLedet@lapoflove.com after owners had to make the very difficult

decision to euthanize their pet. The grief came not only from the loss of their companion but also from having to bring their pet to an unfamiliar, sometimes scary place. Dr. Angela did not want the pet or owner's last memory to be one wrought with fear and anxiety. She wanted the pets and their owners to have a more peaceful experience.

This is when Dr. Angela came across the growing company, Lap of Love Veterinary Hospice. Lap of Love started out as two veterinarians and has now grown to over 60 veterinarians throughout the United States. Lap of Love is a company dedicated to loving, peaceful end of life experiences in the comfort of the owner's home. It consists of two aspects of veterinary medicine - in-home euthanasia and veterinary hospice. Veterinary Hospice is a service available to patients that have been diagnosed with a terminal illness, have a relatively short life expectancy, as well as those who have extremely painful conditions such as osteoarthritis. Lap of Love performs quality of life examinations and hospice consultations in the home of the patient. Decisions about the pet's well being and the further course of action are made between the veterinarian and the family as a team. The pet's quality of life and the human-animal bond are the most important aspects of hospice care. In home euthanasia is a service that can be difficult to find, but Dr. Angela is honored to be able to offer it to pet owners in the St. Tammany and Tangipahoa Parishes. Being able to say goodbye to your furry family member in his or her

favorite place, whether that be curled up in your lap or under the tree in

take the pain of losing them away but it does provide a sense of peace and comfort for the family.

ETERINARY HOSPICE 985-956-8662 www.lapoflove.com & In-Home Euthanasia

#### **Farmer's Market Recipes**

Fresh recipes inspired by ingredients found at the Covington Farmer's Market

#### Sautéed Spaghetti Squash & Greens Ingredients:

1 large spaghetti squash

1/2 large yellow onion, chopped

6 - 8 toes of garlic, minced

1 bunch of greens (your choice), chopped extra virgin olive oil

fresh parsley and rosemary

1 - 2 teaspoons apple cider vinegar salt, black pepper & cayenne to taste fresh grated parmesan



#### **Cooking Instructions:**

Preheat your oven to 375 degrees. Chop the spaghetti squash in half and scoop out the seeds. Brush with lightly drizzled olive oil and bake, inside up, for about an hour. Test for softness - if you cannot easily stick a fork in it, bake for another 15 to 20 minutes. When ready, pull the meat out from the shell with a fork (go with the 'grain' for long, spaghetti-like strands) and place in a bowl. Set to the side

Meanwhile, heat a tablespoon of oil in a large skillet on medium heat. Begin by lightly sautéeing the onion, and then adding the garlic. Simmer, but do not brown. When the onion and garlic are soft, mix in the spaghetti squash. Add the herbs and spices, mixing to coat the squash evenly. Stir in the greens of your choice. Cover and let sit on low for a minute or two as the greens wilt. When the greens have cooked in, turn off the heat, sprinkle in the vinegar and toss to mix. Serve topped with grated parmesan and a sprig of rosemary.



#### St. Tammany Humane Sociey 2nd Chance Fund

The 2nd Chance fund was created several years back to help those animals who needed extra care, giving them what all animals deserve, their second chance at a good life. Repeatedly, the St. Tammany Humane Society has put out that cry for help, and time and time again, the community steps up to the challenge. Through generous donations, many lives have been saved.

Please consider donating today so the St. Tammany Humane Society can continue to provide care to those currently undergoing treatment and so that funds are available for the next animal that comes through their door needing its Second Chance.

www.STHumane.org

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Covington **Business** Association

> Next General Meeting is February 5, 5:30 pm at: ST. TAMMANY HOMESTEAD 205 N. COLUMBIA STREET

www.covingtonbusinessassociation.org

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## Weekly

Coffee With Mayor Cooper - Wednesday February 5th, 9 am - 10 am @ the Covington Trailhead An informal discussion with Mayor Mike Cooper. Refreshments will be provided, attendees are recommended to bring chairs. - 419 N. New Hampshire St. CBA Monthly Meeting - Wednesday February 5th, 5:30 pm - 7:30 pm @ St. Tammany

also collecting donations for the Covington Food Bank. - 205 N. Columbia St.

Covington Farmer's Market - Wednesdays, 10 am - 2 pm @ the Covington Trailhead Stop by for lunch! Rain or shine, live "front porch jam", fresh local produce and delicious prepared foods. - 419 N. New Hampshire St.

Homestead Monthly meeting of the Covington Business Association, this month

Walker Percy Book Club - 1st and 3rd Thursdays of the Month, 2 pm - til @ the English **Tea Room** Join the English Tea Room on the 1st and 3rd Thursday of every month for the Walker Percy Book Club Meeting. - 734 E. Rutland St.

Covington Farmer's Market - Saturdays, 8 am - 12 pm @ the 600 block of Columbia St. Music by Crispin Schroeder beginning at 9 am. Chompers BBQ will be providing the food demo. - 600 block of Columbia St.

Covington Brewhouse Brewery Tours - Every Saturday, 10 am - 2 pm @ Covington Brewhouse Free tours of the brewhouse - covingtonbrewhouse.com for info.

Music with the Maestro - Tuesdays, 6 pm @ The Lake 94.7 Local music program

featuring Robert Sturcken of Center Of Peforming Arts - 94.7 FM on the radio dial Jubilee Entertainment is happy to announce

A NEW MUSICAL COMEDY

ADDAMS FAMILY! This will be one of the first productions outside of Broadway and the National held at Center Of Performing Arts this Saturday, February 8th at 2 p.m. For more information, please visit www.entertainjub.com.

OFFICE OF CULTURAL ARTS & EVENTS

Saturday, February 22, 6:00 pm Mystic Krewe of Olympia

Tuesday, March 4, 10:00 am **Covington Lions Club** IMMEDIATELY FOLLOWING

**Krewe of Covington** 

Krewe of Lyra ation, go to kreweoflyra.com o



Live Music Around Town

Columbia St. Rock 'N Blues Cafe 407 N. Columbia St. Wed. Karaoke - @ 8pm Thurs. - Comedy Night w/Corey Mack @ 9pm Fri. - The Boogie Men @ 10pm Sat.

- Juvenile @ 11pm Sun. - Beer Pong Tournament



Green Room 521 E. Boston St. (Dec. 18-24) Wed. - Open Mic Night @ 7pm Thurs. Melo-D Presents w/ DJ Dizzi @ 9pm Fri. - The Bandicoots & Righteous Wolf @ 9pm Sat. - February Babies B-Day Bash @ 9pm Sun. - Karaoke w/ DJ Bobby Blaze Mon. - Shot & Beer Specials Tues. - Ladies 80's Night

www.englishtearoom.com



### February Babies B-Day Bash

Free Shots For February Babies!!!

The Green Room Saturday



For the full music calendar, visit: www.covingtonweekly.com

Covington Weekly Distribution Locations:

Pale Piner CPA, Blue Willow Bed & Breakfast, Braswell Drugs, Brooks' Bike Shop, Camellia House Bed & Breakfast, Campbell's Coffee & Tea, Candy & Tobacco Discounts, Chimes Covington, China City, Coffee Rani, Columbia Street Mercantile, Columbia Street Natural Foods Market, Columbia Street Rock-N-Blues Cafe, Columbia Street Tap Room, Country Inn & Suites, Covington Massage & Wellness Centre, Covington Trailhead Museum & Visitors Center, Downtown Deli, The English Tea Room, Garden Inn, Gilsbar Inc., Good Dog Naturally, Gulf Coast Bank & Trust,  $Hampton\ Inn,\ Hebert's\ Cleaners,\ History\ Antiques\ \&\ Interiors,\ Holistic\ Life\ Approach,\ Homewood\ Inn\ \&\ Suites,\ Jewel's\ Life\ Approach,\ Homewood\ Inn\ \&\ Suites,\ Life\ Approach,\ Homewood\ Inn\ Approach,\ Homewood\ Homewood\ Inn\ Approach,$ Cigar & Briar, La Quinta Inn Hwy. 21, Lola's Restaurant, Mac's on Boston, Marsolan's Feed & Seed, Matina Bella,  ${\tt Mellow\ Mushroom\ Covington,\ Mo's\ Art\ Supply,\ Motif,\ New\ Orleans\ Food\ \&\ Spirits,\ Nonna\ Randazzo's\ Italian\ Bakery,}$ O'Keefe Feed & Seed, Oil & Vinegar, Our Place Studio, PJ's Hwy 190, PJ's Hwy 21, PJ's Hwy 25, PJ's (St. Tammany Parish Hospital), Roy's Knife & Archery Shop, Schwing's Restaurant, Shop Soul Boutique, St. John's Coffeehouse, St. Tammany Art Association, St. Tammany Homestead, St. Tammany Humane Society, St. Tammany Parish Library (Covington Branch), Studio 311 Salon, Sunshine Garden Health Food Store, Toad Hollow, Winos and Tacos, Vazquez Restaurant, Yoga School, Zita's Printed with recycled content. Please recycle. Be Kind To One
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Feb. 17 - 7 p.m. Are YOU the next VOICE of St Tammany?

To register go to www.voicesttammany.com

elebrity judges will select contestants by blind audition and a live audience will vote who they think should move on to the next round. Three finalists will be featured on Lake 94.7FM and it will be up to radio listeners to go online and vote for their favorite The winner will be awarded studio time and will be featured on the air.

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