

FREE Covington Weekly

March 12 - 18, 2014

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www.covingtonweekly.com



CBA Monthly Meeting Wednesday March 12

Mellow Mushroom To Host Covington Business Association

The monthly meeting of the Covington Business Association will take place at the Mellow Mushroom Hwy. 190 on Wednesday, March 12 at 5:30 p.m. Covington Business owners are welcome to attend and join.

www.covingtonbusinessassociation.org

Jewel's Cigar & Briar Shop St. Patty's Party

Featuring Rocky Patel Cigars & Traditional Celtic Music

Jewel's Cigar & Briar Shop is hosting a St. Patty's Day Party on March 15 from 1 p.m. to 6 p.m. The English Tea Room is joining the party by sponsoring Bagpipers, Toad Hollow will provide Covington Brewhouse ales and specialty beverages. Jewel's will feature Rocky Patel Cigars, and the Abita Blues Band closes out the evening. Stop in and celebrate your Irish side (even if you're not Irish)! (985) 892-5746

Bagpipers parade down Boston Street in Covington for a past St. Patrick's Day Celebration. This year, they will play in front of Jewel's Cigar and Briar Shop on the corner of Rutland and New Hampshire, and they are sponsored by The English Tea Room.



The English Tea Room St. Patty's Menu

Corned Beef And Cabbage On Saturday And Monday

The English Tea Room will serve their delicious corned beef and cabbage for their 5th annual St. Patrick's Day celebration on March 15th and 17th. Reservations are not required, so come celebrate and enjoy the luck of the Irish! (985) 898-3988

Brooks' Bike Shop Hosts St. Patty's Ride Saturday

Short Ride On Saturday The 15th To End At Jewel's Cigar & Briar

Brooks' Bike Shop will host a nice, short mid-day ride winding through the streets of historic downtown Covington. Plan on riding about 5 - 7 miles, and be sure to wear some green to avoid getting pinched. Ride ends at Jewel's Cigar & Briar Shop for authentic Celtic music, a blues band, food, beverages and plenty of good times. (985) 237-3658



Safe Harbor, GNOYO Benefit At Columbia St. Rock-N-Blues

Dr. John Returns To The North Shore With The Grayhawk Band

Columbia Street Rock-N-Blues Cafe welcomes world-renowned Dr. John along with The Grayhawk Band in the third annual benefit concert for Safe Harbor Northshore and the Greater New Orleans Youth Orchestra on Sunday, March 16. Also performing: Christian Serpas & Ghost Town, the Greater New Orleans Youth Orchestra and the Red Hot Brass Band. Tickets may be purchased in advance at the following locations: The English Tea Room, Habana Port Cigars, Nonna Randazzo's Italian Bakery, Mo's Art Supply and Columbia Street Rock-N-Blues Cafe.

Columbia Street Rock-N-Blues Cafe is located at 407 N. Columbia Street with free off-street parking. Doors open at 2:30 p.m., show begins at 3 p.m. \$40 General Admission. For more information contact:

(985) 892-9949 info@thegrayhawkband.com



Farmer's Market Recipes

Fresh recipes inspired by ingredients found at the Covington Farmer's Market

Corned Beef And Cabbage Crock Pot Recipe

Ingredients:

- 1 brined corned beef brisket, about 3 pounds
- 1 large yellow onion, cut into large wedges
- 3 carrots, cut into three-inch pieces (Grow.farm)
- 1/2 pound small potatoes, halved
- 2 celery stalks, cut into three-inch pieces
- 1/2 head of large green cabbage, cut into 2 inch wedges (Bartlett)
- 5 - 6 garlic cloves
- 6 sprigs of fresh thyme, picked
- 2 bay leaves, crushed
- 1/2 tsp mustard seeds
- 1/2 tsp fresh ground coriander
- 1/2 tsp fresh ground allspice berries
- 1/2 tsp fresh ground black pepper
- 1/2 tsp caraway
- 1 tsp kosher salt
- 12 ounces of your favorite (Irish) beer

Place onions and garlic in a 5 - 6 quart crock pot. Place the corned beef on top, and fill in the sides with the carrots, potatoes and celery. Mix all spices and herbs together in a small bowl and sprinkle over the beef. Add the beer and enough water to just cover the meat. Cook on 'high' setting for 4 1/2 to 5 hours, or until brisket is tender. Add the cabbage wedges, broken up, on top of the corned beef and cook for another half hour or so, until the cabbage is tender. Serve the beef thinly sliced with vegetables and liquid from the pot.

Don't feel like cooking? Stop by The English Tea Room for their St. Patty's Day specialty, corned beef & cabbage on March 15th & 17th!



This Week At The Farmer's Market:
Musical Guest Cassie Krebs @ 9 am
Southy's Soups (food demo)



Every SATURDAY
8:00 am - noon
600 Block of N. Columbia Street
RAIN OR SHINE

30th Annual Chef Soiree Sunday, March 16



YOUTH SERVICE BUREAU
30th CHEF SOIRÉE 2014
BOGUE FALAYA PARK • COVINGTON, LA • SUNDAY, MARCH 16, 2014 • 5-9PM

The annual fundraiser for the Youth Service Bureau, Chef Soiree, returns to Bogue Falaya Park on March 16. Tickets are available by calling the Youth Service Bureau or by visiting the ticket outlet located at Braswell Drugs in Covington. Taste specialties from dozens of the best restaurants in the region and enjoy music and fireworks at the end of the night. (985) 893-2570 www.chefsoiree.com

City Council To Address Banning Skateboards

A Quick Skateboard Reminisce By Timothy Gates

I remember a time when I rode my Vision Gator (which I bought from my friend Geoff) all over the Abita Springs town hall, and for a while there, it probably upset Mayor Gowland. I would go down to the park, but the concrete was a mess, and it would always end up pitching you into the gravel or the dirt. I could usually find some skaters on a subdivision street somewhere, or better yet, a new development. There was nowhere to skate back then, and it's possible that the Covington kids won't have anywhere to skate now, at least downtown. This Tuesday, the Covington City Council will discuss banning skateboarding in downtown Covington. Banning skateboarding would set the precedent of outlawing a legitimate form of exercise and impact at least one downtown business, possibly more. If skateboards in downtown are a serious enough issue to consider banning them, then perhaps an alternative could be offered by way of a skatepark/recreational area, as other municipalities have done. It could be an attraction for the city that encourages growth in the current business environment while promoting healthy, active lifestyles. Examples of this can be found in Hammond (Zemurray Park) and also in Mandeville (Pelican Park). The City Council meeting is Tuesday, March 18th at the City Council Chambers for those interested in attending.
222 Kirkland St. @ 6 p.m.

Quote of the Week

"You'll never plow a field turning it over in your mind."
- old Irish proverb

Sunday
March 16
Full Moon

Holistic Life Approach With Karen Boudreaux, LMT

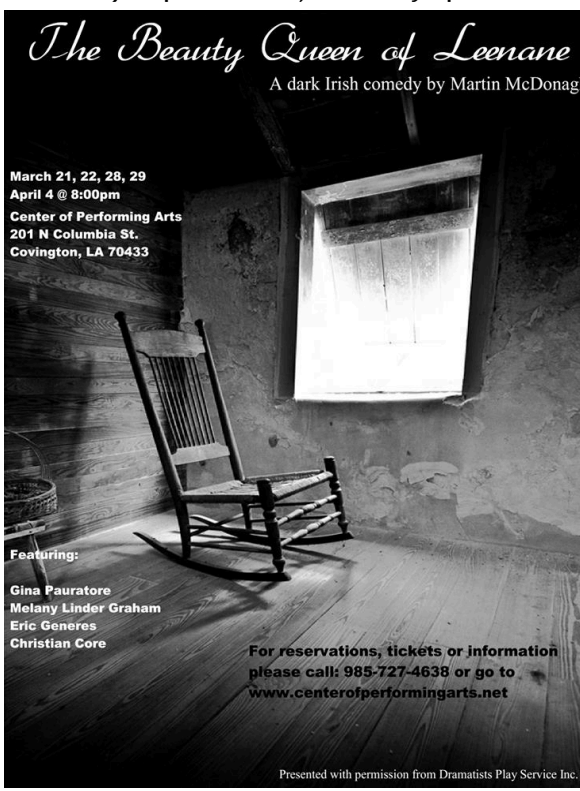
A 'Whole Person' Approach To Health And Wellness

Karen Boudreaux, owner of Holistic Life Approach, is a New Orleans native who has been a student of alternative and mainstream options toward health and wellness throughout her life. Her philosophy is that if you give your body some nurturing care through massage and proper nutrition, it will have the building materials needed to repair injury, heal disease and rebuild itself. Her special massage techniques work to reverse the negative effects of stress, repair damaged muscle tissue, and remove pain throughout your body. She incorporates a range of massage techniques that improve circulation, detoxify your body, relieve tension, improve digestion, enhance muscle tone, and increase mental alertness. As a Health Coach, Karen provides one-on-one counseling to personalized nutrition plans, working with you to develop a result-oriented health plan. Her view is that it is important to be active and equal participants in our own personal health and in our approach to disease and wellness.

(985) 276-8119 www.HolisticLifeApproach.com

"The Beauty Queen Of Leenane" Opens At COPA

Play To Open March 21st, Runs Through April 4th



March 21, 22, 28, 29
April 4 @ 8:00pm
Center of Performing Arts
201 N Columbia St.
Covington, LA 70433

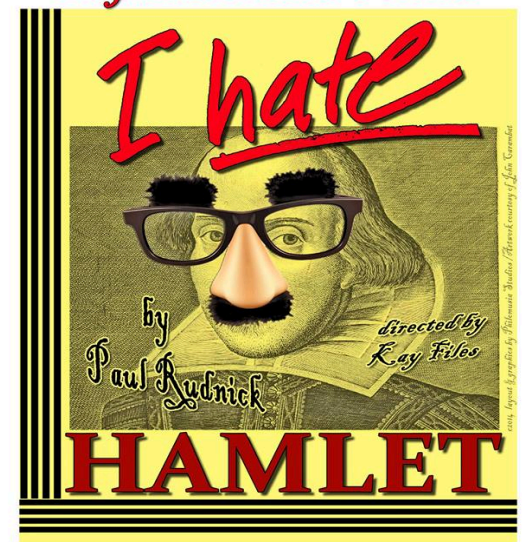
Featuring:

Gina Pauratore
Melany Linder Graham
Eric Geneser
Christian Core

For reservations, tickets or information
please call: 985-727-4638 or go to
www.centerofperformingarts.net

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ADULTS \$15; STUDENTS \$10
no show on the 16th

playmakersinc @playmakersinc playmakersinc
www.playmakersinc.com 19100 Playmakers Road Covington, LA

Upcoming Events At The English Tea Room

Dr. Who Night March 28

March 28th is the time for Whovians to gather and discuss all things Dr. Who. At 7:00pm The English Tea Room will kick things off with the good Doctor's favorite foods and, of course, favorite teas. Reservations are required and are \$25.00 per person. "You humans have got such limited, little minds. I don't know why I like you so much." To reserve your spot in the Whoniverse, call 985-898-3988.

www.englishtearoom.com

An Evening With Churchill

The English Tea Room is proud to be a part of Taste of Covington 2014! On April 10th at 7pm, they will be serving a spectacular Dinner with Churchill! This will include a five course meal featuring fresh seafood, barley soup, Beef Wellington, cherries jubilee, and much more! To top off the night they will have a Churchill expert guest speaker, and Adam Aquistapace will be serving paired wines with each course. Make your reservations today!
(985) 898-3988 www.englishtearoom.com



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Covington Weekly

Covington, LA March 12 - 18, 2014

Covington Farmer's Market - Wednesdays, 10 am - 2 pm @ the Covington Trailhead
Stop by for lunch! Rain or shine, live "front porch jam", fresh local produce and delicious prepared foods. - **419 N. New Hampshire St.**

Covington Business Association Meeting - Wednesday March 12th 6 pm, 5:30 mixer @ Mellow Mushroom Covington General monthly meeting. All Covington businesses are welcome to attend the meeting and join the CBA. - **1645 Hwy 190**

Covington Farmer's Market - Saturdays, 8 am - 12 pm @ the 600 block of Columbia St.
Music by Cassie Krebs beginning at 9 am. Market Vendor Southy's Soups will prepare and sample Gumbo Zitherbes. - **600 block of Columbia St.**

Covington Brewhouse Brewery Tours - Every Saturday, 10 am - 2 pm @ Covington Brewhouse Free tours of the brewhouse - covingtonbrewhouse.com for info.

Music with the Maestro - Tuesdays, 6 pm @ The Lake 94.7 Local music program featuring Robert Sturcken of Center Of Performing Arts - **94.7 FM on the radio dial**

HISTORY ANTIQUES & INTERIORS

Tuesday - Saturday 10 am - 5 pm
(985) 892-0010

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Live Music Around Town

Old Feed Store Music Series

March 15	Pot Luck String Band
March 22	Jemini Venture
March 29	Last Chance Bluegrass Band
April 5	Driskill Mountain Boys
April 12	Baton Rouge All Stars
April 19	The Fabulous Bagasse Boys
April 26	Joe and John
May 3	Gina Forsyth
May 10	Potluck String Band

Saturdays 12 noon - 2 pm After the Farmers Market

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saturday march 15th 7pm 535 e. boston st.

The Beauty Queen of Leenane

A dark Irish comedy by Martin McDonagh

March 21, 22, 28, 29 & April 4 - 8 p.m.
201 N. Columbia St. Downtown Covington

For reservations, tickets or information call (985)727-4638 or go to www.centerofperformingarts.net

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Comedy Night Every Thursday
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407 N. Columbia Street
www.RockNBluesCafe.com

Columbia St. Rock 'N Blues Cafe 407 N. Columbia St. Wed. Karaoke - @ 8pm
Thurs. - Comedy Night w/ Corey Mack @ 9pm Fri. - PM Dawn @ 10pm Sat. - Nappy Roots @ 10pm Sun. - 3rd Annual Grayhawk Benefit Concert ft. Dr. John

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ROCK N BLUES CAFE PRESENTS...

MARCH 15
NAPPY ROOTS w/ DJ HOLLYWOOD

MARCH 14 10PM
FRIDAY

MARCH 16 2014
SUNDAY
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DOORS OPEN 3:00PM GENERAL ADMISSION

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Fri. - Classical Harpist Jessica Meltz 12pm - 2pm
Tues. - Acoustic High Tea featuring singer/songwriter Timothy Gates 11 am - 1 pm
www.english-tearoom.com

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Green Room 521 E. Boston St. Wed. - Open Mic @ 7pm Thurs. - In The Mix w/ DJ Dizzi @ 9pm Fri. - Stone Rabbits + Colossal Heads @ 9pm Sat. - @ 9pm Sun. - Karaoke w/ DJ Bobby Blaze Mon. - Irish Pirates Tues. - Ladies 80's Night

Stone Rabbits friday

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Covington Business Association

Next General Meeting is
April 2, 5:30 pm at:
Columbia St. Rock-N-Blues
407 N. Columbia St.
CBA
www.covingtonbusinessassociation.org

For the full music calendar, visit: www.covingtonweekly.com

Covington Weekly Distribution Locations:
Acquistapace's Covington Supermarket, Bayou Barber, Beck-N-Call Cafe, Behrens & Associates Real Estate / Elizabeth Pale Piner CPA, Blue Willow Bed & Breakfast, Braswell Drugs, Brooks' Bike Shop, Camellia House Bed & Breakfast, Campbell's Coffee & Tea, Candy & Tobacco Discounts, Chimes Covington, China City, Coffee Rani, Columbia Street Mercantile, Columbia Street Natural Foods Market, Columbia Street Rock-N-Blues Cafe, Columbia Street Tap Room, Country Inn & Suites, Covington Massage & Wellness Centre, Covington Trailhead Museum & Visitors Center, Downtown Deli, The English Tea Room, Garden Inn, Gilbar Inc., Good Dog Naturally, Gulf Coast Bank & Trust, Hampton Inn, Hebert's Cleaners, History Antiques & Interiors, Holistic Life Approach, Homewood Inn & Suites, Jewel's Cigar & Briar, La Quinta Inn Hwy. 21, Lola's Restaurant, Mac's on Boston, Marsolan's Feed & Seed, Matina Bella, Mellow Mushroom Covington, Mo's Art Supply, Motif, New Orleans Food & Spirits, Nonna Randazzo's Italian Bakery, O'Keefe Feed & Seed, Oil & Vinegar, Our Place Studio, P.J.'s Hwy 190, P.J.'s Hwy 21, P.J.'s Hwy 26, P.J.'s (St. Tammany Parish Hospital), Roy's Knife & Archery Shop, Schwing's Restaurant, Shop Soul Boutique, St. John's Coffeeshouse, St. Tammany Art Association, St. Tammany Homestead, St. Tammany Humane Society, St. Tammany Parish Library (Covington Branch), Studio 311 Salon, Sunshine Garden Health Food Store, Toad Hollow, Winos and Tacos, Vazquez Restaurant, Yoga School, Zita's

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Covington Weekly / Media 9 Productions LLC, 2013

Jewel's Cigar & Briar Shop

201 N. New Hampshire St. - Covington La. 70433
(985) 892-5746

St. Patrick's Day Party

Saturday, March 15th 1 pm - 6 pm
Monday-Friday 10am-6pm - Saturday 10am-5pm

Visit us on "Jewel's Cigar Covington"