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Naturally Good Foods For Your Det Local Raw Whole Foods at Good Dog Naturally

Good Dog Naturally, located at 1027 Village Walk (just north of Lee Lane) carries locally made raw pet food, Tiger Bait! Tiger Bait is formulated as a high-protein, raw food to meet your pet's dietary needs. Tiger Bait also produces a line of raw treats available at Good Dog Naturally.



Good Dog Naturally features holistic products and well researched and tested feeds. You'll find a variety of raw products as well as grain-free products for specific diets. Only lines with the highest quality ingredients are represented at Good Dog Naturally. Feed options include frozen/fresh raw foods, dehydrated mixes and grain free kibble. High protein pet treats and raw food pet treats are available, as well as holistic pest control options.

Good Dog Naturally offers food specially formulated for dogs with food allergies or other health-related diet modifications, and they are proud to carry locally produced Louisiana products. Let your pet experience the difference diet can make in their activity level, food interest and overall health.

Schedule a bath and groom in the full service grooming facility with The Scrubby Puppy, conveniently located within Good Dog Naturally! Or 'Do-It-Youself' with their DIY dog wash! Check their website for more info and regular specials: www.GoodDogNaturally.net







Last Weekend "The Trip to Bountiful" Playmakers Enters 59th Season With Hit

September 17 - 23, 2014



Playmakers Community Theater opens their 59th season with "The Trip to Bountiful". Stepping outside their mainstay of musicals and comedy, first time director Derek Thrush does a wonderful job with this dramatic rendition of Horton Foote's classic, pulling out emotional depths from some of our favorite local talent. Elizabeth Pfeffer Williams shines in the lead role of Mrs. Watts, an aging widow remorseful of her past mistakes and unfulfilled in her current situation. She lives with her overbearing daughter-in-law played by Deborah Marcelle (Almost, Maine) and caring, but detached son Ludie played by Cary Martin (Moon Over Buffalo & Lend Me A Tenor), far away from her beloved Bountiful, symbolic of a simpler time in life. With an innovative set that creates a seamless flow, you won't want to miss a beat as this play builds to its climax - will Mrs. Watts make it to Bountiful, and what will happen when she gets there?

Dine at The English Tea Room Friday Night and receive a discount on your Playmakers ticket price! The Tea Room will be open an extra hour (until 7 pm) on Friday to pamper you with the ultimate dinner & a show experience (bring your own wine). Make sure to grab your receipt for your entree to receive \$5 off your ticket price for "The Trip to Bountiful". For ticket information call (985)-893-1671 or visit www.playmakersinc.com.

Friday Sept. 19 2014 6-9pm







Sunset At The Landing Free Concert

Sunset at the Landing is a free outdoor concert brought to you by the City of Covington, the Covington Farmer's Market and Heritage Bank of St. Tammany. All are invited to bring lawn chairs, blankets and picnics, or to explore the many fantastic restaurants downtown Covington has to offer. Starts at 6pm at the Columbia Street Landing.

Announcements By Celebrations Paperie! Order Custom Cards For Any Occasion



Celebrations Paperie is an online shop that provides quality, affordable digital invitations and announcements designed to celebrate life events. Have an upcoming birthday or baby shower, or want to announce an engagement or graduation? Check their Etsy page for



Quote of the Week

"A bird sitting on a tree is never afraid of the branch breaking, because her trust is not on the branch but on her own wings." Autumn Equinox

New Moon Wed. 24th Tues. Sept. 23rd

Writing Poetry & Short Stories Creative Writing Workshops In Covington

The Loyola Writing Institute Walker Percy Center for Writing & Publishing will be offering creative writing workshops for aspiring writers and writers of all levels, taught by experienced, published writers. Classes will meet one evening a week for eight weeks, open to all.

Two of these classes will occur in Covington. A Poetry Writing class will be held on Tuesdays from September 23 - November 11 at 7 - 9 pm, instructed by Alison Pelegrin. A Writing the Short Story class will be on Wednesdays from September 24 - November 12 at 7 - 9 pm, instructed by David Rodriguez.

Each class is limited to 12 students - enroll now! Contact Chris Chambers, the Center's director, for more

information: 504.865.2475 or chambers@loyno.edu.

Forum for Upcoming Election Candidates



Candidates for District Attorney St Tammany/Washington Parish, Division L 22nd JDC, Justice of the Peace Wards 1 and 3, and Constable Ward 3, will participate in a forum this Wed. Sept 17 at 6:30pm at the Fuhrmann Auditorium, Greater Covington Center. This event is hosted by the Alliance for Good Government and is open to the public.



Fall is in the air, and that can only mean one thing - Fall for Art is just around the corner! Each fall and spring, the St. Tammany Art Association transforms downtown Covington into an interactive, multidisciplinary art experience featuring local artists, musicians, art demonstrations, dance and theater performances, and more! Don't miss out - Save the Date!



Starting at Covington Brewhouse at 6 p.m. with a free tour and celebrating the seasonal release of Fest Bier. Then visit Columbia Street Tap Room, Brooks' Bike Shop, Columbia Street Rock N Blues, Wino's & Tacos and finishing at The Green Room. Plenty of free giveaways for those that make it from start to finish! www.covingtonbrewhouse.com

Covington Farmer's Market Recipe Inspired By Ingredients Found At The Market

Puree of Grilled Okra, Prosciutto and Sweet Corn -By Chef Leslie, Del Porto Ristorante

(makes ½ gallon of soup)

- 2 lb. Fresh okra
- 4 Ears of corn, shucked 1 Onion, small dice
- 1 100z can of whole peeled tomato (no juice)
- 1 Tbsp. garlic, minced
- 3 Tbsp. basil & oregano, rough chop 2 Quarts dark chicken stock
- 1 Cup of diced Prosciutto (or any type of ham)

Season corn and okra with oil, salt and pepper and grill until lightly marked on all sides. Set aside to let cool. In a medium soup pot, add oil and sear onions over medium heat until translucent, add garlic. Hand crush tomatoes into the pot, and cook for about 5 minutes. Add chicken stock and bring up to a simmer. Rough chop okra, and add to the pot, let simmer for about 30 minutes. Puree soup in a Vitamix or blender. Once pureed, pass the mixture through a strainer or sieve fine enough to remove seeds and any hard parts of the okra. Remove corn off the cob. In a clean soup pot add 1 tbsp. olive oil. Over medium heat sauté corn and diced prosciutto or ham for five minutes. Add chopped basil and oregano, strained and pureed soup, and simmer for twenty more minutes. Season with salt and pepper at the end. Garnish with sliced Creole tomatoes, toasted croutons, whole parsley leaves, shaved parmesan cheese and extra virgin olive oil before serving. Enjoy!





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Covington Farmer's Market - Wednesdays 10 am - 2 pm @ the Covington Trailhead Stop by for lunch! Rain or shine, live "front porch jam," fresh local produce and delicious prepared foods. - 419 N. New Hampshire St.

Covington Farmer's Market - Saturdays 8 am - 12 pm @ 600 block Columbia St. Local, fresh produce meats & prepared foods, plants & more! Live music in the gazebo and the Lola Deux food truck will have parmesan fries, fish tacos and more. Covington Brewhouse Brewery Tours - Saturdays 10 am - 2 pm @ Covington Brewhouse Free tours of Covington's own brewery. - 226 E. Lockwood St.

Music with the Maestro - Tuesdays 7 pm @ The Lake 94.7 FM Local music program featuring Robert Sturcken of Center of Performing Arts with local musicians. Artists At The Galleries

Henry Hood Gallery Sipiorski & Siporski "Vive la Difference" - 325 E. Lockwood \$t. Tammany Art Association -"Views from New Orleans: Selections from the New Orleans Museum of Art" 320 N. Columbia St. and featuring live music by Timothy Gates.

Tripolo Gallery Featuring Paula Blackwell, Morgan Cameron, Robert Cook, Tracey Davis, Molly Duet, Donna Landry Duffy, Michael Eddy, Elizabeth M. Haskins, Steve Hasslock, Ken Tate, Craig McMillin and Michael Zavison. – 323 N. Columbia St. **Three Rivers Gallery** "Chasing the Light: New Artwork by Mary Monk" - 333 E. Boston St.

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