November 12 - 18, 2014

#### Three Rivers Art Festival This Weekend **Annual Two Day Art Event In Downtown Covington**

Three Rivers Art Festival returns to downtown Covington this weekend, Saturday the 15<sup>th</sup> and Sunday the 16<sup>th</sup> from 10 a.m. to 5 p.m. A juried show of original works, Three Rivers features 200 artists from more than 20 states. The 2014 Jurors are Jessica Danby, John Hodge and Maggie McConnell. Art and fine craft demonstrations, music, food and plenty of kids activities. The mission of The Covington Three Rivers Art Festival is to expand and enhance St. Tammany's reputation as an arts-oriented community and Mecca for artists and art lovers; to serve as an attraction for cultural tourists to St. Tammany; and, to support art education for St. Tammany Parish school children through an annual grant program.



### Shows At STAA, Henry Hood, Three Rivers **New Installations Showing Art Festival Weekend**

Put Your Best ft<sup>2</sup> Forward!

st.tammanyartassociation

The St. Tammany Art Association Member's Exhibit show will be open for viewing during the Covington Three Rivers Art Festival both Saturday and Sunday, 10 a.m. to 5 p.m.

#### Pastel Art Demo With Plein Air Artist Mary Monk Thursday

Join local artist Mary Monk at the STAA for a demo on Thursday at 6:30 p.m. Sign up at the St. Tammany Art Association website or call 985-892-8650. \$10/person.



www.sttammanyartassociation.org



### IN HENRY HOOD "Contemporary Visions"

Henry Hood features Charles Blank, Andrew Boyd, Cissy Carville, Jean Flint, Jacquie Inda Hood, Lucille Hunter, Linda Katz, Maggie McConnell, Jeff Mickey, Laura Mitchell, Dale Newkirk, Brian Schmidt, Dennis Sipiorski, Ruth Siporski and Keith Villere.

Three Rivers Gallery Presents New Work By Peggy Hesse

"Out of the Wild" is the new installation by Peggy Hesse now showing at Three Rivers Gallery (333 Boston St.) "Wild nature inspires me, the tangle of undergrowth, the hanging vines, stately trees, the constantly changing light on the bayous and rivers. To me the wild places are holy and set apart in the quiet from the noise and congestion of today's world." - Peggy Hesse



Last Quarter

### **Live Music Line Up For Friday Evening** Columbia St. Rock N Blues, Green Room, Tap Room

Sign up for our free e-newsletter, find more content & archived articles:

There's plenty of music Friday with the Boogiemen at Columbia Street Rock N Blues, Junko Beat at The Green Room, and Gypsy River at Columbia Street Tap Room.









Wino's & Tacos Offers Discount For Gift Give A Little, Save A Little With Christmas Toy Drive

Bring a new, unopened toy to Wino's and Tacos to receive 10% off of your dinner bill now through Dec. 6!



321 N. Columbia Street

985-809-3029



### **DEBUTS THREE RIVERS ART FESTIVAL WEEKEND!**

Saturdays November 15<sup>th</sup> to December 20<sup>th</sup> ~ 1 - 4 pm at The English Tea Room's Walker Alley Tea Garden on the corner of Lee Lane & Walker Alley

### **OPEN TO CRAFT PERSONS & VINTAGE COLLECTORS**

Enjoy locally handmade crafts, unique collectables, art demonstrations, specialty tea blends, treats & live music.

SHOP LOCAL THIS HOLIDAY SEASON! FOR MORE INFORMATION CALL 985-288-9609

### **Rosemary's Closet Goes To Hollywood** Local Shop An Affordable Vintage Goldmine

Covington Weekly met local costume designer Kim Martinez while she was out perusing the great selection of vintage clothing and accessories at Rosemary's Closet on the Trace. Kim was looking for 60's and 70's clothing for the upcoming film, "Joe Dirt 2: Beautiful Loser," which will shoot in Downtown Covington later in November. Kim stated that she prefers to shop locally for the costumes she uses, adding to the movie industry's contribution to the local economy. As a former business owner on Magazine Street in New Orleans, Martinez understands the impact of shopping locally. Plus, anyone who has been in Rosemary's Closet knows that you'll find Magazine Street quality clothing without the Magazine Street prices.

Vintage isn't just for the movies, either. Locals also enjoy Rosemary's Closet for unique outfits and accessories, with owner Elizabeth William's expert guidance. When they ask, tell them you found it at Rosemary's Closet! Open Tuesdays and Thursdays, 10 a.m. - 4 p.m. or call for appointment, 984-264-5085. 410 N. New Hampshire





### Quote of the Week

"The more corrupt the state, the more numerous the laws."

- Tacitus,

The Annals Of Imperial Rome

### Friday 14th **Covington Massage And Wellness Centre**

Second Annual Wellness Fair Saturday & Sunday Covington Massage & Wellness Centre will host their 2<sup>nd</sup> annual Wellness Fair this weekend during Three Rivers Art Festival! Each day has a line-up of 60-90 minute wellness presentations from local practitioners including Nutrition, Herbal Medicine, Yoga, Animal Reiki, Somatics and Alkaline Water. Mid-day on both Saturday and Sunday there will be an "open house" time frame (11:30a-1:30p) with booths set up expo style where attendees can sample products, try out the biomat, have aura photography taken, and make a bath salt to take home. Chair Massage will be offered during this time. RSVP 985-875-2030 or visit www.covingtonmassagewellness.com.

### ovington Massage & Wellness Centre

Lineup for the Second Annual Wellness Fair announced: **Saturday November 15 -** 10:30-11:30 Bonnie Poirier -Animal Reiki 11:30-1:30 Open House - Biomat Sessions, Chair Massage, Make-and-Take Station, Practitioner and Product Booths 1:30-2:15 Ellen LaRocca - Why Good Water 2:45-3:45 Sharon Murphy - Herbal Medicine: Make Your Own 4:00-5:00 Dr. Dennis Mutell - Two Great Lies About Your Health: Fat and Salt are bad for you.

Sunday November 16 10:30-11:30 Sally Dunn - Yoga (space is limited, please RSVP) 11:30-1:30 Open House Biomat Sessions, Chair Massage, Aura Photography, Practitioner and Product Booths 1:30-3:00 Danny Burke -Somatics (space is limited, please RSVP) Aura Photography and Analysis provided by Mary Frost. Sessions are \$25/each for 15 minutes.



#### Papa Joe's 6 Cheese Artichoke Lasagna Local Recipe by "Papa Joe" Mariano, Inspired By Fresh Ingredients Found at The Covington Farmer's Market



Ingredients: olive oil, yellow onion, garlic, italian seasoning, fresh basil, red wine, artichoke, tomato paste, canned tomatoes, tomato puree, lasagna (non-boil sheets), ricotta, mozzarella, asiago, romano, parmesan, smoke provolone, artichoke hearts, tomato, Italian bread

Red Sauce - (8 qt. pot) Coat bottom with 1/4 inch of olive oil. Put in a medium yellow onion, chopped. Add 5 or 6 tablespoons of minced garlic. Turn on heat and cook down until garlic begins to brown. Add one 16 oz. can of tomato paste. Stir like a roux for 3-5 mins.

Add a 10 oz. glass of Nero D'avoli (Sicilian red wine) to the sauce. Stir for another 3-5 mins. As you stir, add 3 large cans of crushed Centos tomatoes and i can of tomatopuree. Biend togetner.

Cover the top of the sauce with Italian Seasoning. Add some dried basil and stir some more. Bring to a boil, then bring heat down to medium low. Cook 25 mins.

Lasagna - (non-boil sheets) spread olive oil on the bottom of a 9x13 pan. Cover with three pieces of lasagna and eight tablespoons of sauce on top.

In a mixing bowl, add three small containers of Ricotta cheese, 1/4 cup olive oil, 1/2 cup fresh basil, four teaspoons minced garlic and two eggs. Mix well and spread a layer (half of the mixture) on top of the pasta sauce.

Chop artichoke hearts and spread over the top of the ricotta mixture. Add grated asiago, romano and parmesan. Then add grated mozzarella and smoked provolone. Repeat steps, do not add lasagna or sauce to the top layer. Cover with aluminum foil, lift foil so cheese does not stick.

Bake at 370 degrees for 30 minutes and uncover. Bake for another 15 minutes (should begin to brown on top), then take out of the oven and sit for 15 minutes. Cut portions and plate, top with sauce and fresh basil. Serve with red wine, Italian Bread and a seasoned olive oil dish for dipping.

Tomato Caprese: Tomato sliced thick, topped with olive oil, balsamic vinegar, fresh mozzarella and fresh basil.



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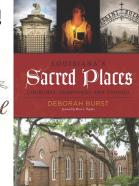


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985-892-0447 or 985-892-5746







### Happening This Week In Covington

Covington Farmer's Market - Wednesdays 10 am - 2 pm @ the Covington Trailhead Stop by for lunch! Rain or shine, live "front porch jam," fresh local produce and delicious prepared foods. - 419 N. New Hampshire St.

Covington Farmer's Market - Saturdays 8 am - 12 pm @ 600 block Columbia St. Local, fresh produce meats & prepared foods, plants & more! This week features Last

Chance Bluegrass Band and a cooking demo of muffalettas by Nuccio's. Covington Brewhouse Brewery Tours - Saturdays 10 am - 2 pm @ Covington

Brewhouse Free tours of Covington's own brewery. - 226 E. Lockwood St. Music with the Maestro - Tuesdays 7 pm @ The Lake 94.7 FM Local music program featuring Robert Sturcken of Center of Performing Arts with local musicians.

#### Artists At The Galleries

Henry Hood Gallery "Contemporary Visions" at Henry Hood features Charles Blank, Andrew Boyd, Cissy Carville, Jean Flint, Jacquie Inda Hood, Lucille Hunter, Linda Katz, Maggie McConnell, Jeff Mickey, Laura Mitchell, Dale Newkirk, Brian Schmidt, Dennis Sipiorski, Ruth Siporski and Keith Villere. – 325 E. Lockwood

\$t. Tammany Art Association Members Exhibit Show "Put Your Best ft2 Foreward – 320 N. Columbia St. Tripolo Gallery Featuring Paula Blackwell, Morgan Cameron, Robert Cook, Tracey Davis, Molly Duet, Donna Landry Duffy, Michael Eddy, Elizabeth M. Haskins, Steve Hasslock, Ken Tate, Craig McMillin and Michael Zavison. - 323 N. Columbia St. Three Rivers Gallery . "Out of the Wild" Exhibit of New Work by Peggy Hesse - 333 E. Boston St.

live Theater In Covington This Week



Cut off from the outside world by its remote location and shunned by all who know its forbidding and sinister reputation, Hill House has remained empty and silent until its isolation is broken by the arrival of Dr. Montague, an investigator of supernatural phenomena who has been granted a short lease by the present owner. His mission is to delve into the morbid history of the house and to come to grips with the occult forces that have made it uninhabitable for many years.

Mellow Mushroom 5th Birthday Party November 22, 2014



The English Tea Room & Eatery call 985-898-3988







Thursday 11am-1pm Singer/Songwriter Timothy Gates Friday12noon - 2 pm Classical Harpist Jessica Metz

### Columbia Street Rock N Blues Cafe call 985-892-9949

Wednesday Service Industry Night/Karaoke -- Thursday Comedy Night with Corey Mack 9 pm – **Friday** – The Boogiemen **Saturday** - Killahouse **Sunday** Football! Available for Private Parties and Catering



### Covington Weekly Dirtribution locations:

Acquistapace's Covington Supermarket, Bayou Barber, Beck-N-Call Cafe, Barbers & Bombshells, Behrens & Associates Real Estate / Elizabeth Pale Piner CPA, Blue Willow Bed & Breakfast, Braswell Drugs, Brooks' Bike Shop, Camellia House Bed & Breakfast, Camobell's Coffee & Tea, Candy & Tobacco Discounts, Center of Performing Arts, China City, Coffee Rani, Columbia Street Mercantile, Columbia Street Natural Foods Market, Columbia Street Rock-N-Blues Cafe, Columbia Street Tap Room, Copper Rooster Antiques, Cottage Inn Antiques, Country Inn & Suites, Covington Massage & Wellness Centre, Covington Trailhead Museum & Visitors Center, Eclectic Designs, The English Tea Room, Eyewear Society, The French Mix, Garden Inn, Gilsbar Inc., Good Dog Naturally, Gracie's, The Green Room, Gulf Coast Bank & Trust, Hampton Inn, Hebert's Cleaners Heritage Bank, History Antiques & Interiors, Homewood Inn & Suites, Jewel's Cigar & Briar, La Quinta Inn Hwy. 21, Lola's Restaurant, Mac's on Boston, Mail, Ship & Copy, Marsolan's Feed & Seed, Matina Bella, Mellow Mushroom Covington, Mo's Art Supply, Motif, New Orleans Food & Spirits, Nonna Randazzo's Italian Bakery, O'Keefe Feed & Seed, Oil & Vinegar, Our Place Studio, PJ's Hwy 190, PJ's Hwy 21, PJ's Hwy 25, PJ's (St. Tammany Parish Hospital), Popcorn Bistro, Roy's Knife & Archery Shop, Sala Thai, Shop Soul Boutique, St. John's Coffeehouse, St. Tammany Art Association, St. Tammany Homestead, St. Tammany Humane Society, St. Tammany Parish Library (Covington Branch), Sunshine Garden Health Food Store, Toad Hollow, The Whimsy Shop, Winos and Tacos, Vazquez Restaurant, The Yoga School, Zita's









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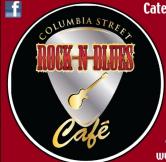
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