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Covington Weekly

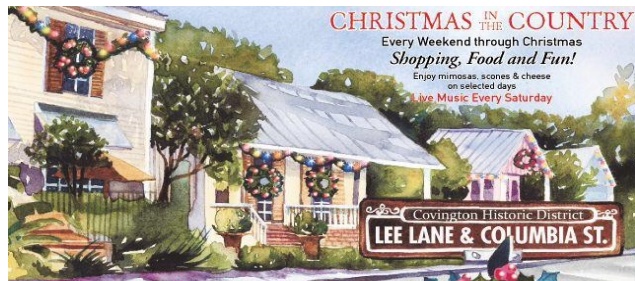
FREE!

Nov. 26 – Dec. 2, 2014

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www.covingtonweekly.com



“Christmas In The Country” This Weekend Celebration Begins With Shop Local Saturday



Christmas in the Country is a month long Holiday Shop Local Initiative that began on Lee Lane and is spreading out through Covington's Historic Downtown. Start off with a cup of coffee and a pastry from Coffee Rani, then enjoy mimosas from Acquistapace's, scones from the English Tea Room and live music, all along Lee Lane! Participating businesses include The French Mix, Gracie's, The Copper Rooster, Cottage Inn Antiques, Welcome Home & Garden, and many more. The Craft Market at Lee Lane will also be taking place at the corner of Lee Lane and Walker Alley, see below for more details.

Gifts For The Holidays At The French Mix Local Art, Gift Books, Hand Made Pottery & More



www.shopthefrenchmix.com

Shop Local Saturday Downtown Covington Holiday Cheer At History Antiques & Interiors

Wreaths and arrangements from the Magnolia Company now featured at History Antiques & Interiors.



www.historyantiquesandinteriors.com

Roy's Knife & Archery Features Woodwork Hand Carved Figurines By Roy Blaum



If you haven't visited Roy Blaum at Roy's Knife & Archery, you're missing out on one of Covington's very own Louisiana Crafts Guild artists. Featured here is just a small sampling of Mr. Blaum's hand carved figurines.

CPD Toys For Tots Program In Full Swing Department Needs Donations For Holiday Event

The Covington Police Officers' Recreation Association's annual Caroline Darby Memorial Toys for Tots campaign for 2014 has officially started. Toys for Tots is held each year, providing toys for children in the community that may not have been able to get Christmas presents otherwise.

With the community's help, last year toys were presented to over 600 needy children in the Covington area. The support of our community ensured these children were able to have a merry Christmas and could not have been done without your help.

The distribution date for this year is tentatively scheduled for Saturday, December 6, 2014 from 9am – 12pm at the Greater Covington Center, 317 N Jefferson Ave. The Covington Police Officers' Recreation Association is asking the community for donations of toys or monetary donations. Anything the community can give will go directly to making this Christmas memorable for our children.

If you would like to make a monetary donation, please make checks payable to “CPORA Toys for Tots” and mail them to Covington Police Department, PO Box 1059, Covington, LA 70434. For more information, or if you need toys to be picked up, please call 985-898-2641.

Thank you for the support you give each year to ensure the future of our community is able to have a memorable and happy holiday!



10% Discount With Toy Drive Gift Til Dec. 6



CRAFT FAIR AT LEE LANE SATURDAYS 1 – 4 PM THRU DECEMBER 20TH

at The English Tea Room's Walker Alley Tea Garden on the corner of Lee Lane & Walker Alley

OPEN TO CRAFT PERSONS & VINTAGE COLLECTORS
Enjoy locally handmade crafts, unique collectables, art demonstrations, hot tea, treats, live music & more!

Sponsored by: The English Tea Room

This Saturday Nov. 29th...



FOR MORE INFO CALL 985-288-9609

Shop Soul Boutique On Boston Street
Fine Art, Hand Made Jewelry, Clothing & Accessories

Reina Solano, owner of Shop Soul, has an eye for the unique. You'll find one of a kind accessory items, vintage and new clothing, mittens, bags, sunglasses, footwear and much more. Shop Soul also features fine art by Rebecca Authement, Amber Damare and Heather Vallaire.



Quote of the Week

“Gratitude is not only the greatest of virtues, but the parent of all others.”
- Marcus Tullius Cicero

First Quarter



Saturday 29th



The Center Of Performing Arts announces one last chance to see “Yes Virginia” after three sold-out performances! Call or check online to order your tickets today.

CENTER OF PERFORMING ARTS
www.centerofperformingarts.net

Free Workshop - Healthe Habits For Living Helpful Tips To Avoid The Extra Holiday Pounds

Healthe Habits for Living of Covington is hosting a free holiday workshop: “All I Want for Christmas . . . Is to Fit in My Pants!” on December 3rd, 2014 at 11:30-1:00 and 5:30-7:00. The workshop is open to the public, and will provide strategies to help people successfully manage the many temptations of the holiday season.

“People get pulled in so many different directions during the holidays; it's easy to lose track or give in to all of the temptations around us without even realizing it,” says owner and Occupational Therapist Jill Hurley. “This workshop will teach people how to enjoy the holidays without feeling guilty or having regrets later.”

The workshop will focus on: How to Maneuver the Buffet from Hell; Stop Being a Slave to the Dreaded Food Court; and Managing Decadence Intelligently – all showing that Healthy Doesn't Equal Horrible. Healthe Habits for Living will also provide recipes, tips, and resources for healthy holiday planning.

Healthe Habits for Living offers individuals with a Body Mass Index of 30+ a customized weight loss program focused on changing the way people think, relate to, consume, and manage food and exercise on a daily basis. Visit healthehabitsforliving.com or call 985.892.5716 for more information or to register for the seminar.



Covington Community Connections Greenways And Blueways

National Park Service Initiative To Begin In 2015



The City of Covington is launching a project to plan a network of sidewalks, paddle and shared-use recreational trails, thanks to being selected by the National Park Service Rivers, Trails and Conservation Assistance Program. The federal agency will offer the city technical support as it launches “Covington Community Trails: Greenways and Blueways,” a planning project that will result in a conceptual design of non-motorized routes in and around the city. The project will take about a year to complete, and shall be implemented in stages using a strategy that incorporates grant funding and traditional sources of city revenue, along with public and private partnerships.

One key feature of the design will be a paddle trail five miles in length along the Bogue Falaya and Tchefuncte Rivers. With the main launching hub at Bogue Falaya Park, paddlers will be able to disembark from their kayaks, canoes and paddleboards to take advantage of the city's array of commercial, cultural and recreational venues. Access to these attractions will be further enhanced by ten miles of interconnected sidewalks and shared-use trails that may be used for bicycling, skating and jogging. These non-motorized routes will tie into city neighborhoods, making walking and bicycling an easier and more pleasant means of recreation and transportation for residents and visitors alike.

Input from local residents and prospective stakeholders will be an integral part of the planning process, accomplished in part through a series of public meetings. The first meeting is on Thursday, December 4, at 6 p.m. at the Covington City Council Chambers, 222 E. Kirkland St. The public is invited to attend. Additionally, National Park Service representatives are available to meet one-on-one with civic, recreational and professional organizations that wish to contribute ideas, obtain more information, or get involved in the project.

The project is being stewarded by a committee of federal and city employees. To schedule a one-on-one meeting or obtain more information about Covington Community Trails: Greenways and Blueways, email Stacey Palmer-McBride at stacey_palmer@nps.gov or call Kelli Moore at (985) 898-4717. Full article available online:

www.CovingtonWeekly.com

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Covington Weekly
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Happening This Week In Covington

Covington Farmer's Market - Wednesdays 10 am - 2 pm @ the Covington Trailhead Stop by for lunch! Rain or shine, live "front porch jam," fresh local produce and delicious prepared foods. - 419 N. New Hampshire St.

Covington Farmer's Market - Saturdays 8 am - 12 pm @ 600 block Columbia St. Local, fresh produce meats & prepared foods, plants & more! This week features Zac Maris and a cooking demo by Chompers BBQ.

Covington Brewhouse Brewery Tours - Saturdays 10 am - 2 pm @ Covington Brewhouse Free tours of Covington's own brewery. - 226 E. Lockwood St.

Music with the Maestro - Tuesdays 7 pm @ The Lake 94.7 FM Local music program featuring Robert Sturcken of Center of Performing Arts with local musicians.

Artists At The Galleries

Henry Hood Gallery "Contemporary Visions" at Henry Hood features Charles Blank, Andrew Boyd, Cissy Carville, Jean Flint, Jacquie Inda Hood, Lucille Hunter, Linda Katz, Maggie McConnell, Jeff Mickey, Laura Mitchell, Dale Newkirk, Brian Schmidt, Dennis Siporski, Ruth Siporski and Keith Villere. - 325 E. Lockwood

St. Tammany Art Association Members Exhibit Show "Put Your Best ft2 Foreward" - 320 N. Columbia St.

Tripole Gallery Featuring Paula Blackwell, Morgan Cameron, Robert Cook, Tracey Davis, Molly Duet, Donna Landry Duffy, Michael Eddy, Elizabeth M. Haskins, Steve Hasslock, Ken Tate, Craig McMillin and Michael Zavison. - 323 N. Columbia St.

Three Rivers Gallery "Out of the Wild" Exhibit of New Work by Peggy Hesse - 333 E. Boston St.

YES VIRGINIA THE MUSICAL
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Covington, LA

December 11 to 13
7PM

Live Music Around Town

Columbia Street Rock n Blues Cafe call 985-892-9949

Wednesday Service Industry Night/Karaoke -- Thursday Comedy Night with Corey Mack 9 pm - Friday - Sledgehammer Saturday - RockIt Prods.
Sunday - Available for Private Parties and Catering.

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STEVE BLAZE (LILLIAN AXE)
GUY GELSO (ZEBRA)
JOE CALUDA (PERSIA)
MICHAEL MAXX (CIRCLE OF LIGHT)

rock-it SAT
The Green Room call 985-892-2225

Monday - Trivia Tuesday - DJ Minor Wednesday Open Mic Night sponsored by Covington Brewhouse -- Thursday Karaoke - Friday - Stone Rabbits!! Saturday - Unity Party! Sunday - Karaoke Championship

Acoustic Open Mic
Wednesdays \$3
Pint Night sponsored by COVINGTON BREWHOUSE

Stone Rabbits

KARAOKE CHAMPIONSHIP
Sunday Nov 30th
3rd Annual Southeast Louisiana
sign up @ 7 pm

GIVEAWAYS FROM THE BREWERY!

AT THE GREEN ROOM

Covington Weekly Distribution locations:

Acquistapace's Covington Supermarket, Bayou Barber, Beck-N-Call Cafe, Barbers & Bombshells, Behrens & Associates Real Estate / Elizabeth Pale Piner CPA, Blue Willow Bed & Breakfast, Braswell Drugs, Brooks' Bike Shop, Camellia House Bed & Breakfast, Campbell's Coffee & Tea, Candy & Tobacco Discounts, Center of Performing Arts, China City, Coffee Rani, Columbia Street Mercantile, Columbia Street Natural Foods Market, Columbia Street Rock-N-Blues Cafe, Columbia Street Tap Room, Copper Rooster Antiques, Cottage Inn Antiques, Country Inn & Suites, Covington Massage & Wellness Centre, Covington Trailhead Museum & Visitors Center, Eclectic Designs, The English Tea Room, Eyewear Society, The French Mix, Garden Inn, Gilsbar Inc., Good Dog Naturally, Gracie's, The Green Room, Gulf Coast Bank & Trust, Hampton Inn, Hebert's Cleaners, Heritage Bank, History Antiques & Interiors, Homewood Inn & Suites, Jewel's Cigar & Briar, La Quinta Inn Hwy. 21, Lola's Restaurant, Mac's on Boston, Mail, Ship & Copy, Marsolan's Feed & Seed, Matina Bella, Mellow Mushroom Covington, Mo's Art Supply, Motif, New Orleans Food & Spirits, Nanna Randazzo's Italian Bakery, O'Keefe Feed & Seed, Oil & Vinegar, Our Place Studio, P.J.'s Hwy 190, P.J.'s Hwy 21, P.J.'s Hwy 25, P.J.'s (St. Tammany Parish Hospital), Popcorn Bistro, Roy's Knife & Archery Shop, Sala Thai, Shop Soul Boutique, St. John's Coffeehouse, St. Tammany Art Association, St. Tammany Homestead, St. Tammany Humane Society, St. Tammany Parish Library (Covington Branch), Sunshine Garden Health Food Store, Toad Hollow, The Whimsy Shop, Winos and Tacos, Vazquez Restaurant, The Yoga School, Zita's

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December 14th Show Added - Curtain at 6pm
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