

# Support local!

# Covington Weekly

Sign up for our free e-newsletter, find more content & archived articles:  
[www.covingtonweekly.com](http://www.covingtonweekly.com)



FREE!

February 11 - 17, 2015

English Tea Room For A Valentine High Tea

Special High Tea

served  
 Feb 9<sup>th</sup> - 14<sup>th</sup>  
 \$25.00



Valentine's Day  
 "Roses & Tea"

Reservations required

Open regular hours 9am - 6pm

985-898-3988

Jack the Ripper Night Friday the 13<sup>th</sup>



On Friday February 13th, The English Tea Room is excited to host their first Jack the Ripper Night! Special book signing by local disc jockey T.C. and featuring a \$10 dinner plate of baked macaroni and slow-cooked beef roast topped with red sauce. Open late from 6 pm to 8:30 pm, no reservations necessary. Costumes are always encouraged, join in this adventurous night event!

Downton Abbey Afternoon Tea - March 1<sup>st</sup>

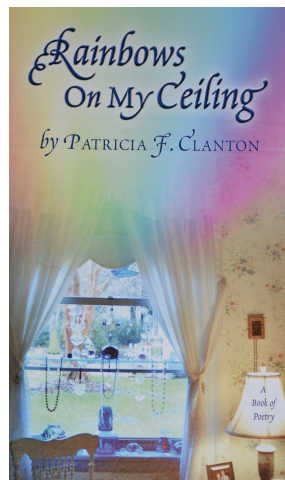
The English Tea Room is excited to announce a new Downton Abbey Afternoon Tea on Sunday, March 1st from 2:30-4:30pm. The event includes a full, Downton Abbey-styled High Tea, with delicacies straight from the show. Hats and costumes are welcomed! Call to reserve your spot - this will be a sell out too! Price is \$30 per person, prepaid.



Downton Abbey  
 Afternoon Tea  
 March 1<sup>st</sup> 2:30 - 4:30

"Rainbows On My Ceiling" Available Locally  
 Covington Native Patricia Clanton's Most Recent Book

"Rainbows on my Ceiling" is a collection of poetry and photography by Mrs. Patricia Clanton, a Covington native and life-long resident whose family has a rich history in this area. Mrs. Clanton's parents, Mr Sidney Fuhrmann and Mrs. Pauline Frederick Fuhrmann were both notable Covington citizens, Mr. Fuhrmann being most known for his support of the arts with the management of several theaters in Covington and across the parish. Mrs Clanton has also spent a lifetime serving Covington; as the first



female City Council member she was instrumental in the restoration of the 1920 brick pillars at the entrance to Bogue Falaya Park and the Arch at the Parish Fairgrounds, both major attractions to Covington.

Mrs. Clanton was heavily influenced by her mother and grandmother, both avid diarists, keeping journals of their travels and experiences that are now in Mrs. Clanton's possession. She later transcribed these journals, sharing their stories in oral history interviews and the books "The Family Circle of Pauline & Sidney: the Fuhrmann Family" and "A Potpourri of Memories: Growing up in Covington", all of which are available at the St. Tammany Parish Library Covington Branch. "I feel it is important to leave memories behind for the next generations - otherwise you become just a dash between your birth and death date," she said in an interview for this article.

"Rainbows on my Ceiling" had a different purpose. This book includes poetry spanning many years, ranging from whimsical to philosophical. While collecting her works Mrs. Clanton began taking photographs she felt gave a physical representation of the concepts she covers in her poetry. "Rainbows on my Ceiling" presents her poetry and photography seamlessly, creating a compilation that is both sentimental and inspiring.

Cont. below

Downtown Traffic Study Underway



Seeking ways to improve traffic flow and safety in the historic CBD, Covington Mayor Mike Cooper requested the Regional Planning Commission last year to conduct a comprehensive study of traffic circulation, parking options, and safety analysis in partnership with the City. This key project is now underway.

A team of consultants led by Digital Engineering, including ITS Regional, Inc. and Dana Brown & Associates, was selected and will be collecting and analyzing traffic and related data in the weeks to come. The goal is to recommend new or improved policies to enhance traffic flow, parking, signage, signals, and safety for all transportation modes, including bicyclists and pedestrians. The University of New Orleans Transportation Institute will also provide additional analysis support as needed.

Among the areas to be studied include possible traffic signalization on E. Boston St. at N. Vermont St., the enhancement of E. Kirkland St. through the Village Walk from N. Lee Rd. to Collins Blvd., and streetscaping of E. Gibson St. for clear identification of bicycle lanes. In addition, the study will consist of evaluation and conceptual development of an overall traffic circulation plan and parking management analysis.

"In an effort to determine the current conditions and develop improvements, the consultants will observe parking and traffic patterns, collect data, and seek input from our business owners and those who frequent downtown," Mayor Mike Cooper. "I am anxious to receive the final recommendations so that we may take immediate steps to improve travel safety and movement, enhance the flow of traffic in and out of our City, which will contribute significantly to the pedestrian-friendly environment of our historic downtown."

The final report, which is expected to be completed by June 2015, will include a series of action items the City of Covington may consider for implementation.



Covington Parades On Mardi Gras Day



Covington celebrates Mardi Gras with our annual day parades! On Fat Tuesday, February 17<sup>th</sup>, the Covington Lions Club kicks off the local celebrations at 10 a.m.

Immediately following the Lions Club parade is the Mystic Krewe of Covington. The theme for 2015 is "Female Superheros". We will be looking for Wonder Woman. The parade follows the usual route, see map on the back. [www.covla.com](http://www.covla.com)

Sheriff Warns Parish Of New Phone Scam

A new phone scam targeting the elderly has been reported to the Sheriff's office by various residents over the past few days.

The basic technique of the caller is similar to other scams we've reported recently. The caller makes some sort of threat against the person answering the phone and demands a cash payment to resolve the problem.

In this latest scam, the recipient of the call is told that a relative is being held hostage and will not be released until money is either wired via Western Union or a "Green Dot" card is obtained from a local retail outlet.

Green Dot cards are financial instruments that can be pre-loaded with funds, which are retrievable by anyone who has been given the code imprinted on the card.

Other recent scams have involved callers falsely claiming the victim has a warrant for their arrest or owes a large sum of money to the IRS for unpaid taxes. The callers may identify themselves as Sheriff's deputies or other government agents.

We want to remind our residents again that the Sheriff's office DOES NOT initiate phone calls such as these. Anyone who receives a call similar to these, or is in any way suspicious of a call from someone demanding an immediate cash payment, is asked to call the Sheriff's office.

"The scammers making these calls are committing the worst type of fraud imaginable - preying on the elderly," Sheriff Jack Strain said. "Unfortunately, almost all of these calls are originating from overseas. The best way we can protect our residents is to educate them and encourage them to call us if they are at all suspicious," Strain said.

[www.stps.com](http://www.stps.com)

Quote of the Week

"Rather than being your thoughts and emotions, be the awareness behind them." - Eckhart Tolle

New Moon



Thursday Feb 19

Rainbows on my Ceiling by Pat Clanton - Cont.

The book's name and cover photo come from the crystals on her windowsill that in the morning light cast rainbows on her ceiling. The collection has something for everybody, a blend of poetic thoughts to ponder, life insight, praises of Covington's scenic natural beauty and reflections on her deep caring for our City. Mrs. Clanton is often quoted as saying, "Next to family and friends, Covington is the closest thing to my heart."

"Rainbows on my Ceiling" is available for sale at The English Tea Room, 734 E. Rutland Street, and at Jewel's Cigar and Briar Shop, 201 N. New Hampshire Street.

Photo of the Week: Here Comes the Parade



"Here Comes the Parade" was submitted by Jewel Clanton of Jewel's Cigar & Briar Shop, taken at the corner of Boston & N New Hampshire Street in Covington, LA. Photo of Brooke, Kayla & Bailey Bourgeois at the Mardi Gras day parade. Submit your photo to [covweekly@mediag9productions.com](mailto:covweekly@mediag9productions.com) for a chance to have it featured in our "Photo of the Week". Preference will be given to photos taken locally. Please include the title of your photo, the name of the photographer and where the photo was taken. Original works only, please.

Find Covington Weekly At These Fine Establishments:

Farmer's Market Recipe

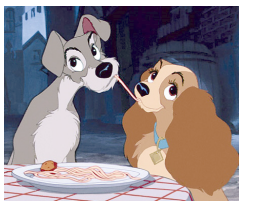
Eison Meatballs & Spaghetti for Two

Fresh recipes inspired by local ingredients found at the Covington Farmer's Market

Ingredients- Meatballs:

- 1lb ground Bison
  - 1 large egg
  - 1/2 onion, finely chopped
  - 1/2 cup plain bread crumbs
  - 3tbsp Italian seasonings - oregano, thyme, fresh parsley
  - 3tbsp minced fresh garlic
  - 1tsp course salt
  - 1tsp fresh ground black pepper
  - 1tsp Worcestershire sauce
- Red Sauce:
- 4 oz tomato paste
  - 1 large tomato, diced
  - 1/2 onion, finely chopped
  - 3tbsp minced fresh garlic
  - 3tbsp Italian seasonings - oregano, thyme, basil
  - 2tbsp raw sugar
  - 1tsp balsamic vinegar
  - 1tsp chili pepper
  - 1tbsp olive oil
  - 1/4 cup of water

Recipe inspired by [thebisoncouncil.com](http://thebisoncouncil.com)



Cooking Instructions:

Preheat oven to 350 degrees. In a large mixing bowl, combine all meatball ingredients. Mix well with your hands, then divide into small balls and place in an oiled cookie tray, making sure to leave space between them. Makes about 16 small meatballs. Bake for 15 minutes. If making larger meatballs, bake for 30 minutes.

Red Sauce - In a large saucepan or medium pot, cook the onions & garlic first with the olive oil. Add the herbs and spices, stir, then mix in the rest of the ingredients. Bring to a boil, then lower to medium heat. Add the cooked meatballs and simmer for about 15 minutes. Serve over your favorite spaghetti, top with fresh grated parmesan!

This Week at the Covington Farmer's Market Bear Creek Road will have valentine's treats to match the sweet music of Tony Green.



Bear Creek Road



Acquistapace's Covington Supermarket, Bayou Barber, Beck-N-Call Cafe, Barbers & Bombshells, Behrens & Associates Real Estate / Elizabeth Pale Piner CPA, Blue Willow Bed & Breakfast, Braswell Drugs, Brooks' Bike Shop, Camellia House Bed & Breakfast, Campbell's Coffee & Tea, Candy & Tobacco Discounts, Center of Performing Arts, China City, Coffee Rani, Columbia Street Mercantile, Columbia Street Natural Foods Market, Columbia Street Rock-N-Blues Cafe, Columbia Street Tap Room, Copper Rooster Antiques, Cottage Inn Antiques, Country Inn & Suites, Covington Massage & Wellness Centre, Covington Trailhead Museum & Visitors Center, Eclectic Designs, The English Tea Room, The French Mix, Garden Inn, Gilsbar Inc., Good Dog Naturally, Gracie's, The Green Room, Gulf Coast Bank & Trust, Hampton Inn, Hebert's Cleaners, Heritage Bank of St. Tammany (Covington), History Antiques & Interiors, Homewood Inn & Suites, Jewel's Cigar & Briar, Jo's Barber Shop, Lola's Restaurant, Mac's on Boston, Mail, Ship & Copy, Marsolan's Feed & Seed, Matina Bella, Mellow Mushroom Covington, Mo's Art Supply, Motif, New Orleans Food & Spirits, Nonna Randazzo's Italian Bakery, O'Keefe's Feed & Seed, Our Place Studio, P.J.'s Hwy 190, P.J.'s Hwy 21, P.J.'s Hwy 25, P.J.'s (St. Tammany Parish Hospital), Roy's Knife & Archery Shop, Sala Thai, Shop Soul Boutique, St. John's Coffeehouse, St. Tammany Art Association, St. Tammany Homestead, St. Tammany Humane Society, St. Tammany Parish Library (Covington Branch), Sunshine Garden Health Food Store, Toad Hollow, The Whimsy Shop, Winos and Tacos, Vazquez Restaurant, The Yoga School, Yujin Japanese Restaurant, Zita's Place

& online at [www.covingtonweekly.com](http://www.covingtonweekly.com)

**THE ENGLISH TEA ROOM**  
**Downton Abbey**  
**Afternoon Tea**  
 Traditional British High Tea  
 Costumes are encouraged!

**MARCH 1<sup>ST</sup> 2:30 - 4:30 PM**

734 E. RUTLAND ST. COVINGTON, LA 70433  
 985.898-3988

\$30 PER - ALL INCLUSIVE  
 PREPAID RESERVATIONS MUST BE MADE IN ADVANCE

**XGT**  
**Xyldia Grace Thomas**  
**Photography**

Located in Cottage Antiques  
 205 Lee Lane, Covington LA  
 fine art & collectables  
 XYLDIAGRACE-THOMAS.PIXELS.COM

**GOOD DOG NATURALLY**  
 Full Grooming Services  
 By Appointment Monday-Saturday  
 Self Dog Wash also available!

1027 Village Walk  
 Covington, La 70433  
 985-871-5222

**The Scrubby Puppy**  
 Do-It-Yourself Dog Wash

www.gooddognaturally.net

**Zita's**  
 gifts • jewelry • accessories  
 clothing • yard/land art  
 fantasy art • & more!

Open 7 Days a Week  
 985-893-3555

319 W 21<sup>ST</sup> Street  
 Covington, LA 70433

**KOMBUCHA GIRL**  
 Living Beverages

Kombucha, Water Kefir,  
 Herbal Infused Vinegar,  
 Beet Kvass, and More!

Saturdays 8 am - 12 pm  
 600 Block of Columbia St.

**COLUMBIA STREET ROCK-N-BLUES Cafe**  
 Catering & Special Events  
 Rock - It! Productions  
 Karaoke Every Wednesday  
 Comedy Nite Every Thursday  
 Private Parties  
 for booking call (985) 892-9949  
 407 N. Columbia Street  
 www.RockNBluesCafe.com

**SHOP SOUL**  
 529 E. Boston Street  
 Covington, LA 70433  
 985-258-4080

**THE GREEN ROOM**  
 521 E. BOSTON ST. • COVINGTON, LA  
 (985) 892-2225  
 WWW.GREENROOMCOVLA.COM

**Covington Weekly**  
 www.covingtonweekly.com

Advertising is simple, affordable & effective  
**Shop Local!**

PRINT • E-NEWSLETTER • SOCIAL MEDIA  
 WEB ADS • FEATURE ARTICLES

Chelsea C. Cochrane, Publisher  
 Timothy A. Gates, Correspondent

MEDIA 9 PRODUCTIONS LLC, ©2015  
 (985)288-9609 covweekly@media9productions.com

# Covington Weekly

FREE! February 11 - 17, 2015

**Happening This Week In Covington**

**Covington Farmer's Market - Wednesdays 10 am - 2 pm @ the Covington Trailhead** Stop by for lunch! Rain or shine, live "front porch jam," fresh local produce and delicious prepared foods. - 419 N. New Hampshire St.

**Covington Farmer's Market - Saturdays 8 am - 12 pm @ 600 block Columbia St.** Local, fresh produce, meats & prepared foods, plants & more! Bear Creek Road for the valentines food demo at the market and Tony Green plays music in the gazebo.

**Covington Brewery Tours - Saturdays 10 am - 2 pm @ Covington Brewhouse** Free tours of Covington's own brewery. - 226 E. Lockwood St.

**Music with the Maestro - Tuesdays 7 pm @ The Lake 94.7 FM** Local music program featuring Robert Sturcken of Center of Performing Arts with local musicians.

**Artists At The Galleries**

**Henry Hood Gallery** "Contemporary Visions" at Henry Hood features Charles Blank, Andrew Boyd, Cissy Carville, Jean Flint, Jacquie Inda Hood, Lucille Hunter, Linda Katz, Maggie McConnell, Jeff Mickey, Laura Mitchell, Dale Newkirk, Brian Schmidt, Dennis Sipiorski, Ruth Siporski and Keith Villere. - 325 E. Lockwood St.

**Tammany Art Association** "Nature's Essence: Two Visions" - Paintings by Marcia Holmes and Jim Seitz - 320 N. Columbia St.

**Tripole Gallery** Featuring Paula Blackwell, Morgan Cameron, Robert Cook, Tracey Davis, Molly Duet, Donna Landry Duffy, Michael Eddy, Elizabeth M. Haskins, Steve Hasslock, Ken Tate, Craig McMillin and Michael Zavison. - 323 N. Columbia St.

**Three Rivers Gallery** Group Members Exhibit "Small Works" - 333 E. Boston St.

**CITY OF COVINGTON**

**Mardi Gras Day Parades**  
 FEB 17<sup>TH</sup> 2015 - 10 AM

START END

Map showing parade route through the city streets.

**LIONS CLUB** **OF C**

**THE ENGLISH TEA ROOM & EATERY**

**Live Music At The English Tea Room**  
 Thursday- Timothy Gates-Acoustic High Tea 12 - 2 pm  
 www.english-tea-room.com  
 985-898-3988

**Feb. 20 is Sold Out!**  
 Reservations Available for Sunday  
 March 1<sup>st</sup> 2:30-4:30pm

**DOWNTON ABBEY Afternoon Tea**

**Columbia Street Rock n Blues Cafe call 985-892-9949**  
 Wednesday CRAWFISH BOIL - 5 pm! Service Industry Night -- Thursday Steak Night and Comedy Night with Corey Mack 9 pm - Friday - Partners In Crime Saturday - Valentines w/DVJ Hollywood Available for Catering

**EVERY WEDNESDAY SIN**  
 KARAOKE SPECIAL  
 \*12 OFF WELLS\* \*32 DOMESTICS\*  
 \*42 PINNACLE & THREE OLIVE SHOTS\*  
 407 N. COLUMBIA STREET COVINGTON (985) 892-9949

**ROCK N BLUES STEAK NIGHT**  
 EVERY THURSDAY 6-10PM  
 \$10 STEAK & POTATO  
 FREE COMEDY SHOW STARTS @ 9

**THE GREEN ROOM call 985-892-2225**  
 Monday - Trivia Night Tuesday - The Sessions w/ DJ Minor Wednesday Open Mic Night Thursday Karaoke Friday - Junko Beat! Saturday - Karaoke with Trevor Hart! Sunday - Karaoke w/Bobby Blaze!

**GREEN ROOM WEDNESDAYS LIVE MUSIC OPEN MIC**

**JUNKO BEAT**  
 karoke lovers unite!  
 sundays @ the green room

**HISTORY ANTIQUES & INTERIORS**  
 www.historyantiquesinteriors.com

antiques • collectables • home décor  
 furniture • local art • unique gifts

Tuesday - Saturday  
 10 am - 5 pm  
 Monday - by appointment only  
 985.892.0010

317 N. Columbia St • Covington, LA

**Our Place**  
 985.875.1182  
 338 N. Vermont St.

PERSONAL FITNESS & BODYWORK STUDIO

**OPCOVINGTON.COM**

**Heritage Bank of St. Tammany**  
 Roots as deep as your own.

**FB 90 years**  
 SERVING ST. TAMMANY

205 N. Columbia St. • Covington, LA 70433  
 200 Gause Blvd. • Slidell, LA 70458

Member FDIC

**staa**  
 320 N. Columbia St.

**st.tammanyartassociation**  
 www.sttammanyartassociation.com

**Rosemary's Closet, LLC**  
 VINTAGE CLOTHING FOR MEN AND WOMEN  
 RECORDS • 45s • LPs

410 N. New Hampshire  
 on the COVINGTON TRACE (GIBSON ST. CURVE)  
 OPEN TUESDAYS & THURSDAYS  
 10 AM TO 4 PM  
 And by Appointment at 985-264-5085

Elizabeth Pfeffer Williams  
 OWNER

**BROCK'S BIKE SHOP LLC**

buy • sell • trade  
 rental, repair and maintenance

416 E. Gibson Street (on the Trace)  
 985-237-3658

**GOODBEE PLUMBING**

• Repairs  
 • Drain Cleaning  
 • Video Inspection  
 • Water Heater  
 • Backflow Specialist  
 • Gas Inspections

Licensed & Insured  
 LMP 4583

12251 Arc Rd.  
 Covington, LA  
**893-1883**  
 Fax: 893-5252

"WE CLEAN YOUR DRAIN, NOT YOUR WALLET!"  
 www.goodbeep plumbinginc.com

**ACD COMPUTERS**  
 New Location!

2640 N. Hwy 190 Ste. C  
 985-875-9117  
 RANDY